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Volume 9 • Issue 5

May 2017

Chipotle Opens in Downtown Euclid at Shore Center



Chipotle is now open in Downtown Euclid at Shore Center (22250 Lake Shore Blvd). The long-awaited project developed by Carter Properties invested over \$1.1M in Downtown Euclid. Doors opened to a crowd of more than one hundred hungry onlookers at the Grand Opening Ribbon Cutting Ceremony on Thursday, April 27th. The restaurant is open 10:45am-10:00pm daily. Photo Credit: Scott Muscatello

Vigil at Mr. Cars



Councilman Polensek addresses the large crowd of neighbors gathered for the vigil at Mr. Cars

Community Members are Honored at SRW's Taste of Nations



Dr. Daniel Napierkowski, Euclid Hospital President, accepts the 2017 'Community Award' from Fr. John D. Betters.

by Ellen Ivory

On April 1, 2017, Ss. Robert & William Catholic School held its annual Taste of Nation's Gala. This is an evening to embrace and celebrate the diversity in our school, parish and community. This year's sold-out event featured culinary delights from eight countries, entertainment, raffles and a host of other activities.

An important feature of the evening was the recognition of five honorees, each receiving a 2017 Taste of Nation's award. The recipients are: Euclid Hospital - 'Community Award', Karen Long - 'Faculty Award', Jay and Juanita Sweet - 'Grandparent Award', and Patrick Vuyancih, Jr. - 'Alumni Award'.

All proceeds benefitted the Ss. Robert & William Catholic School community.

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Sammich Joins Euclid's Growing Restaurant Scene



by Brian Iorio

Chef/owner Randy Carter of Jack Flaps and Jack Flaps Luncheonette, both in Cleveland, quietly opened a new concept in Euclid on E. 185th Street in April. Sammich focuses on fresh, quality ingredients to create delicious sandwiches perfect for lunch or dinner. The shop also sells meat by the pound and whole, house-made smoked turkeys in addition to catered party trays.

On why he chose East 185th Street for his newest venture, Randy says "I grew up in the area and have fond memories of Euclid and East 185th Street... I want my kids to have the same memories and I want to be a part

of the rebuilding of this area."

Mayor Kirsten Holzheimer Gail shares Randy's optimism about the neighborhood. "I'm excited about the new businesses opening up on East 185th Street... Shirley's Loft, Irie Jamaican Kitchen and now Jack Flap's Sammich are adding to what is an already excellent group of long-standing businesses on the street."

Call ahead (350-6888) for take-out or stop by when hunger strikes Monday through Saturday from 11:30am to 8:00pm. Sammich's official grand opening is Monday, May 8th so be sure to join in the festivities!

Dialogue



YOUR INDEPENDENT SOURCE FOR EUCLID NEWS & OPINION

Published monthly with a current circulation of 10,000+ copies. The paper is made available free of charge and can be found at business locations within the City of Euclid and on our web site. The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the publisher and staff.

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As a product of citizen journalism, The Euclid Observer is looking for people, ages 3 to 100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers and illustrators to help with the production of the paper. It does not matter if you are a professional or an amateur, our editorial staff will be glad to help you through the process.

Register at our website Member Center where you can submit stories, press releases, letters to the editor and photos. Go to www.euclidobserver.com, click on Member Center, sign in, click on Submit Story, and start writing. No need to register to post online calendar or classified ads.

You can mail your stories to the Euclid Observer office at 650 E. 185th St., Cleveland, 44119.

Next deadline: May 25, 2017

www.euclidobserver.com 216.505.0185

Email us at EuclidObserver@gmail.com

PUBLISHER John Copic

ADVERTISING John Copic, 216.505.0185

WEBMASTERS Dan Ott, Jim O'Bryan

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From the desk of the Mayor



Happy May! I hope you are enjoying spring in Euclid. For all those able to help with the Spring Clean-up, thank you! We have been working hard to spruce up our community and I appreciate all the residents, businesses, schools, churches, neighborhood associations, beach clubs and community organizations who took the time to help. Thanks to the "Keep Euclid Beautiful" group for organizing this effort and others. We need to continue this effort throughout the year – it is up to all of us to help Keep Euclid Beautiful! If you want to learn how you can help, please call 289-2751.

Welcome to Chipotle who opened their

Euclid site (22250 Lakeshore Blvd) on April 27th and has been busy ever since. We are glad to welcome them to our mix of dining options in our downtown district. We are also glad to welcome Jack Flaps SAMMICH at 651 E. 185th Street. Stop by for a great sandwich, meats or catering. Euclid Brewery (21950 Lakeshore Blvd.) will be adding outdoor seating soon, we appreciate their continued investment in our community. Our local businesses depend on our support – please remember to shop, eat and drink at our local businesses.

Euclid Relay for Life will be Friday, May 19th from 6:00 pm to 12:00 am at Euclid High School Stadium. Relay for Life is a volunteer run event that brings together the community to remember loved ones lost to cancer, honor the survivors of all cancers, and raise funds to help in the research, education, care and prevention of cancer. I hope you will join us for at least

part of the event, it is always very moving.

I hope to see you at the Euclid Memorial Day Parade, Monday May 29th. The theme is "If You Value Your Freedom, Thank a Veteran." The day begins at the Euclid Cemetery with graveside services at 7:45 am followed by a ceremony at St. Paul's Cemetery at 8:15 am. The parade begins at 10:00am at E. 228th and Lakeshore Blvd and proceeds to City Hall. Following the parade will be services at the Veteran's Memorial next to City Hall. Please join me in honoring those who fought for our country and our freedom by participating in these activities. A special thank you to all our veterans and their family members for your service and support of our community!

I would also like to send a special thank you and Happy Mother's Day to the mothers and grandmothers!

Mayor Kirsten Holzheimer Gail

Ask An Officer



from the Euclid Police Department

Question: What are some summer activities offered by the Euclid Police Department?

Answer from Officer George Panagiotou:

Our PAL Soccer Summer Camp is another great opportunity for us to connect with our community's kids. Each camp is a full week of work that will improve every child, not just soccer players. From athletic training with cones and hurdles and ladders to the small, action packed games we will play, this camp is sure to give our kids a great experience.

Euclid Police Athletic League (P.A.L.) has partnered with Euclid High School Boys and Girls Soccer Teams to create a week long soccer summer camp

This week long camp will focus on developing balance, agility, speed, and strength through our performance training and technical skills with the ball by playing fun drills and games! Any child from 5 years old through 8th grade may attend. Players will be grouped by age and ability. There are two dates available for children to sign

up. Families may register for one or both of the camps if they'd like. Cost for each camp is \$25.00 per player and includes a camp shirt! Proceeds for these camps go to the Euclid High School Soccer Programs.

Camp #1 June 19th – 23rd at Babbitt & Milton Soccer Fields across from YMCA
Camp #2 July 17th – 21st at Babbitt & Milton Soccer Fields across from YMCA

Each camp is Monday through Friday, from 10am to 12pm each day.

GEAR LIST: Players should bring a soccer ball, cleats or tennis shoes, shin guards and socks, and a water bottle each day.

TO REGISTER:

Please return your PAL Soccer application & CASH ONLY payment of \$25.00 per participant to: Euclid Police Department - 545 E. 222nd St., Euclid, OH. (216) 289 - 8533

FOR MORE INFO, check out <http://euclidpd.org/pal> Euclid Police Facebook Page or twitter at @Euclid_PD. Email: P.O. George Panagiotou at gpanagiotou@euclidpd.org

Answer from Ed Bonchak:

The Euclid Police Department's Junior Police Academy is designed to motivate young people to be outstanding citizens through law enforcement education. While being a part of our community policing program, the Junior Police Academy encourages our young citizens to better understand the role of the police officer while at the same time help build trust among youth and the police in general.

The academy is open to all middle school

students who reside in the City of Euclid and will take place from 9:00 a.m. – 3:00 p.m. at the Euclid Police Department, one week during the summer. The cost is \$10.00 and the cadets are required to...

- Be on time
- Participate in light physical training
- Bring their own bag lunch
- Be responsible for a daily tour sheet

Space is limited and applicants will be considered on a first come first serve basis. For more information contact Ed Bonchak in the Community Policing Unit at (216) 289-8667 or at ebonchak@euclidpd.org To learn more about The Junior Police Academy and it's many programs, go to, www.juniortpoliceacademy.org.

