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# EUCLID OBSERVER

Proud Member of the Observer Media Family of Community-Owned and Written Newspapers & Websites

Volume 9 • Issue 4

April 2017

## VASJ Wins State Basketball Title



The Villa Angela-St. Joseph High School boys basketball team made history the weekend of March 24 and 25 when they qualified for their fifth-consecutive state finals appearance and won the DIII state championship, earning the school's seventh boys basketball state title.

## The Big Clean: Citywide Clean-up Saturday, May 6th 2017



by Allison Lukacsy-Love

The City of Euclid is proud to announce that we are becoming an affiliate of 'Keep Ohio/America Beautiful', a leading national nonprofit with a mission to empower communities to take greater responsibility for improving our local environment through litter prevention, beautification, community greening, waste reduction and recycling.

Do your part to keep Euclid beautiful during a week-long effort (May 6-13th), kicking off with THE BIG CLEAN on Saturday, May 6th 2017 at 9:00am at Villa Angela-St. Joseph (VASJ) School (18491 Lakeshore Blvd, Cleveland, OH 44119).

In conjunction with Euclid Beach Adopt-A-Beach and Keep Euclid Beautiful, the City of Euclid will provide free supplies (trash bags, gloves, pickers) to residents of Euclid

and North Collinwood.

### How to get involved:

- 1) Register online @ <http://www.cityofeuclid.com/residents/KeepAmericaEuclid-Beautiful> as an individual or group (your block club, church congregation, and co-workers make for great groups!)
- 2) Pick up supplies at the check-in location at Villa Angela-St. Joseph (VASJ) School on Saturday, May 6th between 9:00-9:30am.
- 3) Pick up trash within your designated area (when registering online please indicate your preference to clean your street, neighborhood park or be assigned wherever help is needed).
- 4) Celebrate! All volunteers are invited to a post clean-up celebration at VASJ. More details will be provided at time of check-in,

**April BOOK SALE**

**FRIDAY, APRIL 28**  
6:30 – 8:30 PM  
*Friends Only! Join Tonight!*

**SATURDAY, APRIL 29**  
9:00 AM – 4:00 PM

**SUNDAY, APRIL 30**  
1:00 – 4:00 PM

Donations benefit the FRIENDS of the Euclid Public Library

**FRIENDS of epl** 631 East 222nd Street  
Euclid, OH 44123  
(216) 261-5300  
[www.euclidlibrary.org](http://www.euclidlibrary.org)

## Upstage Players Presented Fiddler on the Roof



The Upstage Players rendition of Fiddler on the Roof was heartwarming, uplifting and brilliant. Pictured here on the left as Lazar Wolf is Damon Durrah Jr. and on the right as Tevye is Isaac Walsh-Hilf.

## Bombshell Beauty and Spa: New Business Attracted to Downtown Euclid



by Allison Lukacsy-Love

The City of Euclid is excited to welcome Bombshell Beauty and Spa to the Moss Point block of Downtown Euclid!

The salon and spa opened in late 2016 and since then has been serving new, local clients as well as fans of owner Jennifer Worden-McCallion, who followed her to Euclid from Mentor and Mayfield Heights.

Worden-McCallion completely upgraded the existing space located next door to Paragon Wines + Martinis + Plates (21900 Lakeshore Blvd). She designed a relaxing, welcoming atmosphere for the entire community to enjoy services that include facials, massages and custom bridal hair and make-up.

"A salon and spa is something that this community needed, and we are happy to bring these professional services to the community that we belong to! Starting my career in Mentor and then Mayfield and fi-

nally moving my business right around the corner from my home is a dream. As a wife and mother, I want to be able to do it all and give other stylists the opportunity to do the same."

Worden-McCallion explains that Bombshell Beauty and Spa hosts other entrepreneurs to allow "stylists to own their own business within her business", including Liz Healey, a hair stylist residing in nearby North Collinwood.

The City Building and Housing Department as well as Planning and Development worked with Worden-McCallion to ensure the space was open to meet holiday demand and have the business name and logo appear on the new multi-tenant sign at the entrance to Brock Court.

Check out Downtown Euclid's newest small business today! First time clients get 15% off any service. For more information, visit [bombshellbeautyandspa.com/](http://bombshellbeautyandspa.com/)

# Dialogue



**YOUR INDEPENDENT SOURCE FOR EUCLID NEWS & OPINION**

Published monthly with a current circulation of 10,000+ copies. The paper is made available free of charge and can be found at business locations within the City of Euclid and on our web site. The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the publisher and staff.

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The mission of The Euclid Observer is to attract, articulate and amplify civic intelligence and community good will in the City of Euclid and beyond.

**BECOME AN OBSERVER!**

As a product of citizen journalism, The Euclid Observer is looking for people, ages 3 to 100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers and illustrators to help with the production of the paper. It does not matter if you are a professional or an amateur, our editorial staff will be glad to help you through the process.

Register at our website Member Center where you can submit stories, press releases, letters to the editor and photos. Go to [www.euclidobserver.com](http://www.euclidobserver.com), click on Member Center, sign in, click on Submit Story, and start writing. No need to register to post online calendar or classified ads.

You can mail your stories to the Euclid Observer office at 650 E. 185th St., Cleveland, 44119.

Next deadline: May 25, 2017

[www.euclidobserver.com](http://www.euclidobserver.com) 216.505.0185

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**PUBLISHER** John Copic

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## Breakfast with Euclid Public Schools Superintendent



by Ashley Gowens  
Education is always a hot topic: new tests, curriculum changes, and facility updates. Join Euclid Public Library and Euclid City Schools Superintendent Dr. Charles

Smialek on Tuesday, May 9 at 8:30 AM for breakfast and discussion about the schools, education, and new building plan. Registration begins Monday, April 17, 2017. Please call (216) 261-5300 ext. 0 to register.

## From the desk of the Mayor



Greetings all and Happy Spring! In this month's issue of the Euclid Observer, you will see a new partnership between the City of Euclid and the Euclid Observer to bring you regular City of Euclid pages.

This month's edition includes the City map showing Ward boundaries and contact information for your City officials. We will continue to work with Council members and City staff to provide you with relevant and useful information. Look to this page to provide news from your City Council members and other elected officials, a recap of Council meetings, and other important City updates and information. I want to thank John Copic for his continued ef-

orts to enhance communication citywide.

I am very excited about another project springing to life that will also help Euclid shine. Act 3, a local media production organization with strong Euclid roots, has partnered with several community organizations to produce "Euclid360" - a full-color magazine that places Euclid in the center of the regional spotlight. Euclid360 helps tell the stories of our community with a calendar of events, reference material, citizen features and a focus on "what's next." Euclid360 reminds us to "look around" our community for inspiration, information and illustrations of Euclid's present and potential. Euclid360 will hit local post offices (and mailboxes) in early May - 20,000 copies will roll off the presses. Issues will also be available at many public locations, in new resident and business welcome packets, realtor marketing, and in select commercial neighborhoods surrounding

Euclid. Watch for two issues in 2017 - Spring/Summer and Fall/Winter - as well as in a mobile-friendly website and brief videos. I appreciate the hard work of Act 3 partners Jim O'Hare, Ron Hill, and Jaime Lombardo and the initiative and support of many community leaders, including the Chamber of Commerce, K&D, and many others.

Just in time for spring, we are also thrilled to now be an official affiliate of Keep America Beautiful! I look forward to working with the Keep Euclid Beautiful Team to clean up and beautify our community. I hope to see you on Saturday, May 6th for "The Big Clean" to kick off our Keep Euclid Beautiful Campaign and community clean-up efforts. If you want to get involved, please call my office at 216-289-2751 and learn how you can help!

Mayor Kirsten Holzheimer Gail

## Ask An Officer



from the Euclid Police Department

**Question: What are some statistics on distracted driving?**

**Answer: Kate McLaughlin, Crime Analysis Unit**

Unfortunately, distracted driving is not a passing fad. It has become a trend with deadly, real consequences.

For anyone who thinks they can talk on their phone, text, apply make-up, or do any other distracting activity while driving, it's time for a crash course in reality from the National Highway Traffic Safety Administration (NHTSA):

- In 2014, 3,179 people were killed and approximately 431,000 were injured in motor vehicle crashes involving a distracted driver. (NHTSA)
- Drivers who use hand-held devices are four times as likely to be involved in a serious crash. (Insurance Institute for Highway Safety)
- The percentage of drivers text-messaging

or visibly manipulating handheld devices increased from 1.7 percent in 2013 to 2.2 percent in 2014. Since 2007, young drivers (age 16 to 24) have been observed manipulating electronic devices at higher rates than older drivers. (NHTSA)

Ten percent of all drivers 15 to 19 years old involved in fatal crashes were reported as distracted at the time of the crashes. This age group has the largest proportion of drivers who were distracted at the time of the crashes. (NHTSA)

• While those numbers may sound like just statistics, they're anything but. They could be parents, children, neighbors and friends from right here in Euclid. There are too many sad tales of deaths and injuries that could have been prevented had drivers been paying attention to the road instead of someone or something else.

So, why do so many people participate in this dangerous behavior? With more technology now than ever, driver distractions have risen to unprecedented levels. We live in a world where people expect instant, real-time information 24 hours a day, and those expectations don't stop just because

someone gets behind the wheel. Drivers still do not realize - or choose to ignore - the danger they create when they take their eyes off the road, their hands off the wheel, and their focus off driving.

People often say, "I can do two things at once. I've memorized where the numbers are on my phone, so I don't have to look." Or, "Sending or reading one text is pretty quick - that should be okay." They couldn't be more wrong.

For those who think they can do two things at once, think about this: According to a 2014 special article in the New England Journal of Medicine, the risk of a crash or near-crash among novice drivers increased with the performance of many secondary tasks, including texting and dialing cell phones. Driving is an activity that requires your full attention and focus in order to keep yourself and others safe.

Yes, this is a national problem, but it also affects us right here in Euclid. April is Distracted Driving Awareness Month, so please remember that no one is immune from the dangers of distracted driving: One text or call could wreck it all.

## YouthBiz Academy: TEEN Entrepreneurship Program with Angela Flowers

- **FRIDAY, APRIL 7 @ 3 PM**  
Session 1: Elements of Entrepreneurship, Goal Setting, Creating Mission Statements and Brainstorming Business Ideas
- **FRIDAY, APRIL 21 @ 3 PM**  
Session 2: Elevator Speech and Business Pitch Ideas, Begin Product Development
- **MONDAY, MAY 1 @ 3 PM**  
Session 3: Complete Products and Business Pitch Competition
- **WEDNESDAY, MAY 3 @ 3 PM**  
Session 4: College Tour and Market Day

This 4-part entrepreneurship program is perfect for youth in starting their own business or for learning how to use their talents and skills.

Designed and facilitated by author and owner of M Consulting, Angela Flowers, to equip youth with basic information about starting a business through experiential learning based opportunities.



Prepare to be inspired and motivated to use your creativity and think outside the box!



# Euclid Library

## EPL Librarian Receives Janice Smuda Children's Librarianship Award



by Ashley Gowens

Euclid Librarian Kristen Zajac will receive the Janice Smuda Children's Librarianship Award from Kent State University's School of Library and Information Science (iSchool) this month. This award is presented to an iSchool graduate who, as a student, demonstrated creativity, leadership, and dedication to children's librarianship through outstanding academic achievement. Zajac holds a Bachelor of Arts in Communication in Theater with a specialization in Youth Theater and Puppetry from Bowling Green State University and a Master of Library and Information Science (2016) from Kent State. A native of Wickliffe, Zajac is currently a Youth Services Librarian at EPL and hopes to inspire young children to pursue their curiosities

and passions through the many resources that are available to them.

The award will be presented at a ceremony at Kent State University on Tuesday, April 25, 2017.

The School of Library and Information Science (iSchool) at Kent State University offers a Master of Library and Information Science (M.L.I.S.) and Master of Science in Information Architecture and Knowledge Management (IAKM), with concentrations in health informatics, knowledge management, and user experience design. In addition, the iSchool participates in an interdisciplinary Ph.D. in the College of Communication and Information. With more than 700 students enrolled, the iSchool has the largest graduate program at Kent State. Its M.L.I.S. is the only American Library Association-accredited master's program in Ohio and is recognized by U.S. News and World Report among the nation's top 20 LIS programs. For more information, visit [www.kent.edu/slis](http://www.kent.edu/slis).

## Programs at the Euclid Public Library



Ruth Etting portrayed by Julie Warren of Women In History with the Friends of the Euclid Public Library and Director Kacie Armstrong.

by Ashley Gowens

### Resumes That Get Results Monday, April 10

6:30 PM / Shore Room

When looking for a job, you must become a salesperson and sell yourself to your next employer. Your most valuable sales tool is a well-designed, targeted resume. Competition is tough, and employers are swamped with resumes for every position they post. Attend this workshop to learn how to catch an employer's attention and make them want to interview you. Please call 261- 5300 ext.0 to make a reservation.

### Botanical Fairy Flowerpots

Wednesday, April 12

7:00 PM / Erie Room

Celebrate spring with a fun, creative, hands-on project! Create your fairy flower pot to add a touch of whimsy to your home or garden. All materials will be provided. Please call 261-5300 ext.0 to make a reservation.

### Author Visit: Diane Stresing

Wednesday, April 19

7:00 PM / Shore Room

Join Diane Stresing, author of 60 Hikes within 60 Miles of Cleveland, for a lively virtual tour of some of NE Ohio's best hiking trails. As your guide, Diane talks about different types of terrain, hikes that are good

for kids, urban hikes, adventurous hikes, and why even just plain strolling (or sitting on a park bench!) is good for you. Bring your questions and tales from your trail adventures to share with fellow hikers.

### Cooking with Young Chefs Academy

Monday, April 24

6:30 - 7:30 PM / Shore Room

Young Chefs Academy will teach us some basic preparation and cooking skills. Come and enjoy this interactive culinary experience. Space is limited, and registration begins April 10. Please call 261-5300 ext.450 to register. (Grades 2 - 8)

### Open Mic Poetry Night

Monday, April 24

6:30 PM / Lake Room

Celebrate National Poetry Month this April with an Open Mic Poetry Night! Bring an original poem to share or just come ready to listen. Readings are for poets ages 16 and older, but the event is open to all poetry lovers! Sign-ups start at 6:30 PM; Poetry readings begin at 7 PM. Light refreshments and a welcoming atmosphere will be provided! Sponsored by our Friends of the Euclid Public Library

For a complete listing of April programs and event, visit [www.euclidlibrary.org](http://www.euclidlibrary.org).

## March Programs at EPL



Fireside Chat with Mayor Kirsten Holzheimer Gail



Shopkins Swap!



Digital Photography Series: Vantage Point

## Friends of the Library Book Sale April 28-30



Ashley Gowens

Book lovers and bargain hunters alike are in for a treat when the Friends of the Euclid Public Library host their Book Sale, Friday, April 28, through Sunday, April 30, at the Euclid Public Library.

Thousands of gently used books, audiobooks, DVDs, CDs and more will be available daily, with a special preview night for Friends only on Friday, April 28 from 6:30 - 8:30 PM. The sale will offer every genre, including mystery, horror, romance, and science fiction for all ages. Nonfiction items

will include a range of topics such as, art, cooking, gardening, health and fitness, home improvement, military history, and sports. Large print books will also be available.

Proceeds from the Friends Book Sale help provide many arts and literary programs at the library to benefit the community. The Book Sale is the Friends' largest fundraiser of the year. For more information about the Friends of the Euclid Public Library, please visit [www.euclidlibrary.org/about-us/friends-of-the-library](http://www.euclidlibrary.org/about-us/friends-of-the-library).

## Euclid Recreation Department

### Not Your Average Programs



by Maria Palmisano

Euclid Recreation provides a variety of programs that are commonly offered through other recreation departments across the country. After all, what would a recreation department be if it didn't offer baseball, basketball, or football? These types of programs tend to be very popular, and are important in keeping people involved with their communities. Playing sports can be costly and time consuming for some families, and recreation programs help to supplement athletic opportunities with less expensive and less intensive alternatives.

Euclid Recreation is also very proud to

offer programming and events that don't fall into what is traditionally considered a sporting event. This year, the UH Richmond Medical Center's Youth Olympics and Touch-A-Truck will both be held on June 24th. The Euclid Youth Olympics brings the neighborhood together, having kids ages 7-12 participate in 16 different events to win prizes and have fun. The events consists of relays, obstacle courses, and lots of other games. Preregistration is required for participants, but Euclid Youth Olympics is a free event for everyone to enjoy. The games start at 10 AM and conclude at 1 PM.

Touch-A-Truck will feature municipal vehicles from the police, fire, and service departments that are usually not open for public exploration. This gives people a chance to ask questions about the vehicles' day to day operations, and get better acquainted with members of those departments. For kids and adults alike, getting to see all the bells and whistles of the special equipment is fascinating. The vehicles will be on display from 11 AM- 1 PM.

Euclid also has two different 5K's to participate in this year! The first annual Zombie Dash takes place on Saturday, October 21st. The Zombie Dash will have

participants traverse through the Briardale Greens Golf Course while "zombies" try grab the runners' life flags. For an added spooky factor, the run will start at dusk. A date and location for the Euclid 5K and Doggy Dash will be announced shortly. If you are interested in sponsoring either of these events, please let know at Euclid Recreation.

We are proud to announce new programming which includes yoga and dance! Yoga will be held at Sims Park Overlook on the second Saturday of each month from June to September. These sessions by the lake will go from 8-9 AM, and will help you stretch out and strengthen your body. What could be better than starting your morning with a little lakeside yoga? One of the best parts of these sessions is that they are totally free.

The next series of dance classes will start on May 2nd, with two different styles of dance being offered. Rhythm, Steps, and Stretch (for 6-9 yrs.) gets dancers acquainted with shifting their weight, different step combinations, and memorizing choreography. Beginning/Intermediate Ballet (8-11 yrs.) focuses on ballet basics like proper footing, positions, and turning. No experience is required for either dance class or yoga.

If you have questions about any of the programs being offered through Euclid Recreation, please give us a call at 216.289.8114 or visit our website at [www.cityofeuclid.com/recreation](http://www.cityofeuclid.com/recreation).

### Nominate Our City To Win \$20k During "Meet Me At The Park"



by Maria Palmisano

City with the most nominations wins a grant for a local park through park improvement campaign

Euclid, OH., March 29, 2017- This Earth Month, the National Recreation and Park Association (NRPA) is collaborating with The Walt Disney Company, including Disney Citizenship, Disney|ABC Television Group and ESPN, to revitalize parks across the U.S. for a third year. The city that receives the most nominations will receive a \$20,000 grant to improve a local park.

Local parks make Euclid a better place to live and shape so many of our lives. Parks are essential to our city's health and well-being. They provide safe places to be active and enjoy nature—and they help preserve the environment and bring people together. That's why from April 1 to April 30 Euclid residents will have the opportunity to nominate our city to receive \$20,000 in grant funding to make improvements at a

local park.

By visiting [NRPA.org/BeInspired](http://NRPA.org/BeInspired), park supporters can nominate our city. At the end of April, the city with the most nominations will receive the grant funding. New this year, everyone who nominates a city will be entered into a drawing for a tablet outfitted for the outdoors.

"Memorial Park improvements will play a vital role in enhancing the image of Euclid, and adding to the quality of life and a healthier community" – Mac Stephens, Director of Euclid Recreation.

"Supporting local parks is essential to the health and vitality of communities everywhere," said Lori Robertson, NRPA Director of Conservation. "That's why we are proud to collaborate with The Walt Disney Company to help fund critical park improvement projects in communities in need. We encourage everyone to join us in giving back to the places that shape so much of our lives by voting in this year's Meet Me at the Park campaign."