Safety Town is a one week child safety program offered by the Euclid Police Department in conjunction with Euclid City Schools. Safety Town is only for Euclid children who are entering Kindergarten in the fall. Students learn valuable safety lessons from police and other safety-based organizations which include:

- Child pedestrian traffic safety
- 9-1-1 phone call procedure
- Poison awareness
- Stranger Danger
- Eddie Eagle Gun Safety
- Pool safety
- Bus safety
- Fire safety

For more information contact, Ed Bonchak in the Community Policing Unit at 216-289-8667, or email ebonchak@euclidpd.org.

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Euclid Library

Summer Reading Program Returns June 5!

SUMMER READING
for all ages!

MONDAY, JUNE 5 - SATURDAY, JULY 22
at the Euclid Public Library

BUILD a Better WORLD™
Are you planning a fun-filled summer?
Don't forget to put the Euclid Public Library on your list!
From adults to children, there is something for everyone in our Summer Reading Program.

The fun begins with our kick-off celebration on
MONDAY, JUNE 5 // 1:00 - 4:00 PM
Come and register for the Summer Reading Program then enjoy some fun activities!

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by Ashley Gowens

This summer, join Euclid Public Library as we Build A Better World with this year's Summer Reading Program! Transform your world through programming geared to build bridges in our community, while fostering a love for reading and prevent summer reading loss. Summer Reading is for the entire family, and everyone has a chance to win prizes!

Join us on Monday, June 5 for our Summer Reading Kick-Off Event from 1:00 – 4:00 PM in the library gardens. Experience hands-on science courtesy of the Center of Science and Industry, COSI Columbus, get up close and personal with City of Euclid service and emergency vehicles, and get to know the librarians and staff at EPL during this fun-filled day!

Update on Library Funding



(left to right) Mentor Public Library Director Cheryl Kuonen, Sen. Kenny Yuko, and EPL Director Kacie Armstrong during Ohio Library Council Legislative Day.

by Ashley Gowens

As we work to achieve our goals, we are fully aware of our upcoming financial challenges proposed by the state budget. In March, Director Armstrong traveled to Columbus with hundreds of other library directors and supporters to urge our local legislators to protect the Public Library Fund (PLF), which currently stands at 1.7%. If our legislators return state fund-



Marketing and Communications Manager Ashley Gowens with Rep. Kent Smith.

ing to Ohio's public libraries back to 1.66%, collectively libraries stand to lose more than \$7.7 million dollars. Public libraries have been providing lifelong learning opportunities to our 8.7 million library card holders for years. Please help us by contacting your local legislator and urge them to Protect the PLF. To learn more about the PLF and how you can support local public libraries, please visit libraryfunding.ohc.org

Euclid Public Library Community Survey Results

WE ASKED, YOU ANSWERED!

MORE THAN 1000+ PATRONS PARTICIPATED IN THE COMMUNITY SURVEY ABOUT THE LIBRARY AND HOW WE CAN BETTER SERVE YOU. RESULTS OF THE SURVEY HELPED GUIDE EPL'S 2017-2020 STRATEGIC PLAN.

OVERALL SATISFACTION 88%

SATISFIED WITH RESOURCES AND SERVICES PROVIDED

euclidlibrary.org/communitysurvey

by Ashley Gowens

In 2016, the Euclid Public Library surveyed 1000+ patrons about the library and how we can better serve you and received an impressive forty percent response rate. The questionnaire had a wide-range of questions, including overall satisfaction ratings of library services and offerings, safety, technology, customer service, communication and outreach, facilities, and more.

Euclid Public Library Board of Trustees and the Library Strategic Planning Committee reviewed the results of the survey and used the information to support actions steps in the 2017-2020 Strategic Plan. The Board approved the 2017-2020 Strategic Plan on Tuesday, March 21 at its regular board meeting. Results include Facilities Index, Program Index, Technology Index, Staff Index, Collection Index, Operations Index, Speed Index, Malfunction Index, and Areas of Focus. To view the full report, please visit <http://euclidlibrary.org/communitysurvey>.

May Programs at the Euclid Public Library

Ashley Gowens

Color Yourself Creative

Monday, May 15 7:00 PM / Lake Room

Join us once a month as we explore coloring, along with other creative techniques, as a way to reduce stress and release your creative side. Refreshments, music, and supplies will be provided. All adults are welcome, no experience necessary!

Hooray for Captain Underpants!

Saturday, May 20

2:00 PM / Eric & Babbitt Rooms

Join us as we celebrate our favorite superhero – Captain Underpants – as he gears up for his first feature film! Games, crafts, and fun await as we enjoy some "lafis" and save the day. Tra-la-laaa! Children under 8 years old must be accompanied by an adult. Space is limited. Registration required and begins May 6. (Grades 2 – 6)

Know the Stroke Sign: BE Fast

Thursday, May 25

7:00 PM / Lake Room

Did you know May is National Stroke Awareness Month? Join Jessica Tramonozzi, BSN, RN, CCM, Stroke Coordinator, Euclid Hospital, as she discusses how to control your risk factors, and teach you how to recognize stroke signs and respond appropriately to this emergency. Free blood pressure screenings and stroke assessments will be offered before the presentation beginning at 6:30 PM. Register at clevelandclinic.org/communityevents.

For a complete listing of programs visit www.euclidlibrary.org

Join the Discussion at: www.euclidobserver.com

Euclid Recreation Department

The Hidden Treasures of Park Space



by Maria Palmisano

We don't always think of our park spaces as valuable resources. Many days we don't think about them at all, being so caught up in the small details of everyday life, but they hold many unsuspectingly valuable features that are often completely overlooked. Did you know that your home could be worth more just because it is located close to a park? Did you know that certain plants and trees reduce storm water run-off and can process polluted water before it ever reaches the sewer plant? Did you know that walking in a park can improve your mood and lower your blood pressure? Not only do parks provide us with a leisurely gathering place, but they also contribute to the health

and vitality of our communities.

Property values are a defining asset for communities. People make buying and selling decisions based on a neighborhood's property values, and various studies have found that the value of a home increases the closer it is to park lands. Studies have also shown that green communities are especially inviting to those who are considering a change of address, and that the availability of green spaces in a given area can substantially effect the amount of tax revenue a municipality brings in year to year. Expanding and improving green spaces can be an effective way to attract and retain a healthy residential population, as people who visit their local parks often feel

a more heightened sense of neighborhood satisfaction than those who do not.

Parks give communities an ecological advantage, as well as an economic one. Impervious surfaces, such as roof tops, parking lots, and roads are not able to absorb water. When heavy rains fall, water runs off impervious surfaces, picking up debris and pollution as it makes its way to ditches and streams. The prevalence of trees and green space minimize the effects of runoff and pollution by absorbing the fast moving water before it ever enters the waterways. Since runoff is very dirty and causes erosion, green space provides invaluable protection from pollutants and contamination in our water systems. Green space can also

prevent flooding, and eases the burden put on sewer systems after large storms.

There are also many health and social benefits of having park lands in your neighborhood. Some of the health benefits that can be reaped from just walking in a park or green space include boosted metabolism, higher self-esteem, reduced mental fatigue, and reduced levels of stress or anxiety to mention a few. Open green space facilitates community gatherings, bringing all ages together to enjoy the outdoors and strengthen neighborly bonds.

Parks provide an escape away from the electronic world, and foster positive activities and behaviors. Green space is economically, environmentally, and socially beneficial for communities, and provides free recreational opportunities to all people. Whether you like to seriously exercise or just enjoy a relaxing walk, local parks are fantastic amenities to connect you with the outdoors. Here in Euclid, we are fortunate to have many different parks, equipped with everything from playgrounds and basketball courts to fishing opportunities. You can find a map of all the parks in Euclid on the back cover of the Euclid Recreation guide booklet.