During April, a public service announcement (PSA) supporting the Meet Me at the Park campaign will be shared with audiences across Disney, including ABC Television Network, ABC-owned and affiliate stations, Freeform, Disney Channel, Disney XD, Disney Junior, the ABC app and other digital platforms. The PSA will also be available to view on the voting site at [www.nrpa.org/beinspired](http://www.nrpa.org/beinspired). Additionally, Radio Disney will support the campaign with an on-air radio spot.

This Earth Month, Euclid can show what parks mean to our community by nominating our great city. Encourage your friends to nominate our city by taking a selfie in your favorite park and using the hashtags #MeetMeAtThePark, #Parkies and #BeInspired.

For more information and to nominate your city, visit [NRPA.org/BeInspired](http://NRPA.org/BeInspired).

Euclid is known for its superior municipal services, excellent educational opportunities and quality of life. People gather in

Euclid for education, community projects, civic action, business networking, and just plain fun. It's a community that looks for reasons to get together, and it succeeds.

#### About The National Recreation and Park Association

The National Recreation and Park Association is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation and social equity. Through its network of nearly 60,000 recreation and park professionals and advocates, NRPA encourages the promotion of healthy and active lifestyles, conservation initiatives and equitable access to parks and public space. For more information, visit [www.nrpa.org](http://www.nrpa.org). For digital access to NRPA's flagship publication, Parks & Recreation, visit [www.parksandrecreation.org](http://www.parksandrecreation.org).

HGR

### Sheffield Bronze's Founder: from Printer to Paint-Powder Distributor, Car Salesman, Auto Lessor, and finally Paint Manufacturer by 1927



by Gina M. Tabasso

Mel Hart, president of Sheffield Bronze Paint Corp., 17814 S. Waterloo Rd., Cleveland, is a self-made man with captivating stories to tell about the history of Cleveland and of his family, especially his grandfather, Abe Gross, the founder of Sheffield Bronze.

In the 1920s, Hart's grandfather worked for Star Printing as an apprentice printer and lived with his parents and siblings in a rooming house on Scovill Ave. When Star Printing's owner died, Gross was only a teenager. But, he bought the company from the owner's wife by making payments over time. Star Printing was a prominent printer that made laundry tickets, Hanna parking garage tickets, and labels, among other items. One of the jobs Star Printing took, on a handshake, was to print labels for bronze powder, used to make copper, gold, brass and silver paint.

When he went to collect the payment for the labels, the owner of the company admitted that he was going out of business. To pay for the labels, he turned over the labels, cans and powder to Gross. A business was born in 1927. The bronze powder sold well; so, he bought more powder from England to package and resell, while continuing to run his printing business. He decided that he wanted to sell aluminum powder (pulverized aluminum scrap that is used to make aluminum paint) and contacted Alcoa. This powder was used to make paint for the World War II effort and for many purposes, including pipes, window and door screens that were painted aluminum.

At this time, fine steel was being produced in Sheffield, England, to make Sheffield knives and other steel items. The name "Sheffield" became synonymous with fine steel then, eventually, came to encompass all fine metal. Gross took the name for his



paint-manufacturing company, and Sheffield Bronze Paint Corp. was born.

The company was moved from the original location of Star Printing on E. 55th to another location at E. 55th and Woodland Ave. It moved again to Lakeview Rd. and Euclid Ave. In 1949, Gross bought the land where the company still is located in Collinwood because it was inexpensive due to being next to the railroad tracks but convenient for the company since it would receive shipments of paint cans by train.

Unfortunately, one year later, he passed away, and his two sons took over. One year later, on the same day, their sister, Hart's mother, passed away when he was 13 years old. Hart had worked with her after school in the restaurant that she owned, Hickory House, 7804 Carnegie Ave., Cleveland. He moved in with his father (his parents had divorced when he was two) who sold cars and began to work with him. They sold the restaurant to The Lancer Steakhouse. The building was lost in a fire and torn down in 2009.

Hart's uncle, Sanford Gross, said to him, "If you can sell cars, you can sell paint" and asked Hart to work for him. Hart took a chance and hoped for a future. When each of his uncles passed away in 1998 and 2008, he bought out their shares from his aunts. Through the years, he had worked his way up in the company from selling paint, to running the plant, to purchasing, to general manager to sales manager and, finally, to president. Hart says, "I have to know how to do everything in order to train people."

Sheffield Bronze employs 14-20 people. It produces decorative metallic paints (gold, silver, bronze, copper) that are sold to paint manufacturers and through paint distributors to hardware stores and paint stores, including Ace, True Value, ALL-PRO and Sherwin-Williams. The paints are purchased by home owners, contractors, architects, and interior designers for use in touching up porcelain and cast-iron stoves, chalkboard paint on walls for children, paint tints, on church domes, such as St. Theodosius in Tremont, roof canopies, carousels (Euclid Beach Park Grand Carousel housed at the Western Reserve Historical Society), and ornate ceilings and trim, including the theaters in Playhouse Square.

A lab technician, fillers, labelers, packagers, and shipping, receiving and office staff work for Sheffield Bronze. The raw materials come in to Receiving, are taken by elevator upstairs where they are manufactured. The pigments come down through gravity feed tubes into mixers that grind the pigment to fine, uniform dust, which is then used to make the paint. Hart has purchased some of his equipment, including a heat sealer, paint tanks and filling equipment, locally, from HGR Industrial Surplus.

Hart says, "My biggest challenge is finding the right customers that are quality, like Sherwin-Williams. They are human, understanding and make a great team." To be a successful manufacturer, he says Sheffield Bronze takes in an order today and gets it out tomorrow. It handles small volume that other manufacturers don't

want to handle. He continues to keep the company at its current size so that he has a niche market that other larger companies cannot duplicate.

Through the years, he's had to change his business model. The company used to call on small hardware and paint stores and had reps throughout the country. He shifted to a distributor model; therefore, the company no longer sells direct to consumers. He shares other industry challenges: "It's a problem for the little guy because there are less and less people to sell to. The big guys get bigger, and the small guys are out of business. So, I need to be a help to the big guys, not a competitor or a hindrance." He also says that salaries are up, and he can't hire someone to do his job at what he makes; so, he may end up having to sell the business when it's time to retire in a few years.

Outside of work, when he was younger, Hart loved boating and motorcycling. He used to ride his motorcycle through the Cleveland Metroparks from Chagrin Falls to Valley View with only two traffic lights then take the old trail to Peninsula and have lunch. He also used to horseback ride around Shaker Lakes and groom horses at the 107th Cavalry Regiment's stables, as well as at Sleepy Hollow Stable in the "country" on SOM Center Road and the Cleveland Police Mounted Unit. Gina M. Tabasso, marketing communications specialist, HGR Industrial Surplus, [www.hgrinc.com](http://www.hgrinc.com)

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## Special Events, Class Registration, Space Rental

Classes in music, theater, dance, ceramics, yoga, fitness, painting, writing and more!

### Victorian Tea

Sunday, April 30,  
12:30-2:30pm

Grab your favorite cup & special hat\* and join us for tea and a light lunch!

Garden writer and designer, Phillip Lannarelli, will talk about Victorian Gardening. There will be live music, raffles and, of course, a good time had by all!

\$25.00, limited seating.

Purchase online [www.shoreculturalcentre.com](http://www.shoreculturalcentre.com) or in our office by April 23.

\*Hats and Cups optional—but welcome!

*Proceeds from this event benefits Shore Cultural Centre.*



### Euclid Symphony Orchestra

The ESO will perform its final concert of the Season on Sunday, April 23 at 3:00pm in the Shore Auditorium. Tickets are \$8 and available at [www.euclidsymphonyorchestra.com](http://www.euclidsymphonyorchestra.com) or at the Shore office (Rm 143).

### Summer Class Registration

Summer classes and camps for kids are being planned and organized. Keep an eye out for the Summer program flyer distributed throughout Euclid Schools and a variety of locations in the city. Our website [www.shoreculturalcentre.com](http://www.shoreculturalcentre.com) always has the most up to date information. Or call 216-289-8578.

Shore Cultural Centre offers an array of arts and educational programming in the heart of downtown Euclid



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Aswin Bikkani saved thousands of dollars by starting his college career at Tri-C during high school as a College Credit Plus student. Now he's pre-med at the University of Cincinnati.

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16-0754

## Shore Announces Summer Novel Writing Class

by Jim Spittle

The Shore Cultural Centre's Summer class program would like to give all serious storytellers and writers the chance to become the next bestselling author! Shore will be offering a series of Beginning Novel Writing classes beginning May 2 and continuing through September 19. The class will be taught through three separate classes.

Newcomer to Shore, Idalita Wright Raso, will be the instructor of the classes. Idalita is a professional writer with nine years of combined experience in creative writing, marketing and social media. She is a strong presenter with experience in acting,

performing and facilitating book launches, signings and lectures. A Lakewood resident, she has worked for the Lake County Tribune and Solstice Publishing.

The class is broken up into three separate courses: Anatomy of a Novel, May 2-June 6; Building a Writer's Platform, June 20-August 1; and How to Market Your Novel, August 15-September 19. All sessions are on Tuesdays from 6:30-8:30pm in room 106. The fee for each class is \$59. These classes are recommended for writers 18 years of age and older.

For more information visit [www.shoreculturalcentre.com](http://www.shoreculturalcentre.com) or call 216-289-8578.

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## Community



### Where Can I Find An Observer?

The Observer will be placing racks throughout the neighborhood at some of your favorite spots. If your business would like a rack please call us at 216-505-0185. We will have a complete list in next Month's Observer of where the racks are located. So far

these racks can be located at the following businesses.  
 The Euclid YMCA 631 Babbitt Rd  
 Euclid City Hall 585 E. 222nd St.  
 Eaton family credit union 333 Babbitt Rd.  
 Paragon 21920 Lakeshore Blvd.

Azman's Meats 610 E. 200th St.  
 Lucky's restaurant 742 E. 185th Street  
 Gus's diner 797 E. 185th St.  
 Indian Hills Senior Community  
 1541 East 191st.

### Bicyclist of the Month



Olivia Payne, one intrepid bike commuter!

by Kath Sonnhalter

Bike Euclid is pleased to announce that we March Bicyclist of the month Olivia Payne, Euclid resident.

#### Where do you enjoy riding?

I enjoy riding all around euclid. I ride to work, my friends house, Sims park, and the grocery store. Is it for transportation, recreation, or both? Biking is my source of transportation and recreation. I could simply get into my car and drive the 5 to 10 minutes down the road; but it's much more enjoyable to bike and it keeps me in shape.

#### Do you ride year round?

I do ride year round. Sometimes in the winter, when the wind is blowing and I feel like my body has turned into humansicle, I question why I decide to bike rather than drive. But when I get to work and my co-workers ask me 'if I biked to work in this weather' with a smile on their face, it makes the 3 mile ride worth it!

#### How do you dress for the cold?

When biking in the cold I wear a jacket with a hoodie underneath, mittens, a scarf to cover my nose and lips, a light winter hat under my helmet, pants, long socks with boots.

#### Do you ride your bike to work or school? Describe the experience.

I bike to work 5 days a week! It's only a 3 mile

bike. I work on Lakeland Blvd in Euclid. The ride there can sometimes be difficult, especially in the winter mornings when the sidewalks aren't clear. When that happens, I opt to biking in the street. Some people rushing to work fly closely by me after laying on their horn for 15 to 20 seconds. Coming home from work is fine. I think people may be a little more relaxed once they got off work.

#### If you could change or improve one thing about your cycling experience, what would it be?

I would like to take bicycling classes where someone shows me the ropes of biking in the street and how to fix things on my bike. I am commuting everyday on my bike in the city of Euclid and love to gain more confidence while riding in the street. I would also like to be able to have the knowledge of how to fix my bike in case of an emergency. I would also like a shower at my job, because I get very sweaty biking.

#### Why do you ride?

I ride because it makes me feel productive, I don't have to spend money on gas, it keeps me in shape and overall, I just really enjoy riding and it makes me happy!

To be considered for Bicyclist of the Month, contact us at [bikeEuclid@gmail.com](mailto:bikeEuclid@gmail.com).

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#### Location:

Located 10 miles east of downtown Cleveland in Euclid, Ohio. From I-90 (Lakeland Freeway) Take Exit 182A [East 185th Street] and head South. [East 185th turns into Nottingham then Dille] Pass St. Clair Avenue. Proceed to Euclid Avenue. Turn Right on Euclid Ave. and proceed 1/4 mile. HGR is located on the righthand side.

# Meet your Council

by John Copic

Now more than ever we all need to work together to make our city a better place. One of the keys to making things work better is communication. For your convenience the Observer has listed your council person with their photo and contact information below. Sure, you could call and complain, but you can also call them with good ideas, or support for how they voted on a key issue. For our system to work we have to participate. We hope that you all get involved, maybe by attending a council meeting or perhaps just reaching out to your council person to get to know them better. We hope this makes it easier.

**COUNCIL PRESIDENT**  
**JOHN MONROE**  
 216 731-4496  
 JMONROE@CITYOFEUCLID.COM



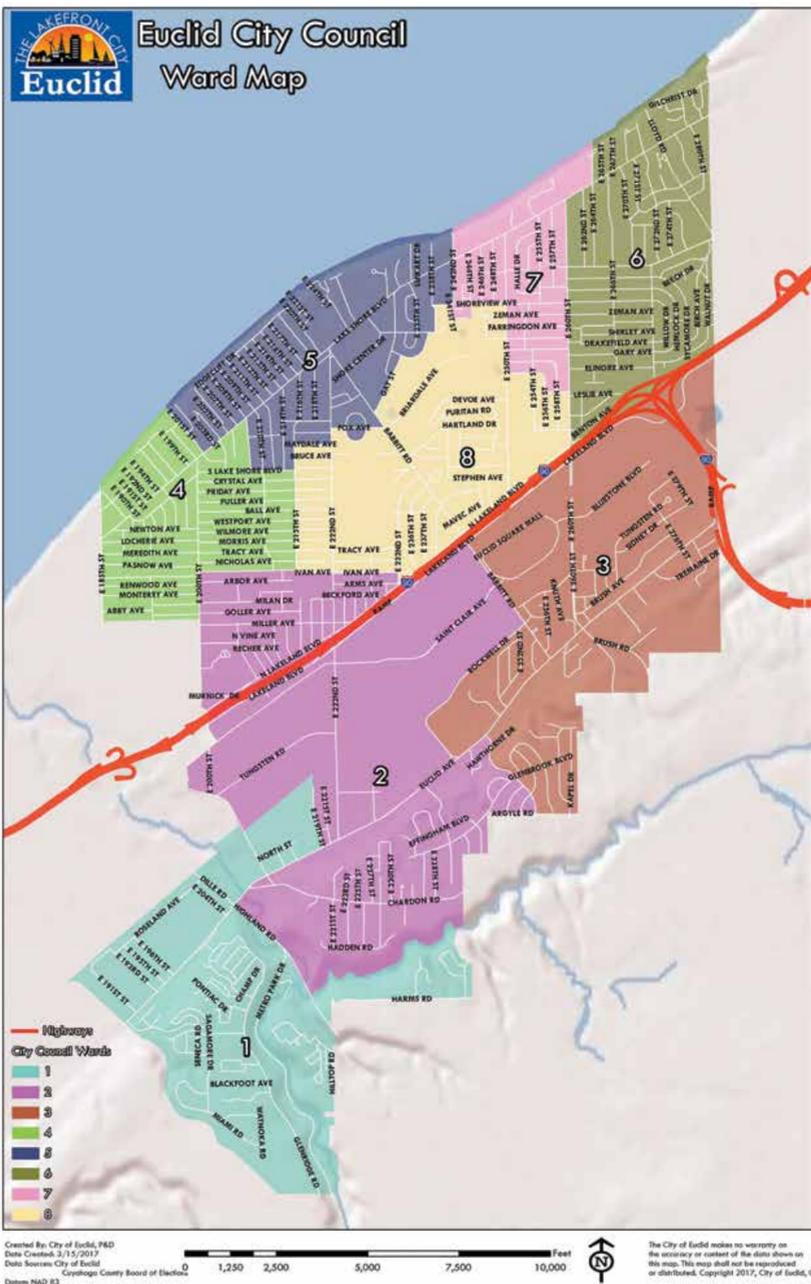
**WARD # 1 COUNCILPERSON**  
**STEPHANA C. CAVINESS**  
 216 240-0901  
 SCAVINESS@CITYOFEUCLID.COM



**WARD # 2 COUNCILPERSON**  
**MADLINE SCARNIENCH**  
 216 486-9582  
 MSCARNIENCH@CITYOFEUCLID.COM



**WARD # 3 COUNCILPERSON**  
**TANEIKA HILL**  
 216 609-4609  
 THILL@CITYOFEUCLID.COM

**WARD # 4 COUNCILPERSON**  
**KRISTIAN D. JAROSZ**  
 440 749-4542  
 KJAROSZ@CITYOFEUCLID.COM



**WARD # 6 COUNCILPERSON**  
**PATRICK DELANEY**  
 216 289-1652  
 PDELANEY@CITYOFEUCLID.COM



**WARD # 7 COUNCILPERSON**  
**DARYL LANGMAN**  
 216 731-2345  
 DLANGMAN@CITYOFEUCLID.COM



**WARD # 8 COUNCILPERSON**  
**LAURA J. GORSHE**  
 216 744-8988  
 LGORSHE@CITYOFEUCLID.COM



# City of Euclid



## New Euclid City Pages



We at the Observer are excited to bring you our readers even more content and news. We have been working closely with the Mayor and the city council to bring you the new Euclid City Pages. This will be a place where your council representatives will have the opportunity to communicate with you and let you know what they are working on. We have included a city ward map to help you identify which ward you are in. We have also included the contact information for all your local, state, and federal representatives, including President Trump. In the future we will have a summary of the council meetings and communications from our state and federal representatives. This is a work in progress, and we welcome your ideas and suggestions. Please contact us via email at [Euclidobserver@gmail.com](mailto:Euclidobserver@gmail.com) and let us know what you would like to see in the city pages or the paper in general. We look forward to hearing from you.

### EUCLID CITY SERVICES

Animal Control	289-2057
Briardale Golf Course	289-8574
C. E. Orr Ice Arena	289-8649
Euclid City Hall	289-2700
Euclid City Schools	797-2901
Euclid Court	289-2888
Euclid Creek Resv	440-473-3370
Euclid Family Y	731-7454
Euclid Police Non-Emergency Block Watch	731-1234 289-8449
Euclid Library	261-5300
Euclid Neighborhood Engagement	289-8268
Henn Mansion	731-5060
Housing Dep't. Housing and Property Conditions	289-8127
Lakefront Sr. Community Ctr.	289-2985
Recreation Dep't. Youth, Adult and Family Pgms	289-8114
Service Dep't. Street Conditions	289-2701
Sim's Park	289-2700
Shore Cultural Ctr.	289-8578
Domestic Violence	391-HELP
Ward 1 Council Stephana Caviness	240-0901
Ward 2 Council Madeline Scarniench	486-9582
Ward 3 Council Taneika Hill	609-4609
Ward 4 Council Kris Jarosz	401-9413
Ward 5 Council Charlene Mancuso	731-5952
Ward 6 Council Patrick Delaney	289-1652
Ward 7 Council Daryl Langman	731-2345
Ward 8 Council Laura Gorshe	744-8988
Council President John Monroe	731-4496

## Daryl Langman Ward 7 Councilman

It is a great honor to serve the residents of Ward 7. While geographically small, our ward contains a variety of homes and apartments filled with interesting, dedicated folks that care about Euclid and are working to make it better. Large or small, the issues brought up by you, the residents deserves our undivided attention. At the same time, our role on Council is to make Euclid a better place for all.

- Here are a few items I have helped on:
- Terrence Spivey joins Shore Cultural Centre as Artistic Artistic Associate.
  - Lakefront Development about to start construction on the board walk.
  - Saved trees at Memorial Park.
  - Helping residents of Northpointe Apartments improve the maintenance and security of their buildings.
- What is that big construction crane on

Lakeshore? It is part of the massive Waste Water Treatment plant improvement project. Council's Public Service and Utilities Committee (of which I chair) held a meeting on March 27th for a construction update (go to the Euclid Public Library Website to watch this meeting). Spring is here! For Ward 7 residents that means it's "Curb Appeal Awards" Time. Just my way of thanking those that take the time and effort to create a nice yard.

## Laura J. Gorshe, Euclid Ward 8 Councilwoman

As Councilwoman of Ward 8, my number one priority is to work hard with the citizens' best interests in mind. Their expectation of me as their elected representative is a great responsibility that I take seriously. I value their trust, as it is critical to the Ward's success. Ward 8 is in the middle of Euclid and is unlike any other ward, as it consists of residential, and commercial areas as well as city buildings, high school, library, golf course and parks. A Ward 8 Resident Forum was held on

March 25th, at the Euclid Public Library, bringing together both residents and city officials. Public Service, Planning and Development, Special Projects, Housing and the Police Department presented information about their departments. Residents were able to gather information, receive updates and have their questions answered. Over 75 residents attended this meeting. Committees - I am the Chairwoman of the Housing and Building Standards Committee. This critical committee explores and discusses a variety of housing issues such as rentals, landlords, policy, depart-

ment procedures, and legislation. I am also a member of the Executive and Finance, Community Assets and Buildings, Public Safety and Community Engagement Committees. City - If you are interested in more detailed information on city happenings, please refer to this past February's State of the City Address Presented by Mayor Gail at: <http://www.cityofeuclid.com/community/MayorsOffice/StateoftheCity2016>.

**President of the United States**  
Comment Line 202.456.1111  
Switchboard 202-456-1414  
The White House  
1600 Pennsylvania Avenue NW Washington, DC 20500

**United States Senator**  
Sherrod Brown (D-OH) (202) 224-2315  
713 Hart Senate Office Building Washington DC 20510  
Contact [www.brown.senate.gov/contact](http://www.brown.senate.gov/contact)

**United States Senator**  
Rob Portman (R-OH) (202) 224-3353  
448 Russell Senate Office Building Washington DC 20510  
[www.portman.senate.gov/public/index.cfm/contact?p=contact-form](http://www.portman.senate.gov/public/index.cfm/contact?p=contact-form)

**United States Congresswoman for the 11th District**  
Marcia L. Fudge (D-OH) (202) 225-7032  
2344 Rayburn House Office Building Washington DC 20515  
Contact <https://fudge.house.gov/email-me/>

**Governor of Ohio**  
John R. Kasich (614) 466-3555  
Riffe Center, 30th Floor 77 South High Street  
Columbus, Oh 43215-6117  
<http://www.governor.ohio.gov/Contact/ContacttheGovernor.aspx>

**State Representative Ohio House District 8**  
Kent Smith (D) (614) 466-5441  
77 South High Street 10th Floor Columbus, Ohio 43215  
Contact <http://www.ohiohouse.gov/kent-smith/contact>

**State Senator Ohio Senate District 25**  
Kenny Yuko (D) (614) 466-4583  
1 Capitol Square Ground Floor Columbus, Ohio 43215  
Contact <http://ohiosenate.gov/yuko/contact>

**Cuyahoga County Council**  
Sunny Simon (216) 698-2035  
2079 East 9th Street – 8th Floor Cleveland, Ohio 44115  
Email : [ssimon@cuyahogacounty.us](mailto:ssimon@cuyahogacounty.us)

City of Euclid

Great Scott Tavern Helps Build Community



by Gina Tabasso  
I had a sit down with Bob Edwardsen, general manager of Great Scott Tavern, 21801 Lakeshore Blvd., Euclid, Ohio, to find out more about how the restaurant came into being and how it has evolved since its opening in June 2015.

Bob's known the owner, Mrs. Scott, since he was a child. His parents were friends with her and her husband. They traveled and spent holidays together. Before becoming a restaurateur, Mrs. Scott worked in real estate management and lived in New York for a time. But, now, she's a Euclid resident.

According to Edwardsen, "Her lifelong dream was to have a restaurant. She wanted to locate it in her city because she feels that Euclid needs another good restaurant. She's in here every day. This is like her child. She eats here all the time."

Originally, Mrs. Scott bought the gas station next to the Beach Club Bistro where she intended to open the restaurant, but there was a parking issue. So, when the

current location, a former office building, came up for sale, she bought the building, spent more than two years renovating it, tore down the gas station and created a parking lot that the restaurant shares with its neighbors. The restaurant specializes in American comfort food, and the décor reflects its desire to be cozy and inviting.

The restaurant has more local connections in its management team: Edwardsen grew up in Euclid. His assistant general manager, Tom Laurienzo, who Edwardsen calls "his right and left arm," and current head chef live in Euclid. About Laurienzo, he says, "Tom started here as a server and was promoted. He is phenomenal at what he does and is a great person, too, with children and a wife while being active in his church. I don't know how he finds the time." As Edwardsen says in his staff meetings, "It takes a team to win."

He made his way to Great Scott because he and Mrs. Scott shared the same cleaning lady. The cleaning lady told him about the ongoing renovations. Then, Mrs. Scott

started coming to Edwardsen's bar and restaurant on E. 200th to ask him questions about restaurant management. In February 2016, he joined her staff. His favorite menu items are the cabbage rolls and meatloaf. During Lent, the restaurant serves a fish fry made with Bob's recipe that he served at his former restaurant.

The name Great Scott Tavern is a pun on words. First, it's Mrs. Scott's last name, but she also used it because of its association with film heroes, superheroes and comic-book characters, such as Christopher Lloyd's character in the movie "Back to the Future," Superman and Dennis the Menace when they utter that famous exclamation of surprise, "Great Scott!"

Mrs. Scott is heavily involved in philanthropy and in the community. The restaurant is a member of The Euclid Chamber of Commerce and the Euclid Kiwanis Club. It has participated in local events sponsored by the Greater Cleveland Food Bank and Taste the Neighborhood in Collinwood. The restaurant hosts meetings and par-

ties for local organizations, such as Euclid Beach Park Now. She is also one of the sponsors of the Cleveland International Film Festival, and she is involved with the Henn Mansion, Shore Cultural Centre and Euclid Pet Pals.

Edwardsen also has a love for his community. He belongs to The Nobel-Monitor Lodge of the Swedish Vasa and is active at Holden Arboretum, about which he says, "I went there for the first time and thought it was fabulous. It took my mind off of everything. Before that, I buried myself in my work." He also loves local sports and went to the Cavs' Championship Parade, but The Cleveland Indians are his favorite team. He encourages others to get involved and says, "You have to build the community."

Great Scott is open Tuesday through Thursday 4 p.m. to 10 p.m. and Friday and Saturday 4 p.m. to 11 p.m.



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VASJ boys basketball wins state championship

The VASJ boys basketball team made history on March 25 at Value City Arena in Columbus.

However, Vikings Coach Babe Kwasniak '94 was only concerned with the story of the 2016-17 state champion team he guided to a 54-52 win over Roger Bacon in the Division III state finals.

With the appearance in the game, VASJ became the only team to play in five straight state championship games. More importantly, with the hard-fought victory over the Spartans, the Vikings claimed their seventh state championship to tie Middletown and Akron St. Vincent-St. Mary for the most ever in OHSAA boys basketball history.

"I told the guys the history we made is great and we certainly appreciate that and respect it, but tonight wasn't about a seventh title, it was about our first state championship," Kwasniak said.

"These guys haven't done this together as a team before and I can't say enough about their heart and their toughness and I think it is a reflection of the school. I am so happy for these guys - they really deserve it."

All-Ohio point guard Jerry Higgins '18 battled foul trouble but led VASJ (23-6) with 16 points. Sophomore Alonzo Gaffney had a double-double with 12 points and 10 rebounds, and guard Will Butler came off the bench and scored 10 key points.

However, it was the play of two seniors in the fourth quarter that swung the tide of a close game toward the Vikings.

Danny McGarry '17 (8 points, 3 steals) took a charge down the stretch



The Villa Angela-St. Joseph High School Vikings boys basketball team displays the number seven to represent winning the school's seventh boys basketball state championship. It was the team's fifth-consecutive appearance in the state finals.

in the fourth quarter and threw a perfect full-court inbound pass to Higgins for a layup to create huge momentum for VASJ late in a close game. Early in the fourth quarter - which the Vikings led by two to start the frame - Noah Newlon '17 knocked down a pair of critical 3-pointers to spark a run.

"The 3s Noah hit were like touchdowns not just 3 points, especially in a game like this where offense was tough to come by," Kwasniak said. "And Danny came up huge which he always does. These kids fight, they are just tough. They never

back down, they aren't afraid of any team or any situation and I think that showed tonight in a great high school basketball game."

This is the third state championship for VASJ since 2013. The seniors have been runner-up twice (2014, 2016) and state winners two times (2015, 2017).

The Vikings defeated two other state champions this winter - Division II winner Akron SVSM and Division IV Lutheran East.

"This means the world because some people don't even realize I was

on the team that won the state title in 2015," McGarry said. "Now I can say I have my own and we have our own."

Higgins capped an incredible junior season with another stellar game despite battling foul trouble. His layup off the long pass from McGarry sparked a late run that gave the Vikings separation.

"Last time I was a part of it, but this one feels like mine, like ours," Higgins said. "This goes back to the preseason, the summer when we are playing in 90 degree weather just to get better and it paid off in this win."

VASJ women's choir spreads cheer at local nursing homes

By Hailey Barnett '18



VASJ's Women's Choir, led by religion teacher Brianna Wilson, spent one Saturday in February traveling to four different nursing homes to sing for the residents.

To spread love and cheer, the Lady Vikings Choir participated in a performance tour, performing love songs for residents at four local nursing homes.

The Lady Vikings Choir visited and performed at the Slovene Home, Hilltop Village, Mt. St. Joseph and Hospice of Western Reserve.

"I am so blessed to be their director and to see how passionate these girls are for both music and service," says Lady Vikings Choir Director Brianna Wilson.

Not only did the young ladies sing for the residents but also they took time to socialize and get to know the residents on a personal level. Singing in individual rooms and to groups; small and large, the Lady Vikings

shared their gifts and vibrancy to the residents.

"When we went to our second to last stop I told this nice lady that she doesn't look old she looks very young," says Jordan Stanoch '20. "She told me after that she was going to write that in her journal. I was very happy I made her day."

While the Lady Vikings spent time with the residents of nursing homes, they also had quality time on the bus with one another. Their radiant and encouraging attitudes towards each other accentuates their blossoming sisterhood.

This is the first year for the Lady Viking's Choir at VASJ, but the bonds formed make it seem like they have been singing together for years. It certainly won't be the last year for the program. It is only just the beginning.

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## Join us for Holy Week at Our Lady of the Lake

April 7: Living Stations of the Cross, 8:00pm  
April 13: Mass of the Lord's Supper, 7:00pm  
April 14: Community Stations of the Cross, 12:00pm  
April 15: Blessing of the Food Baskets, 12:00pm  
Easter Vigil, 9:00pm  
April 16: Easter Mass, 8:00am, 10:00am, 12:00pm  
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For more information, call (216)486-0850 or visit [www.OLLEuclid.org](http://www.OLLEuclid.org)

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## Invention Convention at OLL



Back row- left to right: Mason Adrine- Soul 2 Sole Kit Liam Delaney- Instant Aglets Ryan O'Connell - Not-so-permanent Larry Hunt- The All Mighty Stick Mya Thornton- Stretchers Rebecca Young- The Grip Slip Front Row - left to right: Charlie Eppich- Rakinator Dylan Whitlow- No Trip Clip Aidan Staunton- No Lack Pack Tyler Allen- Super Brella Declan Nosse- The Medi Teddy Natalie Rutkowski- Yes No Mess Not pictured: Jada Howze - Floamble; Rebecca Hamper- Dry in a Snap

Each year the 6th graders at Our Lady of the Lake School become inventors, through an innovative program provided by Invention League. Invention League is an inclusive, educational, non-profit organization that offers year-long educational support, Inventor Experiences and the Invention and Entrepreneurship State Final Competition to students, schools and districts of Ohio, all at no cost to the families or districts. Invention League is aligned with the STEMIE Coalition and the National Invention Convention and Entrepreneurship Expo (NICEE). All of which means that students right here at Our Lady of the Lake School have access to high-quality, national resources that help inspire their creative genius.

OLL School has been enthusiastically participating in this program for years, and on Tuesday, March 21st, the school held its annual OLL School Invention Convention. Twenty volunteers from the community

came to judge the 33 student inventors on not only the invention they developed and prototype they built, but also on how well they could articulate the process. Students learned first-hand how to take their ideas from concept to reality, how to solve problems and address needs, and how to hone their presentation skills and speak confidently in front of judges. Their work was really impressive – there were so many good ideas, it was hard to narrow down the winners!

Along with being recognized with awards at the convention, several students were given the opportunity to create and submit a short video which will be used as their application to the state competition that will be held July 30th at the Ohio State Fair. We wish them luck in that competition – and also know that creativity, hard work and a strong education are going to take these students far.

## Water Winners!



Two more Our Lady of the Lake students were caught being talented this week! Maggi Trickett and Jaylin Hammond, both students in Mrs. Patterson's fourth-grade class, were awarded first and third-place prizes, respectively, for their poster entries in this year's World Water Day competition, sponsored by Drink Local, Drink Tap. For many years, Our Lady of the Lake students have learned about water as a vital resource, as part of an engaged, hands-on science curriculum introduced by Mrs. Hribar. This year, students were challenged to help educate themselves and their communi-

ties about Water Waste with creative and informative posters. Not only did Maggi and Jaylin win awards and goodie bags – they also got to adopt a shark at the Greater Cleveland Aquarium, and were given passes to go to the Aquarium so they can visit their shark! Their posters will also go into an exhibit being displayed at Public Square on April 11. What a fun way for students to learn about our environment, and help to make our world a better place. OLL School is so proud of these talented students – and of the difference all our students are making in the world.

## Character Essay Contest



Congratulations 6th Grade Winner Nychole Robinson!  
Imagine Bella students in grades 3-6 participated in Imagine Schools National Character Essay Contest. Students wrote essays based on a character maxim and work



Congratulations 5th Grade Winner Simya Howard!  
with other students to complete peer revisions. School level winners were selected by parent judges using a rubric and contest guidelines provided by Imagine Schools



Congratulations 4th Grade Winner Danah Lee!  
National Academic and Character Team. Our top winners from each grade level are being submitted to compete against school level winners from other Imagine Schools



Congratulations 3rd Grade Winner Kaila Pierce!  
across the country. Check out these photos of our school level winners!

## Pull Tabs for Ronald McDonald House

Imagine Bella is collecting pull tabs from cans to benefit the Ronald McDonald House. This helps benefit pet therapy partners like Sophie the Therapy Dog that has been visiting Imagine Bella this Spring. More information here: <http://www.rmhcleveland.org/events/pull-tab-palooza>

## Spring Dance Performance



Spring Dance Performance will be May 17th at 6 p.m. at the Shore Cultural Centre. The Shore Cultural Centre is located at 291 East 222nd Street, Euclid, OH 44123. Tickets will be \$5 beginning May 1st. Save the date and get your tickets!

## Spring AIR State Testing

Spring AIR State Testing will begin on April 18th for Math (Grades 3-6), Social Studies (Grades 4 and 6), and Science (Grade 5). Please see this list of practice sites that will help prepare students for State Testing Study Island <http://studysisland.com>

State of Ohio Practice Resources <http://oh.portal.airast.org/OCBA/students-and-families/>  
It is important that students are on time for test days, have a full night's sleep, and eat a healthy breakfast.

**MamaCatena Ristorante**  
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STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

### Teaching Cleveland Student Challenge

Since last September, six Euclid High School students in Mr. Cleaver's College Credit Plus United States History class have been involved with the "Teaching Cleveland Student Challenge." Teaching Cleveland is an organization that seeks to educate students, teachers, and the Northeast Ohio community about our region. This year, the Teaching Cleveland Student Challenge is focused on "Bridging the Divide: Race in Greater Cleveland."

Euclid High School students joined area school districts including Mayfield, Laurel, Lakewood, Western Reserve, Beachwood, St. Edwards, St. Martin DePorres, and East Tech at the Greater Cleveland Partnership in Playhouse Square to begin a conversation around racial identity. An October meeting included studying the history of Cleveland and the African-American experience, laying the groundwork for our students to begin meeting weekly after school. Our six EHS student participants scheduled interviews with local businesses, school and city leaders, and family members to understand what Euclid stakeholders view as racial dividers or things that galvanize the community.

Our students participated in events and activities at the group sessions, they learned about the history of Cleveland in unique ways, events such as Glenville/Hough riots, and the ethnic enclaves of Cleveland. They kept journals during sessions, sharing their thoughts with both small groups and the whole group. "Our students really shined here," said Euclid High school teacher, Jason Cleaver, "Kashinea Baker and Tamela Young spoke with passion in front of a large group of their peers."

The Teaching Cleveland Student Challenge provides area students with opportunities to meet incredible people, think deeply about issues that affect Cleveland, and contribute ideas and voices to the conversation that will help shape Cleveland in the future. The culmination of this project will be held on April 6, 2017 from 5:00-8:00 PM at the Cleveland Food Bank. For more information on the great programming offered at Euclid High School visit our website at euclidschools.org.



Euclid High School Proudly Presents  
**BIG SHOW 2017**  
 THURSDAY, APRIL 6, 2017 7:30PM  
 FRIDAY, APRIL 7, 2017 7:30 PM  
 SATURDAY, APRIL 8, 2017 2:00 PM & 7:30 PM  
 SUNDAY, APRIL 9, 2017 2:00 PM

TICKETS ARE AVAILABLE AT WWW.SHOWTIX4U.COM  
 OR BY CALLING 216-797-2912

**Footloose**

**EASTER BUNNY  
 BREAKFAST & EGG HUNT**  
 SATURDAY, APRIL 8th, 2017  
 10:00 AM - 11:30 AM  
 ADMISSION - \$2 PER PERSON  
 EUCLID HIGH SCHOOL E-ROOM

**EGG HUNT TIMES**  
 AGES 0-2 AT 10:15AM AGES 3-4 AT 10:30AM  
 AGES 5-6 AT 10:45AM AGES 7-8 AT 11:00AM

FIND A "GOLDEN EGG" AND WIN A SPECIAL PRIZE

www.euclidschools.org

Join the Discussion at: www.euclidobserver.com



STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

### Cisco Advances to Nationals

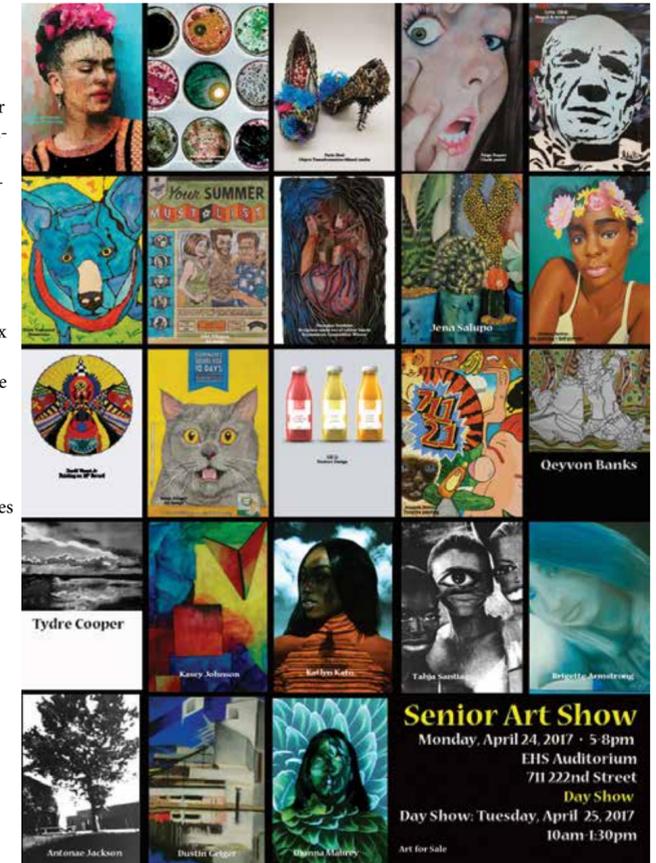
2017 marks the ninth consecutive year that Euclid High School's Cisco Networking Academy students are advancing to the national Business Professionals of America Competition. Euclid High School senior, Connor Hoffman placed first in the BPA State Competition in Systems Administration Using Cisco. Justin Fike, EHS senior placed second in the Computer Networking Technology competition. Both Connor and Justin are advancing to the National competition on May 10-14 in Orlando, Florida.