For more information about the benefits of parks and green space, please visit the following websites: <https://www.clevelandmetroparks.com>, <http://www.nrp.org>, <http://depts.washington.edu/hhw>, <http://www.georgewright.org>, <https://www.npca.org>

May Bike News and Bicyclist of the Month



James Sonnhalter at the start of the 2016 Pan Ohio Hope Ride, Cincinnati Ohio.

by Kath Sonnhalter

Euclid, OH., March 29, 2017- This Earth The exciting new BikeBike Commuting+Touring Forum (<https://BIKEBIKE.space>), created and hosted by Bike Euclid, took place April 23, 2017. Thank you to the large outpouring of volunteers who showed up to set up and volunteer at the event. Bicyclists, neighbors and friends from Euclid, Collinwood, and throughout the region, learned from and shared with each other their experiences pedaling a bike to work and enjoying a vacation by bike. Euclid's own Mayor Kirsten H. Gail attended. The event will now be held annually and the website will remain available as a resource.

May is National Bike Month, sponsored by the League of American Bicyclists and celebrated in communities across the country since 1956. Here is what's happening in Euclid:

- 5/4 National Bike to School Day
- 5/TBD Our Lady of the Lake 7th Grade STEM Clean Energy
- 5/6 Meet n Greet and Social Ride to Burning River Roller Derby
- 5/13 CycloFemme Saturday Women's Ride
- 5/17 Ride of Silence
- 5/19 National Bike to Work Day Euclid Energizer Station VASJ
- 5/29 Euclid Memorial Day Parade - Meet behind Irish American Club
- 6/3 East 200th Street Stroll

Go to www.facebook.com/euclidbikes for event details.

Euclid Bicyclist of the Month
May Bicyclist of the month James Sonnhalter, Euclid resident.

Where do you enjoy riding?

I enjoy riding anywhere. I commute to Downtown from Euclid. For fun, I ride to visit family in Akron or Hudson, or spend a day riding the Cleveland Metroparks Emerald Necklace. I ride to the store. To Sims



James Sonnhalter at the start of a typical morning commute from home in Euclid to Downtown Cleveland

Park or Wildwood. I serve as bicycle escort for the Para-athletes who compete in the Cleveland Marathon. For years I've ridden the Pan Ohio Hope Ride from Cleveland to Cincinnati. Not in one day. It's a fundraiser for the American Cancer Society Hope Lodge system. Ask me more about how you can donate to the cause.

Ride transportation, recreation, or both?
Describe the experience.
For me, riding is both transportation and

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recreation. It's hard not to enjoy it. When I'm really on a roll, I love hearing the wind, my heartbeat and breathing, and the turning of the wheels. I love riding in packs, in pacelines, and solo.

Do you ride year round? How do you dress for the cold?

I do. I dress in layers, and I have a big messenger bag to peel them off into or take them back out of. I warm up quickly, and stay warm. Mostly.

Do you ride your bike to work? Describe the experience.

I ride 14 miles to work. I love leaving before sunrise. Few drivers are out. It's quiet, and you feel everything awakening. It's exhilarating. And challenging, because at some sweet spot during the ride, everyone else starts driving to work. The road gets crowded.

If you could change or improve one thing about your cycling experience, what would it be?

Basic human courtesy and respect for one another on the road. See above.

Why do you ride?

I ride because I can. It's that simple. I'm a man who loves simple pleasures.

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HGR

Learn about the history of slo-pitch softball, which started in Cleveland, at the hall of fame and museum



by Gina M. Tabasso

In 1985, The Greater Cleveland Slo-Pitch Softball Hall of Fame began inducting members into the hall at its annual banquet. This continues to be the case today. But, in 1997, Founder Buddy Langdon and his partner had an idea for a hall of fame and museum in order to share the history of softball with the public. Originally, they planned to make it a mobile exhibit that could travel around the country by bus. Later, they approached the Cleveland-Style Polka Hall of Fame and Museum, then located in what is now the Shore Cultural Centre in Euclid, Ohio, to pitch the idea that both museums be housed in the historic, former Euclid City Hall building that the city had planned to condemn and demolish.

In 1998, both museums set up shop at 605 E. 222nd St., Euclid, Ohio. The softball hall of fame decided that Euclid was a central location between the furthestmost east and west sides, and the city had teams that played in the biggest and best leagues. The museum is a nonprofit that is funded through ticket sales from its induction banquet, donations from visitors and an

annual raffle fundraiser.

When I visited, I learned so much about the sport and the history of the area. The first slo-pitch team was formed in Cleveland in 1939 by the Jewish Recreation Commission. As Curator Rich Yonakor explains, "Since they celebrated the Sabbath on Saturday, it was something for them to do socially on Sundays. They decided to make the ball bigger and slower since everyone was not able to hit a baseball. Gambling occurred, as the community placed bets on the outcome of games. They decided to open the games up to the public." One of the first softballs was made at a YMCA by taping up a ball of socks.

By the 1960s and early 1970s, there were 280 local teams competing in a single elimination tournament to go on to the world championship. Later, the tournaments changed to double elimination, and instead of one champion, one team comes out of every governing body and league. In 1975, Cleveland's Pyramid Café team won the first world championship for the city. In softball's heyday, most teams were sponsored by bars, restaurants and the unions

within companies.

Many people don't know the difference between fast pitch and slo-pitch. Women's fast pitch is played at the high school and college level where the pitcher winds up and throws the ball hard and fast in a straight line. The pitcher also is six feet closer to home plate. In slo-pitch, the ball is lobbed in an arch of 10 feet to 16 feet, depending on the governing body. Most have a rule of 10 to 12 feet. There are five governing bodies, and each has different rules regarding the type of bats used and pitching arc.

Today, the sport has experienced a decline in popularity that Yonakor attributes to the electronic age where people are not getting out to play sports as much. He says the materials have changed dramatically and that "often the equipment is doing all of the work for them, not like in the old days when it was about competition and exercise. No one got hurt, and they all went out afterwards." Now, the ball is harder; therefore, players can hit it further and over the fence for more home runs. The leagues have actually had to limit the number of home runs in a game on this account.

If you are a sports enthusiast, which

you must be if you got to this point in the blog, when you stop to visit the museum, you can talk softball, baseball, basketball AND football with Yonakor. Does that name sound familiar? Yep, he's the son of football legend John Yonakor, a member of the 1946-1950 All-American Football Conference Cleveland Browns. His father took him to every Browns home game from when Yonakor was four until he was 17. John Yonakor was originally drafted into the NFL Philadelphia Eagles, but Paul Brown offered to pay him more, \$9,500 per year as opposed to \$7,500. He also played in Canada for a year, with the New York Yanks for a year and with the Washington Redskins for a couple of years. His son, Rich, was recruited six years ago to assist Langdon in running the museum. When Langdon passed away, Yonakor took over. Rich Yonakor played NBA basketball for the San Antonio Spurs and then professional basketball for overseas teams, including Italy, France and Belgium, for a few years. He also was the softball director for the City of Euclid. Gina M. Tabasso, marketing communications specialist, HGR Industrial Surplus, www.hgrinc.com

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Victorian Tea

Sunday, April 30,

12:30-2:30pm

Grab your favorite cup & special hat* and join us for tea and a light lunch!

Garden writer and designer, Phillip Lannarelli, will talk about Victorian Gardening. There will be live music, raffles and, of course, a good time had by all!

\$25.00, limited seating.

Purchase online www.shoreculturalcentre.com or in our office by April 23.

*Hats and Cups optional—but welcome!

Proceeds from this event benefits Shore Cultural Centre.

Shore Cultural Centre offers an array of arts and educational programming in the heart of downtown Euclid



Euclid Symphony Orchestra

The ESO will perform its final concert of the Season on Sunday, April 23 at 3:00pm in the Shore Auditorium. Tickets are \$8 and available at www.euclidsymphonyorchestra.com or at the Shore office (Rm 143).

Summer Class Registration

Summer classes and camps for kids are being planned and organized. Keep an eye out for the Summer program flyer distributed throughout Euclid Schools and a variety of locations in the city. Our website www.shoreculturalcentre.com always has the most up to date information. Or call 216-289-8578.

Shore Theatre Program presents Master Class on August Wilson



Mark Clayton Southers with August Wilson

by Jim Spittle

The Theatre Program at Shore Cultural Centre, under the direction of Terrence Spivey, is offering a master class entitled "The World of August Wilson" on Saturday, June 10 from 10:00am – 1:00pm on the stage of Shore Auditorium. This intense study of the acclaimed American playwright (Fences, The Piano Lesson) will be led by Mark Clayton Southers, former artistic director of the August Wilson Center and Founder and Producing Director of Pittsburgh Playwrights Theatre Co.