Alex Ridevski, a Cisco Career Tech student from South, placed 1st in the Computer Networking Technology competition also. The competition is based on industry type certification tests with a practical component in the National Finals. Connor Hoffman, Serena Hollis, Michael Rosario, Alex Ridevski and Brandon Harber from Mentor also qualified for the second round of the Cisco sponsored NetRiders Canada and US competition to be held on April 27, 2017. They will be competing with over 350 secondary and post-secondary students who qualified.

Cisco Networking Academy NetRiders competitions utilize Cisco's Web technologies to create an interactive networking skills contest that enhances classroom learning, unites students from across the world, and promotes further technology education and training. The Cisco Networking Academy is an honors level program where students receive both industry certifications and college credit at Euclid High school.



Photo: Connor Hoffman, Justin Fike and Alex Ridevski at BPA State Competition.



**Senior Art Show**  
 Monday, April 24, 2017 • 5-8pm  
 EHS Auditorium  
 711 222nd Street  
 Day Show: Tuesday, April 25, 2017  
 10am-1:30pm

### Shoreview showcased on WKYC-Channel 3

On March 10th, three ladies and three gentlemen from Shoreview Elementary School made their way downtown to the WKYC television studio to make their television debut on "We the People," and showcase their ballroom dancing routine! For the past four years, Shoreview Elementary School has been partnering with Dancing Classrooms to build social awareness, confidence, and self-esteem in our students through the practice of social dance. Dancing Classrooms is a 10-week - 20 session social development program for fifth-grade children utilizing ballroom dancing as a vehicle to change the lives of not only the children who participate in the program but also the lives of the teachers and parents who support these children.

You can see our outstanding Euclid fifth-graders perform the Merengue, Fox Trot, Rumba, Tango, and Swing on Tuesday, April 4 from 6-8 PM for the annual Colors of the Rainbow Team Match (CORTM) Semi Finals in the Auditorium of Cuyahoga Community College's Metropolitan Campus. The teams (schools) placing at the Gold level will then move on to the Grand Finals on Sunday, May 21, 2017 in the Ohio Theatre at Playhouse Square. Partnerships with organizations like Dancing Classrooms provide Euclid Schools' students with a significant social and emotional advantage.



www.euclidschools.org

Join the Discussion at: www.euclidobserver.com

## Events

## Walk to Remember Set for June 11 at Zoo



Marie Cavolo, a member of Hospice of the Western Reserve's Development team, poses with an armload of Comfort Buddies. For every \$100 donated, one of the soft, lavender-scented plush animals will be given to a hospice patient.

by Laurie Henrichsen

Celebrate Loved Ones While Benefiting Hospice of the Western Reserve

It's time to gather friends and family and save the date for Sunday, June 11, as Hunting-ton Bank presents Hospice of the Western Reserve's Walk to Remember 2017 at Cleveland Metroparks Zoo. Now in its sixth year, Walk to Remember is the nonprofit agency's largest fundraiser of the year and is open to anyone wishing to honor the memory of a loved one or a caregiver. Thousands of walkers will come together to celebrate life while paying tribute to their loved ones.

Registration will open at 7:30 a.m., with the opening ceremony beginning at 8:45 a.m. The Walk will begin at 9 a.m. (Choose from 1 mile and 3 mile options.) A closing ceremony

will be held from 9:30 to 11 a.m., featuring food, fun and festivities at the Palava Pavilion. Registration is \$12 for children, \$25 for adults and \$65 for family (includes two adults and three children ages 4-12; children 3 and under are free). It includes all-day admission to the Cleveland Metroparks Zoo and Rain-forest, t-shirt, live musical entertainment and much more.

Funds raised at Walk to Remember help cover special services provided by Hospice of the Western Reserve that are not reimbursable by Medicare and private insurance. These include pediatric hospice and palliative care, the fulfillment of special wishes and requests from patients through the Moments to Remember program, art and music therapy, grief and trauma support in local schools and



Participants gather at Walk to Remember last year. This year's event is scheduled for June 11.

much more.

New This Year: Comfort Buddies

For every \$100 raised or donated to Walk to Remember this year, one of eight adorable Comfort Buddies will be given to a Hospice of the Western Reserve patient. Comfort Buddies provide reassurance and meaning to a variety of patients, from young children to those with memory impairment. The soft, plush animals improve patient experience by reducing agitation and restlessness and providing an overall sense of wellbeing. Each Comfort Buddy is infused with a calming lavender scent. The adorable stuffed animals are weighted to provide a sense of security and to reduce fall risks when placed on the lap of a patient. Comfort Buddies can also

be heated in the microwave to provide additional warmth and coziness. While donors will not receive an actual Comfort Buddy, our clinical caregivers will be personally presenting them to our patients and their families.

More Ways to Help Hospice

Once again this year, walkers and donors will be able to purchase and sell Honor Signs for \$250. Honor Signs will be placed along the walk route to commemorate loved ones and can be taken home after the walk by family members. To register for Walk to Remember or make a donation, visit hospicewr/walk. Walk to Remember sponsorship opportunities are also still available at all levels. For more information, contact Bridget Murphy at 216.383.3715, or bmurphy@hospicewr.org.

## Euclid Symphony to feature music from the silver screen at spring pops concert

by Loren Genson

At their annual pops concert at 3 p.m. on April 23, at the Shore Cultural Center, the Euclid Symphony Orchestra will feature music from Hollywood's Golden Age.

Music from "The Pink Panther," "Hattari!" (starring John Wayne), and the "Peter Gunn" television series will be featured in a tribute American Composer Henry Mancini. Mancini, a recipient of twenty Grammy Awards is often regarded as one of the greatest composers in the history of film.

The concert will also feature a compilation of works from Irving Berlin, one of America's top songwriters. Popular songs including "Alexander's Ragtime Band" and "God Bless America" will be featured in the tribute. Berlin composed more than 1,500 songs in his 60-year career. His music is often featured at pop concerts from performing groups around the world.

The orchestra will also perform other pop favorites including John Phillip Sousa's "Stars and Stripes Forever" and Nacio Herb Brown's "American Bolero" and the popular "Variations on a Shaker Melody" from



Euclid Symphony Orchestra members perform a concert at Shore Cultural Center. Photo by Loren Genson

Aaron Copeland's "Appalachian Spring."

The Euclid Symphony Orchestra is a nonprofit community orchestra celebrating its 56th season this year. To learn more about the orchestra or to purchase tickets, visit [www.euclidsymphonyorchestra.com](http://www.euclidsymphonyorchestra.com). You may also purchase tickets at the Shore Cultural Centre at 291 E. 222nd St. in Euclid.



## Euclid Girl Scouts Food Drive to Benefit Euclid Hunger Center

by Jamie Zagar

Join the Euclid Girl Scouts in stocking the shelves of the Euclid Hunger Center for summer. The Scouts will be collecting "kid-friendly" foods May 15-19 in an effort to re-stock Euclid Hunger Center's shelves for the coming summer months. Items needed include: peanut butter, jelly, mac n cheese,

granola bars, cereal & pasta. They will also accept monetary donations to directly benefit Euclid Hunger Center. To donate, contact your local Girl Scout Troop or donate at the Drop Box at the Euclid Public Library. Together, we can combat hunger right here in our community!

## I've Got Proof



Ameerah McCurdy of Candy Shop Nails recognizes the importance of business involvement and we thank her for her support!

by Sherrie Zagor

You should see the garage at my Mom's house and my office area in the corner of our bedroom and you would know why my husband says, "Why do you keep every piece of paper that passes through your hands?" I say, "Someday I might need it." This was the winter that I proved the validity of my statement because while looking at my earliest Stroll planning papers, I discovered that the Stroll didn't begin in 2006

– 2007 was our first year.

So guess what? It's ten again and I'm sorry that I wasn't a better historian, but no matter what year we're celebrating, we're going to have a good time up and down E. 200th Street on Saturday, June 3 from 10 am to 2 pm. We need businesses and organizations to send in their paperwork soon so that we can let the public know about the fun things we have in store for our real 10th Anniversary. Remember, this event is funded and organized by Euclid volunteers to shine a spotlight on our city, our area nonprofit organizations and specifically our E. 200th Street businesses. We're not high tech and high budget – we're just BIG on fun, people, and community. Check out our website and our Facebook page and don't hesitate to call Sherrie Z at 216.798.7089 if you have questions. Our next Stroll meeting is Friday, April 21 at 3 pm at the CCBDD Euclid Adult Activity Center 1490 E. 191st St. off of Euclid Ave. behind Indian Hills Apartment Complex. We'd love to have you join us!

## Victorian Tea to Raise Money for Shore Cultural Centre

by Jim Spittle

With more leisure time, improvements in technology and an extensive variety of plants available from abroad, gardening became popular during Victorian times. At the third annual Victorian Tea fundraiser on April 30, Shore will celebrate both the garden and the tea.

Bring friends and make new ones while enjoying tea and a light lunch. Learn about Victorian gardening from garden writer and designer, Phillip Lannarelli.

There will be fun raffles and prizes, including theme baskets such as "Garden",

"Relaxing" and "Tea", just to name a few. Show your individuality by wearing a special hat and bringing your favorite tea cup.

The Victorian Tea will be held in the Culinary Bistro at Shore Cultural Centre on Sunday, April 30 from 12:30-2:30pm. Tickets are \$25 and may be purchased at [www.shoreculturalcentre.com](http://www.shoreculturalcentre.com) or at the Shore administrative office (Rm 143). Advance ticket purchase is required by April 23 as seating is limited for this event. Shore Cultural Centre is located at 219 East 222nd Street near downtown Euclid. Call 216-289-8578 for more information.

## Events

## Spring Sale of Books and AV materials



by Bonita Kale

After six months of sorting and a frantic day of set-up, the Spring Book Sale, held by the Friends of the Euclid Public Library, will be on Saturday, April 29th and Sunday, April 30th, with a preview night for members on the 28th.

There has been talk of raising prices, but, for this sale at least, they remain at 50¢ for hardbacks and 25¢ for paperbacks. There will be one table of special books with

higher prices. The highest standard price is \$2.00 for a DVD; other audio-visual media are \$1.00 or less.

Houses don't stretch, and neither do libraries. But every year, there are thousands of new books that people want to be able to check out. The only way to make room for them is to get rid of the old books. Fifty years ago, libraries used to burn them! Now they are given to the Friends of the Library, who sell them to make money to help the



library.

In addition, houses being the unstretchy things they are, many people have books to give away. The Friends sell those, too, everything from a 1942 wartime cookbook to a current best seller, seemingly unread. Material has been collecting the previous sale was still going on in October.

The books are roughly sorted by broad—very broad!—library number categories. For instance, the 600s (Technology) include books on carpentry, gardening, and cooking, but also business, child care, and health. The 700s (Arts and Recreation) cover everything from fine art to football. The 000s (General Works), cover computers, trivia, journalism, Bigfoot, and flying saucers. And the 300s (Social Sciences) contain all the stuff about human society and how it works from economics and education to politics and true crime.

Fiction has its own category, as do mysteries, science fiction and fantasy, biographies, and large print books.

And the children's and young adult books are worth checking out even if you have no

children; often, they have the most interesting information and the clearest pictures.

Place: Euclid Public Library, 631 E. 222nd St., Euclid, OH 44123

Time: Friday, April 28th, 6:30 p.m. to 8:30 p.m. Members preview night. The library is closed, so there will be a line outside. Bring your Friends Membership card—not the same as your library card. If you can't find the Friends card, you can be looked up at the door, or you can join for \$5.00.

Saturday, April 29th, 9:00 a.m. to 4:00 p.m. This is a good day to come; there are tons of books, and it's not crowded.

Sunday, April 30th, 1:00 p.m. to 4:00 p.m. Bag Day. You buy a paper grocery bag for \$3.00 and fill it up. Your own larger bags or carts can be left outside the room to wait for you.

The library is on East 222nd Street, north of I-90/OH-2. Coming from the freeway, turn right immediately after you see the Veterans' Memorial, which includes a Vietnam-era tank that's hard to miss.

## Laugh Therapy Here



Animal farm at Kiddie City.

Sherrie Zagor

Q: Why shouldn't you write with a broken pencil?

A: Because it's pointless.

We all need a little humor these days and Kiddie City will be full of laughs on Saturday, April 22nd as we celebrate the 10th year of our "Funds for Fun" fundraisers to benefit our children with educational enrichment activities like field trips to the Cleveland Metroparks Zoo and the Cleve-

land Botanical Gardens or sponsoring visits to Kiddie City from our Beck Center musical friends and Mr. Hassan.

A home grown non-profit organization since 2006, Kiddie City has grown to provide a quality early childhood educational experience to 140 children and employment to 40 full and part time early childhood educators in Euclid. You'll get to see our new home in the former Lincoln Elementary School building and enjoy the humor of 3 area comedians while you visit with friends and neighbors, noshing on a great assortment of hearty snacks and desserts and dropping your tickets in colorful bags for a chance to win a fun prize.

Call 216.481.9044 for more information and to purchase tickets. Special prices are available for individuals, couples and table groups of 8. Basket donations from our community friends are greatly appreciated! Kiddie City Child Care Community is located at 280 E. 206th St. Euclid, Ohio 44123 and serves area families with children from 6 weeks to 12 years old.

So, on a final note, what do you think? Can February march? No, but April may.

## Euclid Family YMCA Easter Egg Hunt

by Carrie Serrano

Please join us for our Family Fun Night! April 7th at 6:00pm we will be having a easter egg hunt and crafts for the children. Non-YMCA members only pay \$5.00 for

their family and need to register any day or time before the event. We welcome all members of the community to join the fun!

**Membership is for Everyone.**  
Join us. Become a Youth Member today!

**APRIL IS YOUTH MONTH!**

Meet **JUNGLE TERRY** and his animal friends during a show only for Youth Members who:  
Open a new Youth Share Savings Account in April. Plus, we'll match the first deposit up to \$25.  
Already have a Youth Account? Make a deposit of \$25 to it any time in April.  
Come into a branch or call 216-920-2000

NCUA \*Restrictions apply. See a Member Service Representative for details.

Savings | Checking | Loans | Mortgages | Business Lending

**JUNGLE TERRY**  
Saturday, May 6th  
11:30 am  
Shore Cultural Centre, Euclid

**Booze \* Bands  
Bangin' Food  
830 Babbitt**

**April Events**

- 1st - Rebels without Applause 9pm-1am
- 2<sup>nd</sup> - That Acoustic Show 3pm-7pm
- 2<sup>nd</sup> - Northeast Traveling Bowling Banquet 3pm
- 5<sup>th</sup> - 70's throwback Disco/Funk Party 7pm-11pm
- 6<sup>th</sup> - Queen of Hearts drawing 7:30pm
- 7<sup>th</sup> - DISE DOWN Under Comedy Show (Doors Open at 7pm, Show @8:30pm)
- 7<sup>th</sup> - DJ & Karaoke Party 9pm
- 8<sup>th</sup> - The Instigators (Dance & Pop) 9pm-1am
- 9<sup>th</sup> - Rehab Sunday with the Jell-O Shots 3pm-7pm
- 11<sup>th</sup> - Indians Home Opener Bus Trip @Noon
- 13<sup>th</sup> - Queen of Hearts Drawing 7:30pm
- 14<sup>th</sup> - Bill Hach 8pm -12am
- 15<sup>th</sup> - Classic Rock with the V-MOB 9pm-1am
- 16<sup>th</sup> - Closed for Easter
- 17<sup>th</sup> - NBA Cavs Playoffs Begins
- 20<sup>th</sup> - Queen of Hearts Drawing 7:30pm
- 21<sup>st</sup> - Live Reggae with Jah Messengers 9pm-1am
- 22<sup>nd</sup> - Killer Jones Jr. 9pm-1am
- 23<sup>rd</sup> - Rehab Sunday -Yacht Rock 3pm-7pm
- 26<sup>th</sup> - Humpty Hump Wednesday with Old Skool 7pm-11pm
- 27<sup>th</sup> - NFL Draft Party 8pm - DJ
- 28<sup>th</sup> - Hip to That (Rock & Dance) 9pm-1am
- 29<sup>th</sup> - Live Trivia Night 9pm, Dj & Dance 10pm
- 30<sup>th</sup> - Rehab Sunday Grand Jury (Rock )3pm- 7pm

## Events

## The City of Euclid Arbor Day Celebration



The Euclid Shade Tree Commission invites you to join them for: The City of Euclid Arbor Day Celebration Friday, April 28th, 2017 6:00 pm Euclid City Hall This year we will be planting trees to honor: Chuck Hill and Doc and June Daugherty For more information, please call: 216-289-2751

## \$9,000 in scholarship money up for grabs at Mad City Money

by Dave Godek

High school juniors and seniors, don't miss out on the chance to compete for \$9,000 in college scholarship money.

Grab your friends and classmates to join 14 Northeast Ohio credit unions for the 2017 Mad City Money competition. It's Saturday, April 22, 2017 from 10 am to 1 pm at Lakeland Community College. \$9,000 in cash scholarships will be awarded to the top 2 team finishers.

What is Mad City Money? It's a team game of smart money management similar to the game, "Life," where students take on the role of an adult in futuristic Mad City. They're given jobs, income, a family and debt.

The challenge? Students will visit merchants to select housing, transportation, food, household necessities, clothing, day care, and other wants and needs while building a budget. The team staying closest to, or besting, its collective budget wins.

A grand prize of a \$1,000 scholarship will be awarded to each member on the winning team. Members of the second place team will each received a \$500 scholarship.

Registration is easy. Go to [www.mad-cityneo.com](http://www.mad-cityneo.com)

to register your team of up to six. To complete your registration, you'll need to pay a refundable deposit of \$20. The team will receive the deposit back on the day of the competition. Checks should be made out to NECUOA and can be dropped off at any of the sponsoring credit unions listed below or mailed to: 2017 Mad City Registration, c/o Lake County Educational Credit Union, 1595 Mentor Avenue, Painesville, OH 44077.

The participating credit unions are: Eaton Family Credit Union, Cardinal Community Credit Union, L.E.O Credit Union, LCE Federal Credit Union, WES Credit Union, Lake County Educational Federal Credit Union, Taleris Credit Union, Unity Catholic Federal Credit Union, ACME Federal Credit Union, Geauga Credit Union, Painesville Credit Union, Faith Community United Credit Union and the Ohio Credit Union Foundation.

The deadline to register is April 15, 2017.

Have questions? Ask at any of the participating credit unions or send an email to [support@madcityneo.com](mailto:support@madcityneo.com).

## Mental health presentation features Cleveland-based photographer Marc Golub



Cleveland-based photographer Marc Golub

by Marilyn Quill

WESTLAKE, OHIO - March 10, 2017 "In one study, 92 percent of depressed patients who had attempted suicide were also plagued by severe anxiety. Like alcohol and barbiturates, depression and anxiety can be a deadly combination when taken together," says Cleveland-based photographer Marc Golub.

Golub knows first-hand. He experienced a harrowing, life-threatening journey through 22 months of treatment-resistant clinical depression along with a co-occurring major anxiety disorder. A world-class professional photographer and computer geek, Golub has photographed every U.S. president from George H.W. Bush to Donald Trump. With an extensive and diverse body of work, Golub's photos have appeared in every major publication in the United States and around the world. He is also an entrepreneur, owning KlikSEO—a search engine optimization and social media company.

"Depression is an ocean 1000 feet deep. When a person is a few inches under water he/she is depressed. When a person is 999 feet underwater he/she is also depressed. The only difference is the person at 999 feet is closer to suicide and death," says Golub. "During the height of my anxiety, I was afraid to shower. I was afraid to go in a car and feared being seen in public. There was no rhyme or reason to this—it just was. And anxiety disorders are the most com-

mon mental illness in the United States, affecting 18 percent of adults," he adds.

Along with a clinical presentation by Licensed Professional Counselor Shelle M. Mathis, Golub will be sharing his 22-month ordeal as a case study Tuesday, April 6, in the presentation, "The Sea of Depression and River of Anxiety - Mapping a Journey of Survival."

Shelle M. Mathis is a licensed professional counselor and a licensed chemical dependency counselor III. She is CEO and founder of Shelle M. Mathis Counseling Services, where she specializes in substance abuse, depression and anxiety disorders. She is also CEO and founder of Lilly in the Valley Christian Center (LIV), a non-profit 501(c)(3) organization created to heal the broken through the arts and holistic recovery. Mathis engages eclectic counseling methods to help those recovering from mental health, substance abuse and other life-altering issues. She is a member of the Lorain County Suicide Coalition Behavioral Health Outreach Committee, facilitates the Elyria Survivors of Suicide Support Group and a member of the LOSS Team.

Cosponsored by Westlake not-for-profit Passion for Change and the ADAMHS Board of Cuyahoga County, registration is \$35 and open to the public. The program will be held at the ADAMHS Board, 2012 W. 25th St., Cleveland. It is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board, and offers 2.5 CEUs for Counselors, Social Workers and Marriage and Family Therapists.

To register online, go to [www.passionforchange.org](http://www.passionforchange.org), or the direct link: <https://passionforchange.networkforgood.com/events/2044-the-sea-of-depression-and-river-of-anxiety-mapping-a-journey-of-survival>.

For more information, contact Passion for Change at 216.496.3295 or [info@passionforchange.org](mailto:info@passionforchange.org).

## Events

## Accordions Rule at 35th Super Button Box Bash at Euclid's Slovenian Society Home, Sunday, April 9



Kathy Hlad and Julie Tabaj of the Button Box Divas are among the performers at the 35th annual Super Button Box Bash accordion festival at the Slovenian Society Home on Recher Avenue in Euclid, Sunday, April 9.

by Joe Valencic

The accordion is king at the 35th Super Button Box Bash on Sunday, April 9, 2017. Join the Button Box Band of the Year, the Fairport Jammers, and the Button Box Artists of the Year, Kathy Hlad and Frank and Darryl Valencic, plus ten favorite squeezebox artists for a day-long dance-athon! Euclid's Polka Hall of Fame once again teams with the Slovenian Society Home on Recher Avenue in Euclid, Ohio, to host springtime's biggest Cleveland-Style polka event with fifty accordions.

The 35th Super Button Box Bash features non-stop music in both halls at the Slovenian Society Home. These accordion greats are scheduled: The Summit Jammers, The

Slovene American Club Button Boxers, Patty C & The Guys, Magic Buttons, Anthony Culkar, Matt Sepesy, Rob DeBlender, The Button Box Divas, Fred Ziwich and Ron Likovic.

Bring your box and jam with your friends. Indulge in nationality treats. Check out CDs and Slovenian- and polka-themed tee-shirts at the Polka Hall of Fame Pop-up Shop. Admission is \$8; eighteen and under free. Dance and play from 1:00 to 9:00 at the Slovenian Society Home, 20713 Recher Avenue, Euclid, Ohio, off East 200th Street, just north of the I-90 exit. Contact the Polka Hall of Fame for ticket information, (216) 261-3263 or [polkashop@aol.com](mailto:polkashop@aol.com).

## Music for Miles: Audience Adventures in 2017



Bill Meyer's Silver Keys Clarinet Quartet



Mary Beth Ions and her Amethyst quartet

by Nan Kennedy

As we enter our sixth year of M4M concerts, we're feeling called to expand the horizons, and travel further into the many-splendored world of "classical" music - without losing sight of the favorites that brought us here in the first place.

So for April (Sunday April 12), some of the M4M audience (me, at least) will be taking part in their very first drum circle (unless I count the long-ago evening I spent with Miles and two friends in Montreal, banging on coffee cans with Leonard Cohen). Under the aegis of the Cleveland Federation of Musicians-Local 4 and the Percussion Marketing Council, Karl Dustman will bring the Local Four Drum Circle to Waterloo Arts, along with instruments from his vast collection that you will really want to play. Think metal, wood, shakers, jingles - rain sticks, ocean drums, a marching machine... If you don't want to join in, it's fine to sit and watch - but the forecast is that no one will be able to resist.

Our May concert, on Mothers' Day (Sunday May 14), will be more traditional; we've invited Mary Beth Ions and her Amethyst quartet. Mary Beth has played at Waterloo Arts, both alone and with the Amethysts, and she has always garnered loud applause, because she plays beautifully and her enthusiasm casts a spell.

After the summer recess, M4M returns for three months in September. First, on Sunday September 10, Bill Meyer's Silver Keys Clarinet Quartet will play an elaborate program of dance music - plus dancers. It is possible this will involve a jitterbug lesson for those so inclined. Stay tuned.

On October 8, we'll cross the world for a concert from another school of classical music altogether - the ancient Karnataka mode practiced in South India since at least the thirteenth century.

And on November 12, a still to be determined program of selections by traditional composers who drew inspiration from folk and country songs of their own countries, with emphasis on those nationalities that settled in Collinwood.

As always, M4M concerts are held on the second Sunday of the month, at 4 pm, in the Waterloo Arts building at the corner of Waterloo and E156. The concerts are free, thanks to a partnership with the Local Four Performance Fund and the generosity of M4M supporters, but freewill offerings are always welcome. The ambiance is relaxed, children are welcome, a glass of wine or other refreshment can be found at the Callaloo Cafe, also in the WA building.

## Spring Has Sprung, Get Ready For Summer

by Stacey Mimmillo

It's hard to imagine school being out, and warm summer days, but it's not that far away. If you are looking for something for your child to do this summer, why not send them to the Beat the Streets (BTS) Fun Day Summer Camp. This is the fifth year for this camp located right here in Euclid. Campers will be dropped off and picked up daily at the Early Learning Center, off of Babbitt Road. Camp will run for 11 weeks, this summer. You can sign your camper up for as many as you would like there is no weekly commitment! Camp starts on Tuesday May 30, and ends on Friday August 11.

BTS was formed in 2010, with a purpose and goal to fill the void in the area of opportunities and activities for the youth in our community. With the unfortunate news of Euclid PAL dismembering we wanted to offer the youth a new program in which they could grow and participate in programs to keep them safe and off the streets.

The mission of Beat the Streets is to offer a wide range of programming that will help our youth develop a sense of self confidence, responsibility and pride in themselves as the go forward in life. We encourage the youth to participate in positive programs and keep them off the streets and out of trouble. We provide a safe and humbling environment to the members of the BTS organization. BTS is starting another new adventure for this upcoming school year, we will now be offering before school and after school care at the Euclid Elementary Schools, Bluestone, Arbor, Chardon Hills, and Shoreview. Registration is now open and we are currently taking signups for the BTS Fun Day Summer Camp 2017. You can also start registering in person at the Early Learning Center on Tuesdays and Thursdays starting April 18th from 4:30-7:00.

Camp registration is open now! You can find out more information by visiting the website at [www.bts-youth.com](http://www.bts-youth.com) or give us a call 216-925-6119. Don't miss out, sign up your camper today, and start looking forward to summer break!

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## Community

## Bike Euclid News

by Kath Sonnhalter

The City of Euclid is committed to creating a comprehensive stress free transportation network for bicyclist, in coordination with the City of Cleveland. During Bike Euclid's March meeting, Mayor Kirsten Holzheimer Gail discussed the City of Euclid's Big Jump Project grant application to People For Bikes, submitted in the Fall of 2016. This People For Bikes initiative hopes to prove that when cities make smart changes, more people ride bikes, and communities become better places to live, work, and play. Euclid was one of less than 100 communities to apply nationwide. Only 10 communities were selected through a highly competitive process. Thank you to Allison Lukacsy, Architect and Community Projects Manager for the City of Euclid, for taking the lead with this. Our Mayor discussed the fact that though the City of Euclid was not selected for this round of assistance, it will make use of the additional educational resources, and supports working toward the creation of a stress free bicycling network for transportation and pleasure. To learn what the selected cities are up to, go to [www.peopleforbikes.org/placesforbikes/landing/the-big-jump-project](http://www.peopleforbikes.org/placesforbikes/landing/the-big-jump-project).

## April big event!

BIKEBIKE a Commuting + Touring Forum, Sunday, April 23, 2017, 10am-3pm at the Beachland Ballroom.

This is an exciting new event designed to enrich novice and expert alike. With an emphasis on active transportation and transportation equity, BIKEBIKE is a grassroots effort, grown out of a common desire to activate, engage, and empower people in the Greater Cleveland area to commute and tour by bicycle.

The day will include panel discussions on Bicycling and the Law, Commuting, and Touring, moderated by Radio Host and Author Diane (Lees) Jenks, The Outspoken Cyclist. as well as hands-on working sessions led by local bike shops and bike co-ops, including The Broadway Cyclery, Joy Machine, Blue Sky Bicycles, Spin, Village Cycle, Ohio City Bike Co-op, and St. Clair Bikeworks. Go to [www.BIKEBIKE.space](http://www.BIKEBIKE.space) to learn more.

BIKEBIKE lays the groundwork for National Bike Month, in May, sponsored by the League of American Bicyclists and celebrated in communities across the country since 1956.

Be sure to read the May issue to get information on National Bike Month, Bike to Work Day, the Ride of Silence and how you can take part.

## "Elements of Brewing" Seminars To Explore Beer Ingredients



by Kim Fry

As an extension of its Tap Talks series of general-interest seminars, Euclid Brewing Company (EBC) will host a four-part series of presentations that will

discuss the key raw materials used to make beer: Hops, Malt, Yeast, and Water.

The seminar series, entitled The Elements of Brewing, will feature monthly talks by local experts that will explore the history, science and use of each of the ingredients that come together to make beer. On Thursday, April 20, Jenny and Mike Napier of Barn Talk Hops, a hop farm in Wadsworth, OH, will present Hops. Craig and Andy Maltaus of Haus Malts in Cleveland will give a talk on Malt on Thursday, May 11. Andy Tveekrem, Brewmaster at Market Garden Brewery, will present Yeast on Thursday, June 8. Portside Distillery & Brewery's founder and brewer Dan Malz will offer a seminar on Water on Thursday, July 13.

EBC owner and brewer Doug Fry says the

seminar series is named The Elements of Brewing as a tribute to Euclid of Alexandria, the Greek Mathematician who lived around 300 BCE.

"The city of Euclid, OH, the namesake of the Euclid Brewing Company, was named to honor Euclid of Alexandria, the Greek Mathematician who lived around 300 BCE," Fry said. "Euclid, who has been called the father of geometry, wrote Elements, an influential textbook of mathematics, which was in use for almost 2200 years."

The Elements presentations are free and open to all ages. Attendees may bring in food and non-alcoholic beverages. Beer will be available for sale. Seating is limited to 30 on a first-come, first-served basis.

Euclid Brewing Company is located at 21950 Lake Shore Blvd. in downtown Euclid. The tap room is open Thursdays, Fridays and Saturdays from 4 p.m. to 8 p.m. There are always six beers on tap, and pints, growlers, and tasting flights can be purchased. The tap room doesn't have a kitchen, but patrons may bring in food from any of the nearby restaurants, or from home. Follow Euclid Brewing Company on Facebook to learn about special hours, events and what's currently on tap.

## First Tee Open House Starts Another Season at Briardale Greens



Members of The First Tee of Cleveland caddy class gathered before the start of their hands-on training session.

by Kurt Steigerwald

On a chilly Spring Saturday afternoon in March, The First Tee of Cleveland and 11 of its young participants were out in-force learning the ins-and-outs of being a caddy as part of a training program developed by The First Tee.

A youth education program that focuses on building character, instilling life-enhancing values, and promoting healthy choices through the game of golf, The First Tee offers a number of outlets to engage participants from ages 6-18 in a variety of ways. Those looking to learn more about The First Tee are being invited to an Open House at Briardale Greens April 8, beginning at 10 AM. Parents with children are encouraged to come learn more about this community-based life skills program.

According to David Alexander, a member of the PGA and The First Tee Coach, there will be a number of activities planned for kids to learn more about The First Tee of Cleveland and the programs offered. Alexander has worked with The First Tee in a number of locations but has found Euclid's Briardale Greens a particularly rewarding and successful location for the program.

"In 2016 we had 75 participants" said Alexander. "It is a vibrant and diverse pro-

gram that teaches valuable life skills and utilizes the golf course atmosphere." He added that the program allows girls and boys as young as six to begin to learn the game of golf, but also learn important life lessons which are reinforced in The First Tee's approach to instruction.

The First Tee of Cleveland is headquartered at the Washington Golf Learning Center, a course located in Cleveland off Harvard Avenue. In branching out to Euclid's Briardale Greens, the program saw an opportunity to impact the lives of kids in Euclid and the surrounding communities.

To learn more, visit [www.thefirstteeof-cleveland.org](http://www.thefirstteeof-cleveland.org) or contact David Alexander at [dalexander@thefirstteecleveland.org](mailto:dalexander@thefirstteecleveland.org) or 216-641-7799.



Volunteer coaches and several caddys take a break after walking the course on a cold March morning.

## Community

## Welcome to the Euclid Family YMCA



Pathways Program meets one of Euclid's Police Department officers as part of their Community Helpers Class. Thanks Officer George!

by Ellen Ivory

Carrie Serrano

The Young Men's Christian Association has been in the Euclid community for over half a century. The Euclid Family YMCA was founded in 1950 under the sponsorship of the Exchange Club of Euclid. In the Euclid Family YMCA early years members use to meet in a rented building. It was not until the December of 1956 the YMCA was able to call its present building at 631 Babbitt road home. In earlier years the YMCA offered programs to young men, ages 6 to 18, to develop their Christian character in a Christian society. Fast forward to 2017 the YMCA is a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility, the Y seeks to ensure that everyone, regardless of age, income or background, has an opportunity to learn, grow and thrive, while keeping with our Christian beliefs.

When dealing with life's daily demands, people need a place to go where they can feel supported and receive help in trying times.

A place where adults can find life balance; children can reach their full potential; seniors can be active and find camaraderie; and families can connect and strengthen relationships. By becoming involved with the Euclid Family YMCA, individuals have the opportunity to improve their health and well-being and connect with the community, all while participating in their favorite program or activity at the Y.

The Euclid Family YMCA offers a variety of programs to help achieve greater health and well-being, nurture youth and inspire individuals to give back to better their community.

Swim Lessons, Active Older Adults, Euclid-Hillcrest Family to Family Collaborative, Pathways (child watch), Personal Training, Ninja Kids, Summer Camp, Real You, and Youth Sports (coming soon, Summer 2017)

To learn more about the Euclid Family YMCA, contact us at 216-731-7454 or visit [www.clevelandymca.org](http://www.clevelandymca.org) for more information.

## Irie Jamaican Kitchen Finds its Groove in Euclid



Omar McKay displays a fresh jerk chicken bowl at Irie Jamaican Kitchen

by Jonathan Holody

No matter the weather outside, stepping into Irie Jamaican Kitchen at 621 E. 185th Street is like taking a quick trip to the islands.

Large windows flood the space with natural sunlight. Colorful decorations, Bob Marley portraits and soft reggae music make for a fresh and relaxed atmosphere.

Omar McKay, a Euclid resident, moved his Jamaican style restaurant to the corner of Monterey Avenue and E. 185th Street in Euclid about six weeks ago from the Richmond Town Square food quart.

The new location still attracts longtime customers and has quickly become a favorite of local residents and business owners.

"It's awesome. I love it," remarks Joe Zawatski of North Coast Auto, another business along the up-and-coming E. 185th

Street corridor.

At Irie, Omar serves traditional Jamaican cuisine "with a little spin". All items are made from scratch, including the sauces and marinades. Carry-out and dine-in options are available.

Omar came to America from Jamaica when he was 15 years old. He perfected his cooking talents at Cuyahoga Community College's culinary school.

According to Omar, Irie means "happy" in Jamaican. "It's how I want people to feel when they come here."

Omar certainly is succeeding in making customers happy - just like a trip to the Caribbean, but for a fraction of the price.

Irie Jamaican Kitchen is open Monday through Thursday from 11am to 8pm, and from 11am until 9pm on Friday and Saturday.

## Searching For My Past



Me

Judy

by Kevin Gladish

This is a story of how a change in an Ohio law changed my life. While I have lived in Chicago for much of my adult life, this change brought me back on a search for my roots that led to Cleveland and Euclid. It is a search that is still ongoing.

You see, I was adopted as an infant and lived most of my younger years in Garfield Heights, OH. I went to a Catholic school and was given many of the resources and advantages that I am still grateful for in my life. But the one thing I missed was the truth of where I came from. Some people might wonder why it would even matter, but for me and for so many others who were adopted, it matters more than you can imagine. For years, our birth certificates were sealed away, and many of us never knew our original names or our nationality. When we went to the doctor, we had no family medical history to give.

But in 2015, Ohio opened its records to adoptees, and I was finally to learn the name of my birth mother, Judy Sobocinski. Sadly,

soon after, I also learned that she had passed away eight years before, and that I would never have the chance to meet her face face. And so, for the past year and a half, I have been on a quest to learn as much about Judy as I could from those who knew her. It hasn't been easy. Her husband passed away as well, and she had no other children, no brothers or sisters.

Last year I placed an "In Memoriam" ad in the Plain Dealer obituary page, and invited anyone to contact me. To my utter surprise, I got a call from Judy's cousin and was able to meet her. I also found a good friend of Judy's from St. Peter High School and got to see photos and hear stories from her younger years. I learned that she was a fan of Simon & Garfunkle, that she loved owls, and that she had quite a sly sense of humor. I saw that we had the same smile. I wish I knew more.

I know that Judy was born in Euclid and came back to Euclid to live on E. 260th St. when her own parents passed. And I want to keep searching for anyone who knew her, both when she was young and when she got older. I hope to hear more stories, even if some of them are sad, though I'm sure there are happy ones too. Her name was Judy Sobocinski, and she was the woman who gave me the gift of life. If anyone has any information, I hope you will contact me at [kevingladish@gmail.com](mailto:kevingladish@gmail.com). I hope for nothing more than a little of your time and as many memories as you'd want to share. It would mean so much.

Kevin Gladish

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Community

Start Your Career at HELP



HELP's Annual 5k Run For Awareness



HELP staff empower consumers to achieve their goals

by Rachel McKelvey  
HELP Foundation is looking for compassionate individuals to join our team. If you are motivated to make a career out of helping others, we may have the job for you! Apply at [www.helpfoundationinc.org](http://www.helpfoundationinc.org) to become a Direct Care Worker and start your career at HELP.

Direct Care Workers, or Direct Service Professionals (DSPs), at HELP provide support to the individuals with disabilities living at our residential sites or participating in our day support programs. Although the day-to-day duties of a DSP can change based on the needs of each individual, all DSPs are responsible for helping consumers with activities of daily living which can include cooking, cleaning, personal hygiene, and transportation.