Southers, who knew Wilson personally, is considered an expert source on August Wilson and his work. Wilson passed away at the age of 56 in 2005.

The class will cover the main influences of Wilson—blues, Baraka (Leroi Jones), Romare Bearden and Jorge Luis Borges. Southers will, also, discuss the Hill District of Pittsburgh—Wilson's home for many years and the locale for many of his plays. Key moments and scenes in Wilson's plays will be discussed with emphasis placed upon the themes of love, honor, betrayal and duty and how they relate to the common man. Southers personal relationship with Wilson will, also, be covered.

Actors from both Cleveland and Pittsburgh will present scenes The Piano Lesson, Ma Rainey's Black Bottom and Fences. Participants will have the opportunity to work with the actors on these and other scenes from Wilson's plays. It is recommended that participants come prepared to work on a particular scene or have a monologue prepared from one of Wilson's plays.

Admission to the master class is \$25 for adults and is FREE for students with ID's. For more information or to register, call 216-289-8578. A light snack and water will be provided mid-way through the class.

When people ask me if I went to film school I tell them, 'no, I went to films.' Quentin Tarantino



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Aswin Bikkani saved thousands of dollars by starting his college career at Tri-C during high school as a College Credit Plus student. Now he's pre-med at the University of Cincinnati.

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workforce division or earn an academic degree to transfer to a four-year institution, Tri-C has a program to fit your needs. There is a reason that Tri-C is still the place where futures begin.



16-0754

Join the Discussion at: www.euclidobserver.com

Community

Summer Camp 2017!



2016 Camp Field Trip to the Euclid Firehouse on East 222nd Street!

by Stacey Minnillo

It's hard to imagine school being out, and warm summer days, but it's not that far away. If you are looking for something for your child to do this summer, why not send them to the Beat the Streets (BTS) Fun Day Summer Camp. This is the fifth year for this camp located right here in Euclid. Campers will be dropped off and picked up daily at the Early Learning Center, located off of Babbitt Road. Camp will run for 11 weeks, this summer. You can sign your camper up for as many as you would like, and there is no weekly commitment! Camp starts on Tuesday May 30, and ends on Friday August 11. Breakfast and lunch provided daily. You can now register your

camper on Tuesdays & Thursdays from 4:30pm-7:00pm at the Early Learning Center. Camp is open to both Euclid Residents and Non-Euclid Residents.

BTS was formed in 2010, with a purpose and goal to fill the void in the area of opportunities and activities for the youth in our community. With the unfortunate news of Euclid PAL dismembering we wanted to offer the youth a new program in which they could grow and participate in programs to keep them safe and off the streets.

The mission of Beat the Streets is to offer a wide range of programming that will help our youth develop a sense of self confidence, responsibility and pride in themselves as they go forward in life. We encourage the youth to participate in positive programs and keep them off the streets and out of trouble. We provide a safe and humbling environment to the members of the BTS organization.

Camp registration is open now! You can find out more information by visiting the website at www.bts-youth.com or give us a call 216-925-6119. Don't miss out, sign up your camper today, and start looking forward to summer break!

Euclid Farmers' Market Opens June 2



A sunny day during last year's Euclid Farmers' Market at Shore Cultural Centre.

by Jim Spittle

It's hard to imagine school being out, and The front of Shore Cultural Centre transforms into an assemblage of food and craft booths on Friday, June 2, with opening day of the Euclid Farmers' Market. The market will run from 3:00-6:30pm every Friday until October 2. A variety of vendors will be present selling fresh produce, baked goods and handmade crafts. Anything sold at the market must have been grown or fabricated in Ohio.

The Euclid Farmers' Market has graced the front grounds of Shore for a number of years making it a traditional place to meet neighbors, buy healthy products and enjoy the musical entertainment. Local musicians, Bill Hatch and Albert Dennis, will be back along with the addition of folk singer/songwriter Sheela Das. Plans are in the making for additional forms of entertainment and surprises.

Past market attendees will surely welcome the return of Burton Floral & Garden, Becky Ziembra and Applecross Garden for their fresh produce and flowers. Becky is always happy to share her gardening expertise with customers. Craft vendors will include Artisans' Treasures, Saranghae Candles and White Crane Designs. Andie, of White Crane, produces unique items from recycled glass as does Alsie of Artisans' from old jewelry and decorative objects. Black Walnut Bakery returns with

Darryl's tasty array of breads and cookies. Chef Cheryl is making plans to set up her mobile kitchen and cook up her acclaimed recipes. Cheryl is always glad to share her recipes and cooking tips with others.

"We want our customers to trust the Euclid market in providing first-rate vendors and artisans", said market manager Jim Spittle. "The market is member of a local co-op of farmers' markets that support healthy and quality products and personal customer service. This is truly Euclid's local market."

Over the summer, and new to Euclid Farmer's Market, will be the phasing in of acceptance of the Ohio food assistance program SNAP. Certain vendors, such as produce sellers, will be allowed to accept SNAP tokens which can be purchased at the Customer Service table. The Produce Px program will be offered, again, if funding from the county so allows. For more information, visit the customer service table at the market beginning June 2.

New vendors are always welcome throughout the market season so long as they quality for Ohio made and grown. For more information on the Euclid Farmers' market, contact Jim Spittle at jps@thecoralcompany.com or at 216-289-8578.

So start the Friday tradition of visiting the Euclid Farmers' Market beginning June 2, where there is always plenty of FREE parking and great things to eat!

E+C+C+200+185 = Stroll + Walk +Roll



by Sherrie Zagorc

Why did it take us so long to learn the answer to this equation? After 10 years, Euclid and Collinwood plus collaboration and 200th St. and 185th St. will equal a super-sized Stroll, Walk, and Roll on Saturday, June 3rd. The E. 200th Street Stroll volunteers and the Mer-

chants of 185th Street invite early morning starters, late risers, and people with boundless energy to join us from 10 am to 2 pm on E. 200th Street and 2 pm to 6 pm on E. 185th Street for 2 times the fun on the Saturday after Memorial Day. You can do the math - collaboration plus 2 streets are greater than one!

Water Safety Month at the YMCA



Euclid Family YMCA Indoor Pool

by Carrie Serrano

May is water safety month, and our staff here at the Euclid Family YMCA want to make sure you and your family practice safe habits around pool areas. It's never too late to learn how to swim. We have classes for all ages; parent and child lessons, youth swim lessons, and adult swim lessons. We also offer private swim lessons for those who do not enjoy the group atmosphere.

Please contact our Aquatics Coordinator, Jack Bartram at 216-731-7454, and make a splash this summer!

Humor for the Spirit

by Reverend Tammy Hill

Saved by the Scripture

An elderly woman had just returned to her home from an evening of religious service when she was startled by an intruder. As she caught the man in the act of robbing her home of its valuables, she yelled, "Stop - Acts 2:38!" (Turn from your sin). The burglar stopped dead in his tracks. The woman calmly called the police and explained what she had done. As the officer cuffed the man to take him in, he asked the burglar, "Why did you just stand there? All the old lady did was yell a scripture to you." "Scripture?" replied the burglar, "She said she had an AXE and two 38's!"

Some Heavenly Encouragement

One day God was looking down to earth and saw all of the evil that was going on. He decided to send an angel down to earth to check it out so he called on a female angel and sent her to earth for a time. When she returned she told God, "yes it is bad on earth, 95% is bad and 5% is good." Well, He thought for a moment and said maybe I had better send down a male angel. To get both points of view. So God called a male angel and sent him to earth for a time. When the male angel returned he went to God and told him yes the earth was in decline, 95% was bad and 5% was good. God said this was not good. He would send a letter to the 5% that were good and encourage them, something to help them keep going. Do you know what that letter said? ...Oh, you didn't get one either?!

Deal or No Deal

A young boy had just gotten his driving permit. He asked his father, who was a minister, if they could discuss the use of the car. His father took him to his study and said to him, "I'll make a deal with you. You bring your grades up, study your Bible a little and get your hair cut and we'll talk about it."

After about a month the boy came back and again asked his father if they could discuss use of the car. They again went to the father's study where his father said, "Son, I've been real proud of you. You have brought your grades up, you've studied your Bible diligently, but you didn't get your hair cut!" The young man waited a moment and replied, "You know Dad, I've been thinking about that. You know, Samson had long hair, Moses had long hair, Noah had long hair, and even Jesus had long hair..." To which his father replied, "Yes, and they walked everywhere they went!"