Ewyn Tsang, Talent Acquisition and Retention Manager at HELP, encourages anyone who is interested to apply regardless of prior experience in the field, recognizing that motivation and reliability are more important attributes than experience. She confidently states, "HELP's hands-on training program is thorough, so you'll have the opportunity to get to know the needs and personalities of each consumer."

When describing the DSP job Ewyn says, "the DSPs give an extra level support to the consumers," and emphasizes that, "the main goal is to empower the consumer to be as independent as possible." DSPs

encourage consumers to make their own choices about what they do in their home and how they will interact with the community around them. Ultimately the DSPs help the consumers live their best lives as valued members of the community.

Currently HELP is seeking applicants to fill full-time and part-time schedules. The schedules vary in days and hours, providing the ability for each applicant to find an open schedule that will fit his or her needs. Applicants can expect that their assigned schedule will remain the same with the choice to pick up additional hours as they are available.

HELP offers a unique career path for highly motivated individuals who excel at DSP work. Our Site Leader, Program Specialist, and Manager roles are filled by individuals who began their careers at HELP as DSPs. These talented employees were recognized and promoted for their outstanding work and dedication and are now entrusted with overseeing multiple sites, managing staff, and ensuring high quality services for our consumers.

As an organization we are actively recruiting for these open Direct Service Professional positions and look forward to filling them quickly with qualified and motivated individuals. If you are ready to begin your career and make a difference, apply today: [www.helpfoundationinc.org](http://www.helpfoundationinc.org).

First Look: Spring Renovations at Normandy Towers



Most Euclid residents know about the city's Waterfront Improvements Plan, but do you know about the many recent improvements at these mid-rise lakefront towers along Lake Erie?

So far this spring, Normandy Towers has completely modernized their elevators and installed custom-designed interior cabs in B Building (and are now starting in A Building), rebuilt the main entrance canopy, and made across-the-board upgrades to their spacious rental suites.

Planning is also underway for a complete resurfacing of the parking lot, spring greenery and floral landscaping, and other beautification projects certain to turn heads driving down Lakeshore Boulevard.

Other recent improvements include new key fob access, garage RFID access, and parking deck lighting, along with re-designed lobbies, complete renovation of their indoor pool and sauna area, and the addition of brand-new equipment to their fitness center. These features, coupled with 24-hour emergency maintenance and on-site management, makes for a lovely, peaceful, and friendly community.

Located just west of E.250th Street, Normandy Towers is perfectly situated for those who enjoy lakefront living and ease of accessibility to downtown Euclid and nearby Lake County, as well as quick access to I-90. For more information, contact 216-289-8484 or [normandy@normandytowers.com](mailto:normandy@normandytowers.com)

Tips on how to handle Hail Damage

by Cheryl Cameron

Hail storms often work their way across the country, leaving totaled, dented and damaged vehicles in their wake.

Is your vehicle prepared to face the weather?

Have you reviewed your insurance to ensure you can recover from any damage?

And if it happens - how can you get your vehicle restored without putting a dent in your wallet?

During storms, CARSTAR shops see thousands of vehicles damaged by hail storms. CARSTAR's experts offer the following advice to help automobile owners deal with unusual winter storms - before and after. Action CARSTAR of Euclid (21200 St. Clair Avenue) is here to help alleviate the stress following these occurrences. Here are things you should remember....

Check Your Coverage

The time to review your car insurance is not when the weatherman is delivering bad news that storms are on the way. Read your policy now to understand what is covered, what the deductibles are, if you have rental coverage and what to do when the storm hits. Comprehensive coverage protects against most damage from weather and natural disasters. Two other options to consider are gap coverage - which pays the difference between what you owe on your loan and what your car is worth - and rental reimbursement. One warning - if you submitted a previous damage claim and received a check from your insurance company, but didn't have the vehicle repaired - the insurance company will deduct this amount from your estimate for the storm damage, and charge a second deductible, too.

Protect Your Vehicle

When you know that a storm is on the way, get your vehicle under cover. For hail storms, cover your car in an old blanket and a car cover from your local automotive retailer - before the storm hits. This will provide some protection for your hood, roof and rear decklid. If a storm comes up quickly, look for an awning at a service station, the drive-through at the bank or self-serve car wash to get under for immediate protection. But always make your personal safety a priority!

Get Your Car Repaired without Despair

Dealing with the aftermath of a big storm can be traumatic, particularly if you've had significant damage to your home or your entire area. Getting your car back up and running shouldn't add to your stress, if you are prepared.

To help with the process, CARSTAR offers the following tips:

- Make copies of your vehicle registration, title, insurance card and driver's license before the storm hits and secure in a safe, dry place.
- After the storm clears, record the damage with photos and video. Sketch what happened, including street names, road signs and details on car movements.
- Identify any witnesses. Get their names, addresses, phone numbers and their recollection of the storm damage.
- Have a collision plan in place. Know where you'd like to have your car repaired ahead of time so you don't have to make a sudden decision.

CARSTAR Auto Body Repair Experts offer high-quality, reliable repair service. We will send the tow truck, contact your insurance company, arrange for a rental car and repair your car.

Collect your personal items. Whether your car is being towed in for repairs or totaled out, make sure you've collected your valuables, electronics, vehicle information, sports equipment and any other items you may need in the future.

When you choose a body shop for repairs, remember that:

- Do your homework and check out the shop, its reputation, the business or trade associations they belong to and if their technicians I-CAR Certified.
- All reputable repair facilities will offer a warranty of some sort for the work that they complete...make sure it is in writing and well explained to you.
- If the repair work is being done in a shop that the insurance company recommended, they will have leverage to assist you should there be an issue in the process or after the repair is complete.

Only trust your vehicle to an established body shop business operating prior to the storm. Beware of fly-by-night operators trying to make a quick buck off of the storm. If they are set up in a tent or temporary location, don't trust them with your vehicle.

While your car is in the body shop, it's a good time to have other dents and dings repaired. It should be more cost-effective and your car will ultimately benefit.

Action CARSTAR Auto Body Repair Experts offers high-quality, reliable repair services. For more information contact us at 216-486-6161 or [www.actioncarstar.com](http://www.actioncarstar.com). You can also find us on Facebook at [www.facebook.com/actioncarstar/](http://www.facebook.com/actioncarstar/).

Community

The Euclid Art Association featured artist, Tricia Kaman, at our March 6 Meeting



Euclid Art Members

The March 6, 2017, meeting of the Euclid Art Association featured the artistry of Tricia Kaman, a well known Cleveland artist, demonstrating The Pastel Portrait. She is especially known for her oil and pastel portraits, although she also loves doing the occasional landscape, still life or floral. Her art has been exhibited nationally and internationally and has garnered numerous awards. We thank Tricia for a mesmerizing evening of art. There were 36 members and seven guests in attendance, who sat so quietly at times that you could have heard a pin drop! We also thank her assistant, Riki, for coming early to set up all the gear and for being an excellent model for Tricia's pastel portrait.

As an introduction to her work, Tricia started her presentation with a short video interview from her exhibit at the Agora Gallery, in the center of New York City's Chelsea Art district. Her well-known oil



painting, Brenda's Miraculous Medal, was exhibited there. Tricia says that she sees the essence of the painting in her head and in this painting Tricia certainly captured that...Brenda, a police officer, in a relaxed state of meditation.

Tricia went to the Cooper School of Art and the Cleveland Institute of Art, where she studied under Joseph Cintron. She has been painting professionally since 1974. For the past 27 years, she has had an art studio in the Schoolhouse in Little Italy. Her show at the Ursuline College Gallery just ended in February, where she exhibited 60 pieces of art. When asked how she became interested in doing portraits, she told us that she used to paint and sketch at amusement parks in the summer. Having lived in Sandusky, she worked at Cedar Point and later at Geauga Lake. Tricia and her husband started "Kaman's Art Shops", 47 years ago, which hires artists for theme parks. Tricia then said "Painters must



speak through paint not words, so enough words!" She started her live model portrait demonstration.

Tricia uses a sanded tone canvas. The rough surface allows her to build layers and the toned color allows her to judge the values. She likes to close one eye and create a rectangle with her hands to get the composition. She begins the line charcoal sketch, leaving more space on the side the model is facing...a rule of thumb. She puts in big shapes and gestures first, not worrying about the details. Working with angled lines, not curves, she defines the relationship between the head, neck and shoulders. Then, she placed the eyebrows. Tip...turn the head one way or another, not square on. Her understanding of anatomy and bone structure helps. She likes to work from darks to light...Joseph Cintron taught her well...darks first! Then, she moves to add the lightest light, using her fingers to blend the color. She squints a lot to better



see the values...another tip. She was taught to 'trust her eye'. It will take her another 3 hours of work before this portrait of Riki is complete.

The theme for the evening's refreshments was St. Patrick's Day or everything 'green'. We thank our hosts, Mary Ann Gambitta and Lee Peters. We enjoyed many delicious treats...Irish soda bread, Lee's famous spinach dip, kolacky, shamrock and pistachio cookies, veggie tray...we hear that young Jaden ate all the broccoli off the tray! Many people requested the recipe for the Irish soda bread...that Mary Ann made, using Sandi's recipe, that Sandi got from her friend, Jenny! This recipe is over 100 years old and came straight from Ireland. It's the best Irish soda bread that I've ever tasted! To get a copy of this recipe, visit EuclidArt.com. You can find a link to the recipe on the Home page or the Demonstrations page.

Three from Hospice for the Western Reserve Earn Top National Honors



Laurie Henrichsen

The National Board for Certification of Hospice and Palliative Nurses has named Hospice of the Western Reserve's Denise DiMare of Richmond Hts. "Certified Hospice and Palliative Care Nurse of the Year" and Bob Phillips-Plona of Westlake "Certified Hospice and Palliative Care Administrator of the Year." Mary Kay Tyler of Lyndhurst, vice president of quality for the nonprofit agency, was named a Fellow in Palliative Care Nursing. The three honors were announced at the 2017 American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association Annual Assembly in Phoenix.

DiMare oversees 60 members on the referral, assessment and liaison teams. She joined Hospice of the Western Reserve 18 years ago as an assessment nurse, serving as the first face of hospice to new patients and their families. She played a key role in launching a program using volunteers to call on patients with advanced cardiopulmonary disease over weekends to ensure



their symptoms were well managed. The program has proven effective in preventing re-hospitalizations. DiMare earned a Bachelor of Science degree in Nursing from Ursuline College in Pepper Pike in 1980 and became Certified in Hospice and Palliative Nursing in 2012.

Phillips-Plona, director of residential services, oversees Ames Family Hospice House in Westlake, David Simpson Hospice House in Cleveland and the Hospice of Medina County Inpatient Care Center. He manages clinical care, regulatory and quality compliance, budgetary management and dietary services. Over the past 20 years, more than 30,000 terminally ill patients and their families have received care at the three hospice inpatient care units. Phillips-Plona earned a Bachelor of Science degree in Nursing from Ursuline College and an MBA and Master of Science degree in Nursing from Case Western Reserve University. He is a Certified Hospice and Palliative Care Administrator.



Tyler (along with Hospice of the Western Reserve chief clinical officer Judy Bartel) is one of only 68 Fellows in Palliative Care Nursing in the United States. The honor is given to those who "provide evidence of progressive leadership in the field of palliative nursing" and "show significant commitment to the advancement of the art and science in the field of palliative nursing," according to the website. Tyler oversees corporate quality, compliance and HIPAA privacy at Hospice of the Western Reserve, and guides the quality, education and centralized medical records teams. Prior to assuming the role of vice president of quality in 2016, she was director of pediatrics and clinical support teams at Hospice of the Western Reserve for 10 years. Tyler earned a Bachelor of Science degree in Nursing from Ursuline College and Master's degree in Nursing from Kent State University. She is a Certified Pediatric Nurse Practitioner, and is Board Certified in Palliative Care Management/Administration.



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Community

Black Dragon Kenpo Will Mark 14 Years at Shore Centre



by Jerome Pockar

Dontrell Callahan is still a young man, yet he's been teaching martial arts at his Black Dragon Kenpo dojo (training place) in Shore Centre for fourteen years. There was a six-month gap halfway through when the Euclid native - then barely into his thirties - suffered a serious stroke. You'd never

know that if you simply observed Callahan kick and thrust, demonstrating traditional karate moves. But it did happen, and there was a hospital stay and a lot of hard work before the Bowling Green University grad got his groove back.

Martial arts are about self-mastery, confidence, focus, concentrated energy. Callahan is a third-degree black belt and a designated "world class competitor," and when you see him move in front of male and female students and watching parents, you quickly realize you don't want to question his credentials. This sensei - Callahan's karate title - demonstrating his moves in the basement of Shore Centre radiates self-mastery, confidence, focus, concentrated energy. Now it is Callahan's mission to pass those infinitely valuable qualities on.

While numbered black belts top out at three, if it were up to Euclid resident Sunny Morton, the mother of the Black Dragon two-time student of the year, Alex Morton, Sunny would no doubt award Callahan a fourth-degree. Morton says, "At first I felt

it was about the sport, but then I became aware that it's also about having a mentor for our son. Every kid needs a mentor and Dontrell does a wonderful job as Alex's mentor."

Alex is the clear star of the dojo. At the school's March 20th awards ceremony, he was ceremoniously bestowed his brown belt, the last stop before the black belt aspiration of every serious martial arts student. Darren Stewart has a long way to go. Nevertheless, Brenda Stewart thinks her six-year-old is a good bet to reach that martial arts destination. Stewart says, "Darren loves the class. He catches on to the moves quickly and he can't stop talking about the dojo."

Alex and Darren illustrate the school's diversity. Callahan says, "There is a very good black-white mix in our student body, but in the dojo they are all just kids." Larcenia Cannon, the grandmother of Callahan's longtime student Jada Graham, illustrated the harmony at the school when at the awards ceremony she offered admiring

comments about how Alex Morton has improved. It was obvious Cannon is invested in the success of all the children.

Gender is another category of equality at Black Dragon Kenpo. Callahan says, "I used to have boys who wouldn't spar with the girls. Now I tell them that if they go easy on the girls they are not helping them train."

Callahan never misses an opportunity to make it clear the school is about discipline and self-mastery, not aggression. He lectures his young pupils on the vital importance of humility, respect for your opponent and learning from the defeats life brings. He says, "You only fail if you don't learn something from the experience."

After fourteen years Callahan acknowledges he's a success. He also says he can never relax his concentration: "I am constantly paying attention to the students, managing them, managing their energy, coaching focus."

A Brief Statement Of My Spiritual Journey, my Search



I grew up on a 208-acre farm in Lawrence County, Ohio. I had three brothers, one my twin, and three sisters. Together we worked the farm. We were baptized in the Episcopal Church. But on the farm, we only had access to the Methodist Church. My Mother was the pianist and we all went to the Church with her. We always used to go to the revivals that were held once or twice a year.

When we were asked to give our hearts to God, we would go to the altar and pray that "God would come into our hearts."

For all those years we had no "Spiritual Experiences". As we children talked about our experiences in the fields as we worked we began to question and doubt the "truth" of these teachings. We lived next to nature. We felt and saw her energy and creativity all around us and our questioning grew deeper. We all had experiences with this energy and wondered what it was. In my 17th year, husking corn in the fall of 1941, I had a very emotional experience with an energy flow coursing through my body. I couldn't understand it; I thought I was having mental problems. It never occurred to me that I was having a "Spiritual Experience". I was taken to the medical doctor who simply demonstrated his ignorance by telling me to go back and get busy on the farm. As if I had too much time on my hands and was imagining things. My parents had no answers.

I'm sure the war, looming on the horizon, caused enormous emotional tension in me. This energy flow experience so upset me that I missed several months of school in my senior year, I finally got back to school in the spring of 1942. This caused my grades to drop and I missed being valedictorian at my commencement.

After graduation from High School my twin brother and I were given deferments from the draft because we were needed on the farm. We worked on the farm, living with our emotional problems, praying for answers. When draft requirements grew for World War II, I was drafted. In the autumn of 1943, I entered the army with these great emotional questions, complicated by what I later realized was homesickness. I was a young farm boy amidst an army of men dressed by military order, marching by military order, living by military order.

I had trouble finding my own individuality and mental balance.

One night, I was coming back from the post church where I was joining the Drum and Bugle corps. Just under the full moon was the feared mental hospital with its dreaded section eight. I looked up at that full moon and decreed that I would never give up. From that night on, I began to improve in my emotional state. My strength in myself seemed to grow. I got through basic training in the spring of 1944 and our unit, was shipped over seas to active duty in the European Theater.

We left New York on a transport ship converted to a troop ship with about 5,000 men aboard. Our bunks were hammocks, seven layers from floor to ceiling. I was put on Deck D, the bottom deck of the ship. We went across the Atlantic in a convoy. Destroyers were circling the convoy, dropping depth charges to discover or destroy any German submarines in the water around us.

On one beautiful night, I was sitting on deck with a row of other G.I.s and we were talking about the war and our problems. We talked about being in a world made of atoms and looking out at the blue sky and seeing the stars, the suns with planets around them, like the nucleus and circling electrons in atoms. We were between the infinitesimally small and the infinitesimally large. What are we? What is this Universe? Is there a God? When it was time to do down to bunk in the hammock on Deck D, I said to myself: "God, I don't believe you are, but if you are, don't forget me".

The next morning I came up on deck to a beautiful day, the sun was shining, the deck was full of G.I.s, the ocean was calm. I said to myself: "What is this joy I feel?"

Despite where I was I felt in the midst of a blissful energy that pervaded everything, the whole universe.. Then I said to myself, an intuition, as if a revelation: "Oh, this is what you are God." Was this related to what I felt flow through me two years earlier? But there was no fear with this. It was pure Bliss. This awareness stayed with me through out the war. This Life, this Energy was in everything, everywhere. God is immanent, in everything, everywhere.

When I came back from the army my older brother came down to Columbus, Ohio where I had started to go to college at Ohio State University. He wanted to talk about his experiences with Rishis' School in Cleveland. I thought it was about religion. I told him I didn't want to talk about religion. I then realized he wanted to talk about Spirit. I said OK, I can talk about Spirituality. We were up until 2:00 am that night still talking.

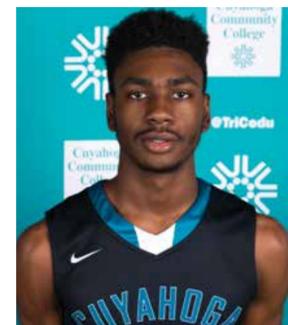
I went on to finish my study at O.S.U. but in the meantime we began to study at Rishis' School. It was so important to us we would drive 150 miles to Cleveland on weekends to take a class at Rishis'. After I graduated with a Bachelors of Science in Education from O.S.U., we moved to Cleveland, Ohio to continue our study at Rishis' School. During this time I began teaching public school in Garfield Heights, Ohio.

Raymond Cassidy was the founder of Rishis' School and the author of it's course of study. It was a study of self-improvement through Spiritual Growth based in Christian teachings that emphasized the harmony of Christian teaching with the teachings of all the other main religions. I began to see that there was one spiritual truth permeating all religions.

(see the observer site for full article)

School News

Euclid's Quintin Dove Scores Basketball Honor with Tri-C



Quintin Dove

by John Horton

Euclid's Quintin Dove earned all-conference honors from the Ohio Community College Athletic Conference following a championship season for the men's basketball team at Cuyahoga Community College (Tri-C).

The freshman forward was named Second Team All-OCCAC after averaging a team-leading 13.1 points per game for Tri-C. Dove also contributed 7.6 rebounds per game for the nationally ranked Challengers, who finished the season with a record of 28-3 and co-champions of the conference. The title is the team's first since the 2010-2011 season.

Euclid's Rashida Harris Earns All-American Honors with Tri-C



Rashida Harris

by John Horton

Cuyahoga Community College (Tri-C) shot putter Rashida Harris turned in an All-American performance for the second consecutive year at the NJCAA Indoor Track and Field Championships.

Harris placed third in the shot put with a throw of 48 feet, 11.75 inches at the

championships, held March 3-4 in Kansas. The performance capped a season where the sophomore from Euclid extended her school record in the event multiple times.

Last year, she placed fifth in the shot put to earn All-American honors at the indoor finals.

"Rashida has worked and worked to become the best thrower that this College has ever seen," said Don Cox, longtime coach of the track team. "She continues to amaze with what she can do."

Harris also finished 18th at the national championships in the 20-pound weight throw with a heave of 47 feet, 2.5 inches. She set the school record in the event earlier in the indoor track season.

In addition to Harris, Tri-C's Amber Ruiz-Bueno left nationals as an All-American. The record-setting sophomore from Willowick finished fourth in the 1,000-meter run and sixth in the 600-meter run.

Ruiz-Bueno became the College's first track athlete to earn All-American honors in two individual events while competing at the finals.

As a team, Tri-C finished 15th at the national championships.

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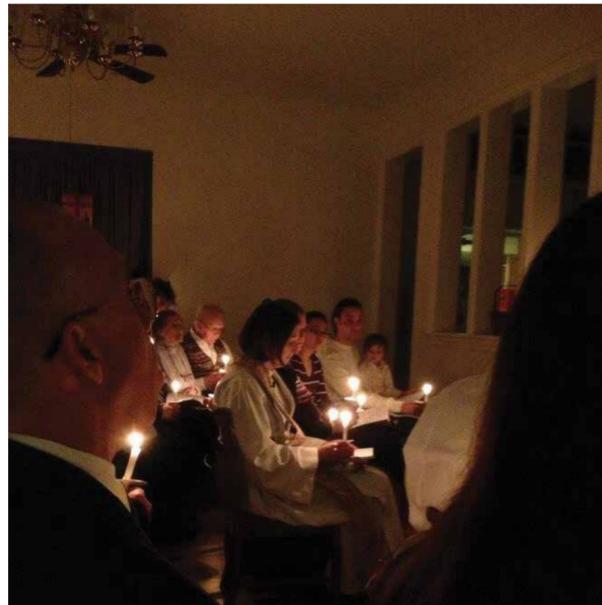
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Faith

Church of the Epiphany offers free concert, youth overnight for Holy Week



by Rosalind Hughes  
Before Easter, there was Holy Week. After the parade of Palm Sunday came the troubles and the trial, the cross and the tomb. At the end of it all, we celebrate Resurrection. Join us for a thoughtful and reflective walk through Holy Week. We begin with a free concert on April 9th at 2pm. All are welcome. Our services continue through the week, and after our Maundy Thursday service, on April 13th, young people aged Middle

School through 17 are invited to spend the night in vigil through to Good Friday morning. Parental contact is required for the youth overnight; contact the church for more details. Whatever your faith tradition, we wish you a blessed journey through the rest of Lent, and a joyful Resurrection. Church of the Epiphany is an Episcopal congregation located at 21000 Lakeshore Blvd, Euclid, Ohio, and on the web at www.epiphanyeuclid.org . Call us at 216 731 1316.

A Spiritual Journey on the Path of Light

by A Tabar  
The journey on the Path of Light, a discourse in Metaphysics or ancient truths as I have begun to understand them, has been a time of awakening for me. Seeing my real nature in honest reflection through practicing techniques of proper breath and entering the quiet recesses of my own energy field have helped me unravel mysteries and false beliefs that have not allowed me to use my full potential. Embracing the dynamics of three phases of mind--superconscious, conscious and subconscious and how thoughts, emotions and behaviors affect mind, body and spirit is a moment to moment challenge that I gladly accept. Living a peaceful life has been one of my cherished goals. Yet, anger always haunted me and can rear it's ugly head if I let it even today. Financial freedom is high on my list as well. Right relationships and expression

of creative talents and skills to live a life of fulfillment is only a part of this spiritual journey. Knowing that I am not alone in this quest for enlightenment as I have met some amazing new friends also on the Path is a plus. The Rishis Institute of Metaphysics teachings have become a way of life for me and others. More and more I am able to reach deep within me for peace when all about me seems to be in the turmoil of uncertainty and fear. I believe in the power of positive thought and prayer and desire to make my contribution to a more gentle and compassionate society not only here but for all people throughout the world. It's been 33 years since I was first introduced to this study of Metaphysics and how great full I have been that there are wonderful teachers at Rishis Institute to guide my journey.

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**Faith is not something to grasp,  
It is a state to grow into.**  
Mahatma Gandhi

Spring Can Bring a Renewal in Faith --- It's Up to You!



by Reverend Tammy Hill  
Northeast Ohio has some of the most unpredictable and wavering weather forecasts in the country. Likewise, our communities boast hundreds of various congregations and belief systems. No wonder it is so difficult to decide which kind of faith is best suited to participate for our own comfort! If you step back and look at yourself, I'm sure there is a goal to become more spiritual, regardless of the religious affiliation you may

renew again in another form. A good example is the leaves of the trees that wither and fall but then return in the spring or the flower that "goes to seed" before it dies then spreads its seeds for renewal in the spring. This life cycle applies to all organisms that exist on earth. This cycle even exists within ourselves. We experience seasons, not only the seasons of the year as the earth rotates on its

axis to create shorter or longer days, but the seasons of life as well. Spring represents youth, summer; the prime of our life, autumn; the decline of our life cycle, and winter; the end of our earthly life. Just because we naturally age towards a decline in our physical life doesn't mean we need to decline mentally. The "spring state of mind" is what keeps us mentally young for eternity. Our mental renewal is up to us. We must take full responsibility to grab life by the horns and make the best out of it. We are not alone in this quest and may find good company if we seek wisely. The first step is to stay positive and don't allow obstacles to slow our quest. Henry Ford once said, "Whether you think you can, or think you can't, you're right!" The power of the mind is what drives our renewal. You can't find it by waiting for someone to show it to you. It is a truly personal quest that derives its energy through our own efforts and attitude. We must find our passion and chase it to the ends of the earth. When we give up, we die and our energy leaves to do its work somewhere else. It's up to you! My personal beliefs always bring me back to my Heavenly Father and His promises for me. I find comfort in the Holy Bible where I can always find inspirational seeds. Philippians 4:13 tells us that "I can do things through Him that strengthens me". Psalm 118:6 gives hope by stating, "The Lord is on my side. I will not fear. What can man do to me?" Every human being is different and has withstood various circumstances. For me, cancer has

been a repeat visitor in my life, but knowing and truly believing that I can overcome and find renewal yet again, I forge ahead and look to the spring of renewal and compounded strength. I feel stronger with every conquered challenge. The energies from God are free for the taking. You will hear me say quite often, "God give me strength!" AND HE DOES!  
In my life, I find that every obstacle comes with direction, every question has an answer, and every goal has its finale. Do yourself a favor, enjoy the ride no matter how bumpy and revel in the beauty of what life has to offer. Renewal is beautiful for you and those around you that can share in its wonders and its lessons. Make yourself an example for others to emulate, especially the young who can benefit from anything positive. Allow renewal to grow within yourself and it will gravitate to others. And remember that the natural law of compensation states that it will come back to you once more. With this in mind, renewal is eternal, beautiful, and serves a great purpose for all. Wishing all readers a beautiful spring and summer season filled with lots of love, blessings, and positive life experiences! Reverend Tammy Hill is the Co-Pastor of Memorial Spiritual Church, 3 pm Sundays starting in April at 19204 Pawnee Avenue in Cleveland and can be reached at 216-538-0489 or email memorialchurch1927@gmail.com. Celebrating 100 Years and built in Memory of the 175 Victims of the 1908 Collinwood School Fire.

Health

Autism Treatment Success Awareness



by Amber J. Chapman  
Autism Awareness must be more than just disorder awareness. It must be about educating the village on what to do, how to act, where to go and how to help. I do not have a child with autism, but I do have three children. I don't have a niece or nephew with autism, but I do have a niece and nephews. I know what autism is, but I don't know what to do about it, how to treat it or how to help a family with a child with autism...up until now.

This past summer, by chance, I met a lovely woman named Lynette at a graduation picnic of a friend's son. He was going off to college in the fall and the party was his big celebratory send off. We were watching as his family reveled in his accomplishments, we viewed beautifully strung memories and photographs in the garage above the cake and food tables, reminding us all of how far their son had come since infancy. As the guests around me were sitting, standing, playing games and eating, I was in my own little world, drawn to stories

about another kind of success; sweet success for children with autism. The disorder is so common it seems (just look at studies over the last 15-30 years and you'll notice the increase in diagnosis). I don't feel I should be telling you about the disorder itself, but the solutions available instead. I was so mesmerized by the idea that success (progress) for children with autism could be achieved (and here, locally) that I exchanged numbers with Lynette that afternoon in June and we promised to get in touch so that I could visit her treatment center and learn more. Finally, a whole seven months later, after keeping in touch but being busy enough to keep us from scheduling, I made my first visit to her center. What I witnessed there, I will never forget. I set aside three hours for my first visit and I could have stayed all day. The experience drew every memory and emotion out of me from when my children were small. How? You say. My children are not on the spectrum, you say. You are right, I say, but what if they were? I would definitely have hope after being here. If professionals told me 19 years ago that my child would probably not talk, sit still, eat on his/her own or use the bathroom (just to start) I would freeze. I would panic. I would cry...probably for a long time. I might find myself in shock every day at the newfound (unwanted) diagnosis and challenges that faced me each morning.

After visiting the center, attending a class there (one of many they offer parents), hearing testimonies of local families and watching children and staff interact, I'm here to tell you that I am in shock for another reason. At Lynette's Integrations Treatment Center I know there is hope and a way to help kids and families. The methods there just different, they make you think. Think that kids diagnosed with autism have more ahead of them than many realize. If you or someone you know is looking for help and hope, please watch this 2-minute true story movie trailer about a family who found help: <https://www.integration-treatmentcenter.com/our-philosophy-at-ite> One last thing I'd like to share from another mom's mouth but liked to be left anonymous "be sure to mention even when the doctors don't give you any hope, there is always a light at the end. I remember leaving the doctors office feeling hopeless and helpless. Early intervention is very important and a quality program will make a huge difference." Check out the video now and if you'd like to read more parenting articles, please visit my blog at: [www.familymatterswithamber.blogspot.com](http://www.familymatterswithamber.blogspot.com).

Learn To Run For Fun!



by Michael Lozitsky  
Once the weather warms up we notice how much the winter slows us down. If you are just a beginner in running, then there are some things to keep in mind. Stretching is great, but you do want a 3-5 minute light warm up (jog, jumping jacks, etc.) for your muscles before doing a deep stretch. This will help prevent injuries and give you a better stretch. If you have a friend interested, run with a partner to keep you motivated! Take the talk test - when first getting started, run/jog at a pace that you are able to talk to a training partner. This will keep you from burning out early in your workout. If you have the extra energy, then finish strong at the end of your workout. As you get fit, you will be able to pick up the pace. If you

are training for a race, ease your way into a running routine with run/walk intervals. This helps prevent injuries from popping up, especially if you have been less active throughout the winter. Setting several small goals can keep you motivated! Set out to do a 5K, and a second one later to beat your time. Lastly and probably most importantly have fun! It's hard to stick with any work out program if you don't like it. As a general rule of thumb, if you have sharp pain for more than two days in a row, or a pain that is just not going away, then you should get the area checked out. Our office treats a variety of sports injuries. If you have any area of concern, contact our office at 216-938-7889.

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### Meet Mr. and Mrs. Jones A Transcendent Couple

Mr. and Mrs. Jones have a special kind of love that involves a true togetherness in many ways. Both had a prior spouse who passed on many years before finding each other later in life while attending church. They have an active retirement life and have lived at the Indian Hills Senior Community in Euclid for decades. It is refreshing to spend time with them as well as inspiring to witness a retired couple in such a vibrant rhythm of creating harmony. For example, they each have a way of doing whatever is necessary to encourage each other and make room for differing opinion, hobbies and passions. Sacrifice and compromise are part of their daily lives. However, it is such a beautiful sort of dance between each other that with a little chat back and forth and tweak here and there, a win-win scenario comes together.

Valuable life opportunities and time can be easily passed over by getting in a stuck place, either individually or collectively in a relationship. Some realize too late in life, some learn only as an individual and yet some figure out together that these stuck episodes can be shaken off very quickly to move forward with forgiving, living, giving and loving all that one can. This ability is one of Mr. and Mrs. Jones unique secrets to a happy life and can be easily seen in their everyday stretching to higher places of loving actions and gestures. (continued on page 29)



## Senior Page

### Euclid's Hilltop Village Voted Best Senior Living for 2017!

by Maria Palmisano

Hilltop Village, located at 25900 Euclid Ave, just earned the award for 2017 Best Senior Living, presented by SeniorAdvisor.com. This award is based on ratings of family members who have loved ones living at senior care facilities across the US and Canada, and places Hilltop Village in the top one percent of all facilities. This includes places that offer assisted living, in-home care, independent living, skilled nursing or Alzheimer's care.

Hilltop Village offers many amenities deeming it worthy of the 2017 Best Senior Living award. Being just one story and having three different floor plans to choose from, Hilltop Village can satisfy most everyone's needs. They even accommodate pets, so you don't have to worry about finding them a new home when making your transition! Every unit has its own outdoor patio, which is kept tidy by the service staff. They make bi-weekly visits to keep up with regular housekeeping such as vacuuming, mopping, and dusting, and daily visits to ensure you are feeling your best. Staff members are also able to help with medication reminders and bathing assistance. Three meals a day are provided by the kitchen, and it is up to you if you'd like to eat in the

social atmosphere of the dining room, or the comfort of your own apartment. If you feel like cooking yourself, you can do so in your own kitchen.

Between, games, lunch outings, shopping trips, ice cream socials, lectures, exercise classes, movies, and much more, the activities director at Hilltop makes sure that everyone's interests and hobbies are fulfilled. Getting to activities, appointments, the grocery store and pharmacy, and church is made easy with wheelchair accessible transportation. According to the residents, Hilltop maintains a fantastic balance between providing care and respecting the freedoms of independent living. The Village Store, postal center, and library are just a few more reasons why Hilltop is great place to live.

If you are interested in learning more about Hilltop Village, visit their website at [www.hilltopvillage.com](http://www.hilltopvillage.com). You can contact them by phone at 216.261.8383, or you can email them at [info@hilltopvillage.com](mailto:info@hilltopvillage.com).

SeniorAdvisor.com helps senior citizens and their families make the best choices about senior care by offering verified customer reviews and ratings for assisted living facilities across the US and Canada.

### Seniors Warming to Tech Innovations

by Laura Mutsko

One of the biggest misconceptions I hear is that people over age 60 are out of touch with today's technology. While older adults may not be snap-chatting each other, they are far from being left behind in the tech world. In fact, older adults are figuring out new ways to make the most of tech gadgets and adapting them to their particular needs.

For example, some older people have difficulty reading normal size text because of aging vision. Others cannot easily get to their local library or bookstore. E-Readers, Kindles and iPads offer an easy solution. With these devices, the text size is adjustable and there are many low-cost and free books, magazines and newspapers available from online libraries and websites. It takes some time to adjust to not turning paper pages, but the convenience can be well worth the trade-off.

The iPad is one of the most popular devices for older adults. Ease of operation is a top ranked feature. Many seniors with hearing problems team up their iPad with headphones to watch television programs without disturbing others. Other are enjoying games, email messaging and internet surfing with their iPad.

Another gadget gaining favor with older adults is the voice activated assistance device. You may know it as an Echo or simply, "Alexa." Alexa can be called on to set a cooking timer, create a shopping list or get

a quick weather update. Need a reminder to take a pill? Ask Alexa to tell you when. Want a new joke when your grandkids are coming for a visit? Ask Alexa. While Alexa cannot call 911, its Ask My Buddy feature will alert one or all of your friends, family members, or caregivers via email, message or a phone call of an emergency. Music can be requested by artist or genre and is the No. 1 reason people use Alexa.

Some seniors are providing trusted friends or family with joint access to their phones so they have the ability to monitor their whereabouts. Using the Find My Phone app, those who share access can get real-time location updates for their seniors who are traveling. Others are providing joint access to their Echo so family or caregivers can make sure they are up and around in the morning or can check their shopping list and pick up any needed items before a visit.

New gadgets can be intimidating and require patience to get used to. But don't give up! Learning new skills is good for everyone, and the benefits far outweigh the frustrations of getting through the learning curve.

If you would like to learn more about your health, life or other insurance options, please call me at 440-255-5700 or email me at [L.mutsko@mutskinsurance.com](mailto:L.mutsko@mutskinsurance.com). We can discuss the various options and I will help you find the right insurance plan for you.

### How Much Will You Pay for Your Part B?

by Ginny Calvey

Charlie is 64 and preparing for Medicare and retirement. He scans the internet availing himself with a multitude of minutiae in his attempt to bolster his balustrade for surviving retirement and living on a limited income. He weighs the pros and cons of a proposed buy out from the company, when to start his social security benefit and how to structure his debt with his future lifestyle.

Having lost over \$60,000 in his 401k account overnight in the 2008 market fiasco, Charlie conservatively is only vested in

guaranteed markets to maintain his retirement portfolio. In an attempt to simplify his expenses, he withdraws \$80,000 and pays off his car, motorcycle and other debt, banking the rest. He works part of the year and decides to start his social security benefit midyear.

Fairly confident he has his finances in hand, Charlie looks to understanding the future of his healthcare in Medicare. While his employment deduction bought the Part A hospital and rehab benefit, the cost for the medical Part B benefit is billed monthly for the retiree and quarterly for those still

working. The cost for Part B is dependent upon your income.

The majority of recipients who file a single tax return of \$85,000 or less (\$170,000 for those filing joint returns), who are retiring this year will pay \$134 a month for their medical benefit under Medicare. Charlie, however because his deduction from his 401k increased his income to over \$150,000 will pay double, a whopping \$267.90 for his Part B premium for the next three years before an adjustment will be made.

The extra money paid for this premium will cost Charlie over \$4500 in the next

three years. When preparing for retirement it is imperative to seek out the help of a specialist in orchestrating the pitfalls of retirement readiness. Retirement can often last in excess of 30 years and needs structuring so you do not run out of money.

Having helped seniors since 1999, I would be happy to review your retirement readiness and help you navigate this next adventure into healthcare. Lets avoid making the costly mistake Charlie made.

### Mr. and Mrs. Jones (continued from page 28)

Little things matter like the way Mr. and Mrs. Jones allow each other to speak in an interaction with respect and care. Too many couples forget the little things which often leads to other things as hours, days, or weeks can slip by out of sync with one another. It is important to challenge one's mind from within by listening to little actions proposed from the heart to soften and re-approach. This is where the potential and power to reshape and shift our decisions lies. We are all truly one decision away from a life changing new experience.

At times, we all have permitted unhealthy exaggerated states to take over; angered, saddened, self-righteous, worried, prideful, obsessed and/or disconnected thought afflictions that should have been limited. Naturally there are going to be disappointments, laws of the land, human weaknesses, odd occurrences and misguided views of how things should have been, should be or in comparison to other cases. The tradeoff of letting things consume us mentally is wasted time and regret. However, we can recognize these states quicker

which leads to more harmony and living. For example, when Mr. and Mrs. Jones know that they are off track too far, they quickly re-center and anchor to more important guiding principles that is evident as they re-focus their energy by making light of things, backing down completely, shifting topic slightly and adding other room for a better perspective.