Saintly Lady Likes Her Hymns!

One Sunday a pastor told the congregation that the church needed some extra money and asked the people to prayerfully consider giving a little extra in the offering plate. He said that whoever gave the most would be able to pick out three hymns. After the offering plates were passed, the pastor glanced down and noticed that someone had placed a \$1,000 bill in the offering. He was so excited that he immediately shared his joy with his congregation and said he'd like to personally thank the person who placed the money in the plate. A very quiet, elderly, saintly lady all the way in the back shyly raised her hand. The pastor asked her to come to the front. Slowly she made her way to the pastor. He told her how wonderful it was that she gave so much and in thanksgiving asked her to pick out three hymns. Her eyes brightened as she looked over the congregation, pointed to the three handsomest men in the building and said, "I'll take him and him and him!!!"

Thanks for reading! Reverend Tammy is the Co-Pastor of Memorial Spiritual Church, Celebrating 100 Years of Serving God & Spirit. Join us on Sundays at 3 pm at 19204 Pawnee Avenue, Cleveland 44119. www.mscc2015.weebly.com

Join the Discussion at: www.euclidobserver.com

YMCA

Events Are More Fun At The Y

by Carrie Serrano
We're a great place for parties, reunions, showers, pool parties and much more!

RENTAL OPTIONS
Pool Rental: Includes up to 14 guests and one lifeguard. Available Wednesdays - Fridays 5:30am - 9pm, Saturdays 7am - 3pm and Sundays 10am - 1pm
Multipurpose Room Rental: Includes space for up to 35 guests. Available Mondays- Fridays 5:30am - 9pm, Saturdays 7am - 3pm and Sundays 10am - 1pm
Gymnasium Rental: Includes space for up to 70 guests. Available Fridays 5:30am - 9pm, Saturdays 7am - 3pm and Sundays 10am - 1pm
Pavilion Rental: Includes space for up to 50 people. Available Mondays- Fridays 5:30am - 9pm, Saturdays 7am - 3pm and Sundays 10am - 1pm

RENTAL FEES
All spaces are rented per hour, based on availability. Please call for rates. All rentals must be scheduled at least two weeks in advance. \$50 refundable deposit is required to reserve any space. 24-hour cancellation notice required, or deposit cannot be refunded. Additional guests may be added to pool rentals, however, because safety is our highest priority, additional charges apply to ensure adequate lifeguard coverage.

FOOD, DRINK AND DECORATIONS
Outside food and beverages are permitted, except in the pool area. Decorations are also permitted, however, all rental spaces must be returned in the state that they were originally in. Alcohol and drugs are not permitted.

Ready to Schedule? Need More Information? Contact our Director, Sid Shrivastava at 216-731-7454 or sshrivastava@clevelandymca.org

The Real You

by Carrie Serrano
Looking to lose some weight before you hit the beach this summer? And are those extra pounds hiding the real you? If so, you'll want to hear about the YMCA's Real You Weight Loss Program! It's the only large-scale program of its kind, and its exclusive at the Y. Our current participants have lost an average of 10 pounds per session! With

the Real You Challenge, you get 5 weeks of nutritional coaching, daily food and activity monitoring online, weekly weigh-ins and monthly measurements, 2 group workouts per week, group support, and individual, personal attention. \$100 per person or join with a friend and pay \$75 each!

Please contact the Euclid Family YMCA for details at 216-731-7454

Basketball Skills Class at the Euclid Family YMCA

by Carrie Serrano
Learn important skills and techniques that will help you prepare for the Euclid Family YMCA's Summer Basketball League.
Please call us at 216-731-7454 for registration details.



Humana Health Talks at the YMCA

by Carrie Serrano
Join us for a variety of health discussions each month. Upcoming health talks are

June 6th and July 18th. Topics are to be announced. Please call Ami at 216-731-7454 for more information.

1st Annual Pie at the Y!



Lifeguard Miles received a pie from one of our favorite youth swimmers.

Water Safety Month at the YMCA



Euclid Family YMCA Indoor Pool

by Carrie Serrano
May is water safety month, and our staff here at the Euclid Family YMCA want to make sure you and your family practice safe habits around pool areas. Before letting your children hit the water this summer, remember these few tips to ensure it's an enjoyable and safe experience.

1. Never swim alone. Teach your children that they should only swim in locations where a lifeguard is on duty.

2. Supervise your children whenever they're in water. Whether it's bath time or taking a dip in a pool or lake, make sure your children are within arm's reach of you at all time.

3. Don't engage in breath holding activities. Children shouldn't hold their breath for a prolonged amount of time while swimming, as this can cause drowning and has several other severe physical side-effects.

4. Wear a Life Jacket: Inexperienced or non-swimmers should wear a Coast Guard-approved life jacket.

5. Don't jump in the water to save a friend who is struggling in deep water. If a child finds their friend in deep water unexpectedly, their natural reaction may be to jump in the water to try to save them. Even if a child is a great swimmer, a panicked person will overpower them, pulling them underwater with them. The Y's Safety Around Water program teaches the "reach, throw, don't go" concept of using a long object to reach for them and pull them to safety. By using this technique children can help their friend without compromising their own safety.

6. Enroll your children in water safety or swim lessons. Just like teaching your children to look both ways before they cross the street, having them participate in formal water safety lessons teaches them an important life skill. The Y's Water Exploration, Acclimation and Movement classes teaches children fundamental water safety skills and what to do if they find themselves in water unexpectedly.

Learning how to swim also has multiple benefits beyond the ability to enjoy water safely. It helps children strive for physical achievement, promotes healthy living and builds their confidence. It's never too late to learn how to swim. We have classes for all ages; parent and child lessons, youth swim lessons, and adult swim lessons. We also offer private swim lessons for those who do not enjoy the group atmosphere.

Please contact our Aquatics Coordinator, Jack Bartram at 216-731-7454, and make a splash this summer!

Ninja Kids at the Euclid Family YMCA

by Carrie Serrano
This 50 minute class is geared towards developing physical fitness, coordination, basic motor skills, balance and flexibility with an emphasis on fun exercises, games for memorization, obstacle courses, and creative imagery. Children build character,

develop self-confidence, increase self-esteem, learn respect and responsibility while developing their inner strengths and meeting new friends.

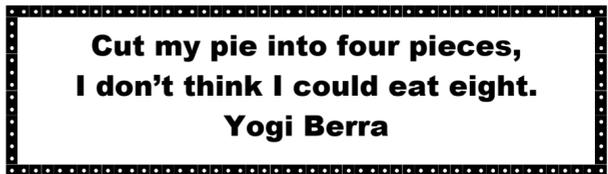
Please call us for registration details at 216-731-7454

by Carrie Serrano
Here at the Euclid Family YMCA we hosted our first annual Pie At The Y to raise funds for our Annual Campaign. Members entered a raffle for a chance to pie their "favorite" staff member in the face. The Euclid Family YMCA never wants to turn someone away for their inability to pay. Our Annual Campaign provides those funds to ensure we keep that promise. This scholarship program is open to youth, adult, and family memberships regardless of participants socio-economic status.

We believe every person and every community deserves a chance to thrive. When you donate to the Y, you're giving those in need the opportunity to thrive. In 2016, the Euclid Family YMCA distributed \$94,823 in financial assistance, we provided support and resources to 1,300 families through

the Euclid-Hillcrest Family to Family Collaborative, we've taught 170 swim lessons keeping individual safe around water, and we've helped 443 men in the Y-Haven transitional housing and treatment program. The mission of the YMCA is to put Christian principles into practice through programs that help healthy spirit, mind and body for all.

We would not be able to provide the important and much needed services if it was not for our wonderful and generous donors. Please help us to continue to bridge this gap by becoming a donor. For more information on becoming a donor or to see first hand how your donation can better your community please visit the Euclid Family YMCA at 631 Babbitt Rd Euclid, OH 44123. Remember, together we create a better us!