Our world is filled with media-frenzied temporal hype flashing at high speed attempting to desensitize or encourage us to feel fed up with perceived weakness, make something out of nothing and follow "the crowds" with a superimposing of comparative slants, quick fix products or false truths upon every facet of our lives. One can truly get misaligned to current blessings by not listening and amplifying the vital, yet quieter messages within the hearts of those we love and our-selves. In other words, couples like Mr. and Mrs. Jones remind us that without developing good habit of ignoring and turning off the wrong messages, our minds can send us through detours of risky distractions and rationalizations that rob us of opportunities to remain connected in

harmony with one another and see the gifts we have.

Learning to continuously invest, contribute, share and build moments out of nothing are essential in a winning relationship. While it is rare to find a deeply committed type of love to model after, we can take pieces and parts from generations before us and among us to shape our habits and mold our values. We can learn to quickly get past life detouring signals, emotional traps, and false truths. Like Mr. and Mrs. Jones, we need to care, listen and open-up more to each other. Sooner or later we are going to wish we had much more time. However, if

we wise up sooner, we can have a beautiful life now through an appreciation for both the commonalities and differences between one another. A couple can become so much more as a whole than just the sum of its individuals.

Make a difference in your own relationship and beyond... choose every day to listen to your heart not your head, think team first and foremost, as well as live with grace, purpose and a willingness to do what is right.

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Scott Andrew Mills  
Principal Agent

# Senior Page

## Bob's Corner



by Bob Payne  
In this crazy world is true love even possible?

Yes, it is possible when two people put each other's happiness first. It's possible when both are genuine and sincere.

Many people find that difficult because it means being open and vulnerable enough to reveal your true needs, wants and feelings. If you won't be open, odds are your deep desires won't be met.

Without self-revelation, how can you ever be loved for who you really are?

People tend to hide. They build walls. They've been hurt, so trust is an issue and they only reveal the safe parts of themselves. And as a result they never get to experience the deep, life-giving relationship they long for. But, there are those who show us how it's done.

He brought his wife into the Senior Center to have her blood pressure checked. He sat quietly, waiting.

I sat next to him and asked how he was feeling. He told me he had radiation therapy yesterday, and that the treatments made him feel real tired. Add to that the chemotherapy he was enduring, and it struck me as remarkable that he was out at all. We see each other every few weeks and our conversations always go deep. Today, we talked about life and death. He told me about his many successes and his few regrets. He shed a tear when he talked about the possibility of having to leave his wife of 50+ years. They had grown so close that they knew what each other would say before it was said. They often finished each other's sentences. He smiled a little, and then he looked down and told me that he had taken care of everything for the future so she wouldn't have to worry. He came to the conclusion that it is better that he go first, because there is no way he could live, or even function, without her.

Though our conversation in the corner of the library was brief, I recognized true love.

When a couple like this gets to the end of their life together it won't matter what house they lived in, the type of car they drove, or all the things that they had. What will matter is that they had each other.

Bob Payne, Manager

## Euclid Senior Center

All the programs listed are available at Euclid Lakefront Community Center  
1 Bliss Lane, Euclid, OH 44123  
216-289-2985 www.cityofeuclid.com



Senior Center  
Daylight Savings Time Begins March 12th

### ENTERTAINMENT

#### Breakfast with the Bob



Breakfast with Bob will be on Thursday, April 13th at 8:30 AM at Maria's Family Restaurant, 22578 Lakeshore Blvd. (Please note the new address). Yum!!! You must have your OWN transportation to and from the center.



**April 11th & 25th - Fun BINGO**  
Bingo for Prizes - 1:00 - 2:00 p.m. - FREE  
Sponsored by Manor Care of Euclid Beach & Mount St. Joseph.

#### Easter Egg Decorating

Wednesday, April 12th - 12:30 p.m.  
Help us decorate the eggs right after lunch in the dining room.

#### EASTER PARTY

Thursday, April 13th from 10:45 - 11:45  
Join us for Easter Fun, games, refreshments.  
Sponsored by Humana.

#### Music Bingo Ohio

Tuesday, April 18th - 11:00 a.m.  
Join Kenny Gilder for Bingo + Music + Fun = A Music Bingo Party.



**BIRTHDAY DAY- April 19th**  
Cup Cakes Sponsored by Hillside Plaza. Ice Cream Sponsored by Euclid Senior Programs.

#### F.F.F.

Join us Thursday, April 20th - 10:30 in the Library for Fun For Foodies. Sign-up at the front desk. Join Chef Marvilyn Cooper from the Harvard Bistro. Only those who sign-up will be able to partake in the food! See Monica with any questions. Thanks!



**NATIONAL TELL A STORY DAY**  
Be here on Thursday, April 27th for National Tell a Story Day. This year, YOU are the story. There will be some fun activities starting at 11AM. Please join us



#### TRIPS

Tuesday, April 11th - Leave the Senior Center at 1:00 p.m. and return to the Center around 3:00 p.m. \$ 5.00 per person, per trip. Take a ride in our van to Fresh Thyme Farmers Market.

#### Grande Pointe Fun Bingo

Tuesday, April 18th - Leave the Senior Center at 1:15 p.m. and return to the center around 3:00 p.m. Take a ride in our van to Grande Pointe in Richmond Hts. for a FUN BINGO including prizes & cookies. It's FREE - Register at the front Desk.

#### Bus Trips with Wickliffe Senior Center.

Presque Isle Trip. Tuesday, April 25th Bus picks up here at 8:00 a.m. Cost \$27, but you get \$25 in slot play. Make checks payable to Wickliffe Senior Center. Sign-up at the front desk. See Monica with any question.

#### Rocksino Northfield Park

Thursday, April 27th - Leave the center at 9:00 a.m. and return to the center approximately 3:00 p.m. \$15.00 per person, per trip. Drop off at casino front door. Register at the front desk. LIMITED SEATING: however, we must have at least 10 people registered. You must be a member or pay \$25.00. No Refunds unless your spot is filled.  
**Breakfast with Grande Pointe**

Wednesday, April 12th - 9:30 - 10:30  
Breakfast with Grande Pointe. Join us for muffins or bagels, fresh fruit, coffee and tea. Please sign-up at the front desk by March 6th

#### FREE FRESH PRODUCE

Euclid Senior Programs  
Monday, April 24th - 12:30 - 2:30 PM (or until all produce is gone)  
First Come First Served Please bring your ID You must be a member of Euclid Senior Programs to Participate.

#### SPEAKERS

##### Hearing Health

Friday, April 7th - 11:00 a.m.  
Lori Rosenberg from Cap Tel will be here to talk about Hearing Health.

##### Community Police Talk

Thursday, April 13th at 12:15 p.m.  
"Cop -a- Question" - Immediately after Lunch. Members from our Police Department update us monthly and will answer all your questions. Can't be here? Leave your questions at the front desk. Also, if you have old medication that you need to discard, this will take it as long as it is not liquid or needles.

##### Grief Support Group

Thursday, April 13th at 12:45 p.m.  
This Grief Support Group is for anyone who has experienced the death of a loved one whether it was a spouse, child, parent, sibling or friend. Please join us for a new opportunity provided by Euclid Senior Programs & Hospice of the Western Reserve

##### Problem Gambling Education

Friday, April 21st - at 10:30 a.m. Please join us for an informative presentation that will cover problem gambling definitions, trends and risk factors, as well as review types of gambling activities and responsible gambling practices.

##### Muffins with Superintendent

Dr. Charlie Smialek  
Monday, April 24th - 11:00 a.m. Euclid School Superintendent Dr. Charlie Smialek will be here at the Euclid Senior Center.

##### Low Vision Support Group

Monday, April 24th at 10:00 a.m.  
If you or a family member suffers from Macular Degeneration, Diabetic Retinopathy, Glaucoma, Cataracts, Stroke to the Optic Nerves or other eye related problems, Don't miss this talk.

##### RTA-Paratransit Information Talk

Friday, April 28th - 11:15 a.m.  
A representative from RTA's Community Relations Department, Erica M. Gordon, will be here to discuss updates with RTA and answer any service related questions and Paratransit.

##### GARAGE SALE

Don't throw away your knick-knacks! We

# Senior Page

will be having a Garage Sale on Thursday, June 22nd - 10:00 - 2:00 benefiting Senior Center activities. We will accept items in good shape. Sorry - NO Clothing.

#### SERVICES



DPS Tuesday, April 11th  
10:00 a.m. to Noon & 12:30 - 1:30 p.m.  
20 - Minute free consultations.

Have a question for an attorney regarding estate planning, wills, trusts, Medicaid Eligibility, Long Term Care Needs, or Veterans Benefits? The attorneys at Daniel P. Seink Co. offer vast experience in the field of elder law. Founder and Managing Partner, Daniel P. Seink, is one of twenty Ohio attorneys certified as an Elder Law Attorney by the National Elder Law Foundation. Sign up for a 20 - minute time slot (FREE) at front desk. This service will continue on the second Tuesday of each month.

#### BENEFITS CHECK-UP - FREE

Monday, April 17th & 24th  
9:00 a.m. - 1:00 p.m.  
Euclid Senior Programs also coordinates the Benefits Check - Up Program at the Lakefront Community Center. Benefits Check - Up is a program to screen adults 60+ for over 70 money-saving programs: prescription drug assistance, help paying Medicare premiums, help with heating bills, phone discounts, and much more.  
Call 216-289-2985 to schedule an appt.

#### Podiatrist

Dr. Bangayan will be here on Wednesday, April 12th & 26th at 9:20 a.m. to 11:00 a.m.  
Call 289-2985 for an appointment at the center. Fee - \$20.00, with your membership/Chair Yoga - Mondays at 9:00 and 10:00 a.m. AC \$ 3.00 per class.

#### HEALTH AND FITNESS

Yoga - Thursdays at 9:00 a.m.  
Annex Room \$ 3.00 per class.

## YMCA's Senior Health & Wellness Fair

by Carrie Serrano

The Euclid Family YMCA's 2nd Annual Senior Health and Wellness Fair will be held on Wednesday, April 26th 10am-1pm. Health screenings provided by Cleveland Clinic Euclid Hospital will include blood glucose checks, cholesterol checks, blood pressure checks, and hearing screenings as

**Tai-Chi** - Tuesdays at 3:30 p.m.  
DR - Six week series - \$24, Drop-ins \$6.00 per class.

**Billie Exercise Class** - (Chair)  
Tuesdays & Thursdays 10:00 a.m. - Computer Room

**Line Dance** - Thursdays at 1:00 p.m.  
Free Blood Pressure Checks  
Thursdays mornings 10:00-11:00 a.m. Please give your name to the volunteer and she will issue you a number. Wait in the hallway until your number is called.

**Chair Exercise to Music** - 11:00 a.m.  
DRA - Wednesday

**Silver Sneaker Class** - 10:00 - 10:50 a.m. - Dining Room Annex Mondays, Wednesdays and Fridays. Free with Silver Sneakers membership. No Silver S. Class on Monday, March 27th

#### FUN AND GAMES

**BEADING CLASS:** Monday, March 6th - 10:30 a.m. to Noon. FREE to members

**Quilting Class** - 2nd & 3rd Thursdays - 12:30 p.m. - 2:30 p.m.

**Pinocle Tournament** - Fridays - 1:00 p.m. Computer Room.

**Open Card Play** - Wednesdays at 1:00 p.m. Card games, Pinocle, Bridge & Rummy.

**Bingo** - Monday, Wednesday & Friday 12:45 p.m. - Dining Room.

**Pool Tournament** - Friday, April 21st 9:20 a.m. March winner - Bill Appling

**Crochet** - 10:00 a.m. - Tuesday, AC

**Adult Coloring** - 1:00 Tuesday, AC

**Chair Volleyball** - 12:45 p.m.

**Dining Room** - Thursdays

#### EDUCATION

**SOCIALIZATION** - Bible Study - non-denominational group is led by Artis Powell. The group meets Tuesday morning at 10:00 a.m. - Library.

**Arts & Crafts** - 10:00 a.m.  
Wednesday - AC

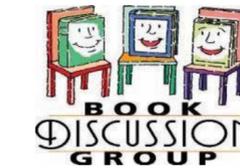
**Sewing** - 10:00 a.m. - Thursday, AC

**Art with Jack** - 12:45 p.m. Tuesday

**American Red Cross Blood Mobile**  
Thursday, March 2nd 1:30 p.m. to 6:00 p.m. Dining Room Annex.

**AARP Meeting**  
Monday, April 3rd - 1:00 p.m.  
Speaker: Allen Kinney from Great Day Tours on Travel.

**CARP Meeting**  
Thursday, March 23rd - 1:00 p.m.



**Book Discussion** - May 8th  
At 1:15 p.m. in the Senior Center Library. Jennifer from the Euclid Public Library will lead the discussion on the book, "A Man Called Ove" by Fredrick Backman.

**Post Office On Wheels**  
Friday, April 21st 10:45 a.m. - 11:15 a.m. Special Services, Money Orders, Stamps & Packaging Supplies are available.

**Get Well Cards**  
We will be glad to send a card to a member who is recovering, feeling down or just needs a little boost. Let Sylka know if you would like a card sent to another member to

help brighten their day and give a little encouragement. 216-289-2985.

#### Nutritional Programs

Euclid Senior Center offers a lunch program Monday through Friday at Noon. We serve a nutritious meal that supplies 1/3 of your daily nutrition requirements. Our menus are written by a licensed dietician to insure you receive a healthy lunch.

The suggested donation is only \$1.00. Reservations are to be made Monday, Tuesday or Wednesday, BY NOON for the following week. When reserving, please be conscientious and look ahead to make sure you reserve lunch for the days you know you will be here. We now have to report the number of no-shows and seconds. Please help us to lessen the no shows/seconds. You can help to make a difference. Thank you!

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Mon., April 3 6-7:30 pm

Willoughby Hills Library  
440-942-3362 to register

Thur., April 27 • 7-8:30 pm

SELREC - Brush High School  
216-382-4300 to register

Tue., June 20 • 6-8 pm

Lakeland Comm. College  
440-525-7116 to register

440-255-5700

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These events are for educational purposes only and no plan specific benefits or details will be proposed. Limited seating. Pre-registration required. Some nominal fees may apply.

<p style="font-size: small; color: gray;">...providing resources for healthy living.</p>		<p style="font-size: small;">LAKESHORE ROSE CENTER 16600 Lakeshore Blvd., Cleveland OH, 44110</p>	<p style="font-size: small;">LAKESHORE ROSE CENTER 16600 Lakeshore Blvd., Cleveland OH, 44110</p>
Monday	Tuesday	Wednesday	Thursday
10:00 Coffee and chat with friends	10:00 Coffee and chat with friends	10:00 Coffee and chat with friends	10:00 Coffee and chat with friends
10:30 Yoga/Meditation	10:30 SilverSneakers exercise	10:30 Various Activities	10:30 SilverSneakers exercise
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30 Line Dancing	1:00 Knitting group	12:30 Bingo	12:00 Bible study
1:00 Cards, puzzles, games	216.373.1915		
<p style="font-size: small;">1:00 Computer lab open Movie afternoon</p>			

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C1. Mixed Vegetables	6.95
C2. Chicken Chow Mein	6.75
C3. Shrimp Chow Mein	6.95
C4. Roast Pork Egg Foo Young	6.95
C5. Lo Mein (Chicken/Pork)	6.95
C6. Chicken w. Cashew Nuts	7.50
C7. Sweet & Sour (Chicken/Pork)	6.95
C8. Pork w. Chinese Vegetables	6.95
C9. Moo Goo Gai Pan	6.95
C10. Chicken w. Broccoli	6.95
C11. Shrimp w. Broccoli	7.50
C12. Shrimp w. Lobster Sauce	7.50
C13. Beef w. Broccoli	7.25
C14. Pepper Steak w. Onion	7.25
C15. Sesame Chicken	7.50
C16. ★ General Tso's Chicken	7.50
C17. ★ Curry Chicken w. Onion	7.25
C18. ★ Hunan Chicken	7.50
C19. ★ Chicken w. Garlic Sauce	7.50
C20. ★ Hot & Spicy Pork	7.50
C21. ★ Baby Shrimp w. Garlic Sauce	7.50
C22. ★ Shredded Beef Szechuan Style	7.50
C23. ★ Spicy Fried Jumbo Shrimp	7.95
C24. Broccoli w. Brown Sauce	6.95
C25. ★ Broccoli w. Garlic Sauce	6.95
C26. ★ General Tso's Shrimp	7.75
C27. Spare Ribs	8.25
C28. Wor Sui Gai	7.50
C29. ★ Kug Pao Chicken	7.50
C30. Boneless Spareribs	7.95
C31. ★ Mongolian Beef	7.75
C32. Bourbon Chicken	7.50
C33. ★ Spicy Orange Chicken	7.50
C34. Hibachi Chicken	8.25
C35. Hibachi Beef	8.75
C36. Hibachi Shrimp	8.75

**LUNCHEON SPECIALS**

MON-SAT FROM 11AM TO 3PM - Served with Fried OR Steamed Rice

L1. Chicken Chow Mein	4.95
L2. Shrimp Chow Mein	4.95
L3. Pepper Steak w. Onion	5.25
L4. Roast Pork Egg Foo Young	4.95
L5. Shrimp w. Lobster Sauce	5.75
L6. Beef w. Broccoli	5.25
L7. Sweet & Sour (Chicken/Pork)	4.95
L8. Moo Goo Gai Pan	4.95
L9. Pork w. Chinese Vegetables	4.95
L10. Spare Ribs	6.75
L11. Roast Pork Lo Mein	4.95
L12. Shrimp Mei Fun	5.25
L13. ★ Curry Chicken w. Onion	4.95
L14. Shrimp w. Broccoli	5.75
L15. Chicken w. Broccoli	4.95
L16. ★ Hot & Spicy Pork	5.50
L17. ★ Baby Shrimp w. Garlic Sauce	5.50
L18. ★ Shredded Beef Szechuan Style	5.50
L19. Sesame Chicken	5.50
L20. ★ Chicken Garlic Sauce	5.50
L21. ★ Hunan Chicken	5.50
L22. ★ General Tso's Chicken	5.50
L23. Mixed Vegetables	4.95
L24. Broccoli w. Brown Sauce	4.95
L25. ★ General Tso's Shrimp	6.50
L26. ★ Spicy Fried Jumbo Shrimp	6.50
L27. ★ Kung Po Chicken	5.50
L28. Boneless Spareribs	6.75
L29. ★ Mongolian Beef	5.50
L30. Chicken w. Cashew Nuts	5.50

**CHEF'S SUGGESTIONS** With White Rice

88. Happy Family	10.95
89. Seven Stars Around The Moon (for 2)	13.95
90. Seafood Delight	13.95
91. Triple Crown	10.25
92. Four Seasons	10.95
93. ★ Double Delicacy	10.95
94. ★ General Tso's chicken	9.50
95. ★ Shrimp & Chicken Hunan Style	10.95
96. ★ Spicy Fried Jumbo shrimp	10.95
97. ★ Dragon & Phoenix	10.95
98. ★ Shrimp & Pork w. Golden Brown sauce	10.75
99. Moo Shu chicken or Pork	9.50
100. ★ Beef w. Scallop in Garlic sauce	12.25
100a. Hibachi chicken	9.95
100b. Hibachi Beef	10.75
100c. Hibachi shrimp	10.75

**EXTRA ITEMS**

Crispy Noodles	50c
White Rice	(PL) 1.75 (Q1) 2.50
Fortune Cookies	50c
Soy/Duck/Mustard/HotSauce (5)	25c
Can Soda	80c
2-Liter Soda	2.25

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**FAMILY DINNERS**

**\$8.95 PER PERSON**

Includes Wonton Soup, Egg Rolls, Fried Rice, Fortune Cookies

For 2 People	18.50
Choice of 2 Entrees under 8.00	
For 3 People	27.25
Choice of 3 Entrees under 8.50	
For 4 People	36.00
Choice of 4 Entrees under 9.00	

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