City of Euclid



Charlene Mancuso, Ward 5 Councilwoman



by: Charlene Mancuso, Ward 5 Councilwoman

It is with great enthusiasm for what can occur in this city as a whole and how we can best represent the residents in our individual wards that make being the current Ward 5 Councilwoman an honor. This is a different role than when I was twice elected as a Councilperson-at-Large. My current role puts me more in touch with individuals and the specific issues impacting them. Many times a single issue is brought for-

ward by several different residents. This requires not only addressing the individual issue, but in many cases, council members from all wards can then come together to address as a city wide concern or issue.

It is refreshing to work with the many facets of the downtown district redevelopment. It is becoming more pedestrian friendly with shops and restaurants that folks can enjoy. The

Lakefront which borders much of Ward 5 is also being actively developed to encourage more waterfront access. We are beginning to see home values slowly rise again. And of course we cannot forget the lovely cranes that are currently on Lakeshore Blvd., a part of development for our future clean water needs. All of these projects must be developed and implemented while assuring fiscal accountability for our city's future.

Part of my mission is to bring the residents of Ward 5 together several times each year so they can hear from their city officials about what is currently happening in the city. They can also meet other residents of Ward 5 who may share some of the same questions/ideas/concerns. While I encourage all Euclid residents to use the Euclid website, watch Council meetings on TV if able, or better yet, attend a Council meeting, I know we all have busy lives. I do want our residents to be as informed as possible and to participate.

We have many new families that have recently made Euclid their home and I look forward to each of them becoming more involved in the city I love.

Currently I chair the City's Safety Committee which handles everything from appropriate towing contracts for the city, to safety and security issues that are paramount to our residents' quality of life.

As summer approaches look for an announcement for the Next Ward 5 meeting. Hope to see you there.

City of Euclid Hydrant Flushing



by Lisa Cvelbar
The Euclid Fire Department will be flushing hydrants throughout the city in the coming weeks. Areas to be flushed will be posted at least one day in advance. Please make sure to run cold water through your faucets to clear any dirty or rusty water through your system prior to consumption or use for cleaning.

Euclid's 87th Annual Memorial Day Parade

by Kristal Grida
May 29th, 2017 marks the 87th Memorial Day Parade and Service for The City of Euclid. The Euclid Joint Veterans Council invites all organizations and individuals to participate by being a part of the parade, attending the services or by being a spectator. Graveside service will begin at 7:45 AM at Euclid Cemetery followed by a second service at St. Paul's Cemetery. The parade will begin at 10:00 AM. This year the Veterans of Foreign Wars Post 1056 with Commander Richard Pecnik will lead the parade.

Awards will be given for Floats, Marching Bands, Marching Units, Youth Groups and Novelty. Parade entry forms and information can be found on the City's web site or picked up at City Hall. You can also contact Joint Veterans Council Chairman Chuck Hill at 216-732-9339 for information or application packets. Our theme is "If You Value Your Freedom, Thank a Veteran". We welcome all Veterans to march in our parade and to remember those who have preceded them.

Bands & Food Trucks for this Year's "Summer at Sims Concert Series"

Here is the band line up:
7/13 Wreck'n
7/27 The Benjaminz
8/10 Chardon Polka Band
8/24 Rubix Cubed.

Food trucks: Barrio Tacos, Jackpot Chicken, Fire and Ice wood fired pizzas, Savannah's kettle corn, Serene Caffeine and Chris' ice cream truck for dessert.

<p>President of the United States Comment Line 202.456.1111 Switchboard 202-456-1414 The White House 1600 Pennsylvania Avenue NW Washington, DC 20500</p> <p>United States Senator Sherrod Brown (D-OH) (202) 224-2315 713 Hart Senate Office Building Washington DC 20510 Contact www.brown.senate.gov/contact</p> <p>United States Senator Rob Portman (R-OH) (202) 224-3353 448 Russell Senate Office Building Washington DC 20510 www.portman.senate.gov/public/index.cfm/contact?p=contact-form</p> <p>United States Congresswoman for the 11th District Marcia L. Fudge (D-OH) (202) 225-7032 2344 Rayburn House Office Building Washington DC 20515 Contact https://fudge.house.gov/email-me/</p>	<p>Governor of Ohio John R. Kasich (614) 466-3555 Riffe Center, 30th Floor 77 South High Street Columbus, Oh 43215-6117 http://www.governor.ohio.gov/Contact/ContacttheGovernor.aspx</p> <p>State Representative Ohio House District 8 Kent Smith (D) (614) 466-5441 77 South High Street 10th Floor Columbus, Ohio 43215 Contact http://www.ohiohouse.gov/kent-smith/contact</p> <p>State Senator Ohio Senate District 25 Kenny Yuko (D) (614) 466-4583 1 Capitol Square Ground Floor Columbus, Ohio 43215 Contact http://ohiosenate.gov/yuko/contact</p> <p>Cuyahoga County Council Sunny Simon (216) 698-2035 2079 East 9th Street – 8th Floor Cleveland, Ohio 44115 Email : ssimon@cuyahogacounty.us</p>
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Schools

Noble Academy Knights Cheerleading Squad Takes First Place at IX Competition



by Bonita Kale
The Noble Academy Knights Cheerleading Squad, from Noble Academy Cleveland in Euclid, recently competed in the North Coast Cheer Championships held at the IX Center on April 2nd. This was the team's first local competition.

The squad of twenty-four girls, ranging from the fourth to the eighth grade, practiced all fall and winter to perfect their skills for this event. Fifty-six squads competed in the competition. Noble Academy's

girls were so excited to show off their talents, hard work, and even brand new uniforms!

Their dedication paid off! The team brought home two 1st Place trophies; one for each of their age brackets in the Recreation Division.

The Noble Academy Staff, and Cheer Coach Miss Tate, are so proud of them! We are also grateful for all of the peer and parent support that helped make this win possible!

No Place For Hate at Ss. Robert & William Catholic School



by Ellen Ivory
Ss. Robert and William Catholic School earned the honor of becoming a nationally recognized No Place for Hate School, sponsored by the Anti-Defamation League. The student committee, moderated by Mrs. Patricia Garuckas, consisted of eighth graders Tiana Cole, Arianna Wallace, Ariel Winfrey, Charlie Stachnik, Christina Parker, Ella Lisac, Gianna DiPasquale, Nicole Yearsin, Jocelyn Miller, Kaylan Taylor, Lindsay Blackwood, McKaylah Szalay, MyKala Smith, Nevaeh Jernigan and Tyree Sims, along with seventh graders Hannah Evec and Josie DiDonna. These energetic and enthusiastic students planned assemblies and taught lessons which modeled

ways to combat bullying and diffuse aggressive situations. Their fun and educational activities were thoroughly enjoyed by students who benefited from their important messages.

No Place for Hate schools receive their designation by: Building inclusive and safe communities in which respect is the goal. Empowering students, faculty, administration and family members to take a stand against hate and bullying by incorporating new and existing programs under one powerful message. Engaging schools and communities in at least three anti-bias activities per year, which ADL helps to develop. Sending a clear, unified message that all students have a place to belong.

SRW School received its banner on April 19th at the St. Ignatius Center for the Performing Arts along with 14 other schools from Ohio and Pennsylvania. We are proud of these hardworking students and congratulate them on this achievement for Ss. Robert and William School.

Summer Youth Program for Middle School & High School Students

by Daveda Cunningham
Direct Path Enrichment Academy
Our mission is to enhance the knowledge of arts and prepare youth for post-secondary success by offering fun and engaging educational tracks. We recognize the need for programming geared toward the "forgotten" youth, middle school and high school students. We offer 3 educational tracks for youth ages 12-17 that have an interest in Fashion, Music or Entrepreneurship. This 10 week program meets every Tuesday & Thursday from 5:00 pm-8:00 pm at The Shore Cultural Center. The program begins

June 6th and ends the week of August 13th with an End of Summer Presentation! Each educational track will:

- Learn history and fundamentals**
- Engage in several hands on experiences
 - Enhance presentation and public speaking skills

The cost of this awesome program is also \$149. All materials are included. Feel free to attend one of our open houses: Sat. May 20th 2-4 PM; Sat. May 27th 2-4 PM and Sat. June 3rd 2-4 PM. Please visit our website for more info and to register TODAY! www.direct-path.org.

Tri-C's Angelique Patton of Euclid Named to All-Ohio Academic Team



by John Horton
Angelique Patton of Euclid was one of seven students from Cuyahoga Community College (Tri-C) named to the All-Ohio Community College Academic Team, which comprises top students at the state's two-year schools.

The All-Ohio Academic Team recognizes student excellence in academics, leadership and community service. Fifty-one students from across the state were selected for this year's team on the basis of their outstanding records.

Tri-C had more students named All-Ohio than any other school.

Patton earned an Associate of Arts degree from Tri-C in December, graduating with a near-perfect GPA. She continues to take classes at the College while working

toward a bachelor's degree at Cleveland State University.

She hopes to one day open a nonprofit dedicated to helping others unlock their potential.

The second-team All-Ohio Academic Team honoree was selected for the inaugural class at the College's Jack, Joseph and Morton Mandel Humanities Center in 2016 and is involved with the Phi Theta Kappa Honor Society chapter at Tri-C's Eastern Campus in Highland Hills.

Patton joined the following Tri-C students — designated by campus — as All-Ohio:

- * Eastern Campus: Kouame Kouakou of Warrensville Heights (third team)
- Metropolitan Campus: Heidi Hubbard of South Euclid (third team) and Adekunle Popoola of Cleveland (third team)
- Western Campus: Bruce Hyde of Parma (first team) and William Funk of Parma (first team)
- Westshore Campus: Bethany Thomas of Lakewood (third team)

First-team honorees will receive \$1,000 scholarships, while second-team members get \$500 scholarships and third-team members \$250. A recognition program for team members will be held in Columbus on April 20 during Community College Month.

The All-Ohio Academic Team program is supported by the Ohio Association of Community Colleges, Phi Theta Kappa Honor Society and Honda of America Mfg. Inc.

Modeling, Charm & Etiquette for Today's Youth

by Daveda Cunningham
B-Elite Modeling & Charm School recognizes the need for a program that builds self esteem in our youth as well as re-introduces etiquette. In today's world, one must be able to walk into a room and command attention. Whether it be in a board room, a courtroom or in a classroom, everyone needs confidence to do so. At the tender age of 10, my mother enrolled me in modeling and charm classes to combat my shyness. I am grateful that she recognized the need for me to participate in such a unique program that helped boost my self esteem. To date I have been an Educator, Youth Advocate, Radio Talk Show Host, MC, Runway Model etc. I believe that without my mother enrolling me into that program, none of this would have been possible! B-Elite Modeling & Charm School will host

a 10 week summer youth program at The Shore Cultural Center. Children, teens and adults will learn basic skills and techniques in runway modeling while building self esteem, self confidence and self awareness. Classes will be held every Monday from 5-6:30 PM beginning June 5th. The 10 week program will end the week of August 13th (Date TBD) with a Fashion Show Graduation. Each participant will highlight the skills and techniques that they've learned and each will receive a certificate of completion. In the past mothers have joined their daughters, fathers have joined their sons and entire families have participated in this fun and unique program. To learn more and to register visit: www.b-elite-modelingandcharm.vpweb.com. Payment Plan options available as well as sibling discounts.

V Villa Angela-St. Joseph High School

Faith. Family. Future.

Students learn through Science Olympiad team

The Science Olympiad team, Coached by VASJ teacher Mrs. Lucy Kulbago, is in its second year at VASJ and expanded this year to include the Robot Arm event.

Senior Javari Hines was looking to gain as much exposure and experience in the field of engineering before graduating and heading to college and eagerly jumped at the chance to be involved.

"I always like trying to test different engineering fields so this was a chance to work with two different engineering fields at once to see what I am most interested in," Javari says.

Javari and junior engineering student Bryan Williams Jr. gained a great deal of electrical and computer engineering knowledge throughout the process of learning the Robot Arm.

Bringing the Robot Arm to VASJ was a collaborative effort.

Rick Pollack, president of MakerGear (who also provided the school with 3D printers) arranged for his employee Kyle Granat, an electrical engineer he had recently hired who also had Robot Arm experience, to help VASJ with the project.

"Kyle volunteered time two to three days per week before going to work, teaching the students how to assemble and program the arm," says VASJ engineering teacher Gary Minadeo '74.

Alumnus Roger Sustar '61, Fredon CEO, provided the funds for the school to purchase the Robot Arm kit. Tim McCord '68, CEO of Heislur Tool (who also sponsors VASJ's two robotics teams) helped with design



VASJ students Javari Hines '17 and Bryan Williams Jr. '18 compete in the Robot Arm event at the Science Olympiad regional tournament held at Case Western Reserve University.

modifications of the Robot Arm. The kit arrived in January and Javari and Bryan spent every class period for over two months working on assembling the Robot Arm and learning how to use the software that allows the arm to move.

After months of preparation, VASJ's Science Olympiad team completed its season by attending the Case Western Reserve Regional Competition.

In addition to Javari and Bryan, VASJ's Science Olympiad team members include Anna Radachy '19, Patrick Bradford '19, Misrach Ewunetie '20, LaShonda Bailey '20,

Khalid Mitcham '19, Vanessa Apelons '19, and Eleanor Boru '18. VASJ's Science Olympiad team also attended three local invitational competitions.

The Robot Arm event finished fourth place out of 23 teams.

"I think I got good engineering experience from it," Javari says. "It was a lot of problem solving. We had difficult things that we had to change to meet requirements for the competition. It was just a lot of trial and error."

Javari plans to study electrical engineering in college and thanks to his experience in VASJ's engineering program and Science Olympiad, he feels well-prepared for his future.



VASJ's 2016-17 Science Olympiad team members pose with their coach Mrs. Lucy Kulbago for a picture at the end of their season. It is the team's second year at VASJ.

VASJ drama club performs spring musical



Congratulations to the cast and crew of VASJ's Drama Club who gave three outstanding performances of their spring musical, "The Wedding Singer." For 10 seniors, it was their last time to take the stage in a VASJ production. Their hard work paid off and their talents shined in this wonderful production.

VILLA ANGELA-ST. JOSEPH HIGH SCHOOL
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Faith | Academics | Community

Very Special Holy Week at Our Lady of the Lake



The washing of the feet reminds us that we are here to serve.



Jason and Lan presided at Tenebrae for the first time.



The blessing of the food baskets reminds us of our gifts.



We are so happy to welcome these newly baptized parishioners to OLL.



Community leaders from Euclid and Collinwood joined us for Community Stations of the Cross



The new fire for the Easter vigil

Holy Week is a very special time, and this year's celebration at Our Lady of the Lake was a beautiful opportunity for friends and neighbors to come together in faith community. From parishioners presiding for the first time at Tenebrae services to the wash-

ing of the feet on Holy Thursday and the great vigil on Easter Saturday, there were so many moments of grace and sharing. To see more photos and videos, please visit OLL.Euclid.org.

OLL Strolls, Walks & Rolls!



Save the date for June 3 - Our Lady of the Lake will be out and about in the neighborhood, and we're hoping to see you! We'll be hosting our Stroll Festival right here in front of Our Lady of the Lake at Lakeshore and E. 200th St from 10am-2pm as part of

our support of the E. 200th Street Stroll. And we'll also have a table at Walk & Roll E185 from 2:00-6:00pm. So the fun lasts all day! It's a great chance to enjoy a day in the neighborhood and support our wonderful community. Please join us!

OLL Goes Big On STEM

by Jenny Millett

Our Lady of the Lake School is invested in STEM programs (Science, Technology, Engineering and Math). Not only are these some of the most important fields youth can study to prepare for successful careers - they're also really fun. So every year, OLL, with support from the Dominion Foundation, offers a full STEM program for every single grade, culminating with STEM week in May, where students can showcase and share their work.

This year's theme is Celebrating Clean Transportation, and teachers and students have gone all out with creative projects. The 7th grade will travel to Niagara Falls, which is not only one of the wonders of the world but also a remarkable source of clean energy, providing electricity generated by

the power of the falls. While there, they'll get to check out another form of transportation when they ride on the Maid of the Mist. Grades 1-5 will participate in a bike rodeo - a classic form of energy-efficient transportation that communities everywhere are embracing. And the 5th Grade was inspired to look at the book Around the World in Eighty Days - and redesign those travels entirely with clean transportation.

If you'd like to hear about more fun projects and see first-hand what the kids are learning, please visit our STEM Showcase on Friday, May 12, from 9:00-10:00am and again from 1:00-2:00pm. The showcase is open to the public and we're happy to welcome visitors. For more information, please call (216) 481-6824 or visit ourlady-ofthelakeschool.euclid.org.

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Always Room to Grow at Imagine Bella



Students plant seeds and get ready for spring!

Imagine Bella gardening is beginning again with the start of spring. Right now these young plants are soaking up the rays from a classroom window while staying



Can't wait to see our sunflowers bloom!

safe inside from any early spring chills. Soon these plants will be transferred to the garden outside the school building. More pictures to come as we grow!

Zoo Field Trip



Imagine Bella Second Graders agree the Cleveland Zoo is a blast!

Several classes had trips this month to the Cleveland Zoo and were able to see the baby giraffe!

Book Fair



The book fair is coming!

Hits from 2016 and Beyond



Get your ticket now! You won't want to miss it!

Imagine Bella Academy is looking forward to an exciting student dance performance. Students have been preparing during their dance specials with Mr. Ford each week and some students have used their enrich-

ment (recess) time for extra rehearsals. The performance is WEDNESDAY, MAY 17th from 6 pm to 8 pm at Shore Cultural Centre. Tickets are on sale now! \$5 per person

Sign Up Now for VBS at OLL!

It's time to sign up for Vacation Bible School at OLL! Always one of our most popular programs, VBS often sells out, so be sure to get your registration in as soon as possible. This year's Makers Fun Factory theme is going to be extra fun, with a full slate of creative activities every day. VBS runs 9:30-noon June 12-16 at Our Lady of the Lake. For more information, contact Rita Testa - Rita@OLLEuclid.org - or call (216) 486-0850.

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STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

Euclid High School Big Show Nominated for a 2017 Dazzle Award

EUCLID, Ohio--For the second consecutive year, Euclid High School has been nominated for a Dazzle Award for this past April's production of *Footloose the Musical*. And on May 20, 2017, the most talented high school performers in Northeast Ohio take center stage at Playhouse Square for The Dazzle Awards. This awards ceremony and showcase is the culmination of the Dazzle Awards program. Recognizing outstanding musical theater productions and student performances.



Dazzle Awards will be awarded in 13 categories including The Connor Family Best Musical, The John and Patricia Chapman Best Actor/Actress, Best Student Orchestra, Best Costume Design and Best Scenic Design. The grand prize winners in The John and Patricia Chapman Best Actor and Best Actress categories will go on to represent Northeast Ohio at the National High School Musical Theatre Awards, also known as "The Jimmys," in New York City, presented by The Broadway League. Join us in honoring excellence in high school musical theater and recognizing the importance of musical theater and arts education.

Congratulations to the outstanding Euclid High school cast and crew of Big Show 2017: *Footloose the Musical!*

★ ★ ★ ★ ★

Best Choreography Execution

EUCLID HIGH SCHOOL
Footloose

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Annie

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Guys and Dolls

DAZZLE AWARDS



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Summer Bridge 2017

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What
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Teambuilding and Recreation
Goal Setting and much more!

When
Session 1 June 19-June 22nd and June 26-June 29th
Session 2 A July 10-July 13th and July 17th-July 20th

Where
Euclid High School E-Room; enter through Door 13
(711 E. 222nd Street Euclid, OH 44123)

Parents must attend a mandatory parent orientation on Sat. May 20th or Sat May 27th at 12p.m. (27801 Euclid Ave #316 Euclid, OH 44132)

Program Sponsored by:

All sessions run from 9am-1:00pm

For more info contact: Angela Flowers (216) 394-3012 or acflowers32@yahoo.com



Photo (above): The Euclid Schools' FACET committee working on Arbor's garden on Earth Day! Thanks to Eaton Family Credit Union, CCBH, and Mrs. Sudar for their help.



Photo (left): Central seventh-grade students during their monthly visit to Bluestone to tutor our first grade students.

EUCLID SCHOOLS

Join us as we celebrate "National Bike to School Day" on Thursday, May 4, 2017. Elementary students are encouraged to ride a bike or walk to school for a chance to win a brand new bike & helmet.



Board Approves New Elementary Math Curriculum and Tax Reduction

The Euclid Board of Education approved the adoption of a new elementary math curriculum at their regular meeting this past April. A committee of 20 teachers, four math coaches, a building principal and our Elementary Curriculum Director met monthly throughout this school year to determine the best math curriculum to adopt for K-5 instruction. The committee chose "Go Math" for the following reasons:

- Topic coverage goes deeper, allowing students to work on a concept until they master it.
- The inclusion of all components of a rigorous math program, including an online component and options for tailored instruction to meet individual needs.
- Engaging videos and flow of lessons.
- Assessments mimic the AIR format, better preparing students for success on state tests.

"Go Math" allows teachers the flexibility of both online and textbook instruction. Additionally, this will provide consistency throughout the district for our both students and teachers. Teachers will engage in professional development this summer so that they can effectively begin implementation in the fall.

Tax Reduction
A resolution was also approved to accept the Cuyahoga County Budget Commission's reduction of residents' property taxes by 1.1 mills. The reduction comes as the result of a higher than expected rate of collection of property taxes. Euclid property owners will save \$27 per year (\$70,000 of home value). The Euclid Schools will continue to maintain the high rate of education and programming currently offered.

The Cost of the Dragon: Coloring light on the Opiate Epidemic

EUCLID, Ohio--If you watch or read any type of news these days the likelihood of hearing about the heroin and opiate epidemic in Northeast Ohio is high. In an effort to combat the growing epidemic of prescription drug and heroin abuse, the Federal Bureau of Investigation Cleveland Division and Drug Enforcement Agency Cleveland Division have released a documentary entitled: "Chasing the Dragon: the Life of an Opiate Addict." This documentary is aimed at educating students and young adults about the dangers of addiction.

Overdose deaths in our area are among the highest in the country. As these numbers continue to climb, law enforcement agencies seek to raise awareness. The FBI Future Agents in Training (FAIT) Alumni, FBI Cleveland Citizens Academy Foundation (FBICAF), Robby's Voice DEA Cleveland and the Cleveland Division of the FBI are working together to spread the word about the opiate problem and created a poster contest called "Cost of the Dragon" for students grades seven through twelve.

Students were instructed to focus on the consequences of using heroin and/or misuse of prescription opioids. All Euclid Schools seventh and ninth-grade health students created posters. However, only six posters in total were chosen for submission. Two posters from Euclid High School students in Mrs. Rosati-Kudej's health class and four posters from Central Middle School students in Mrs. Young's seventh-grade health class were sent to the FBI. Cash prizes will be awarded to the first and second place winners in three grade categories (7-8, 9-10, 11-12). For more information on this project or other programs offered through the Euclid City School District, visit our website at euclidschools.org.



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"In celebrating our great City of Euclid and its residents, the E. 200th Street Stroll exists to promote E. 200th Street businesses and the community resources available to all."

Be sure to Walk and Roll on E. 185th St. from 2 to 6 pm. Sponsored by the E. 185th St. Merchants.

Join the Discussion at: www.euclidobserver.com



EUCLID P.A.L. & PANTHERS SOCCER SUMMER CAMP



Euclid Police Athletic League (P.A.L.) has partnered with **Euclid High School Boys and Girls Soccer Teams** to create a week long soccer summer camp!



This week long camp will focus on developing balance, agility, speed, and strength through our performance training and technical skills with the ball by playing fun drills and games! Any child from 5 years old through 8th grade may attend. Players will be grouped by age and ability. There are two dates available for children to sign up. Families may register for one or both of the camps if they'd like! Cost for each camp is \$25.00 per player and includes a camp shirt! Proceeds for these camps go to the Euclid High School Soccer Programs!

Camp #1 June 19th – 23rd at Babbitt & Milton Soccer Fields across from YMCA

Camp #2 July 17th – 21st at Babbitt & Milton Soccer Fields across from YMCA

Each camp is Monday through Friday, from 10am to 12pm each day.

GEAR LIST: Players should bring a soccer ball, cleats or tennis shoes, shin guards and socks, and a water bottle each day.

TO REGISTER:

Please return your PAL Soccer application & CASH ONLY payment of \$25.00 per participant to:

Euclid Police Department - 545 E. 222nd St., Euclid, OH. (216) 289 – 8533



FOR MORE INFO, check out <http://euclidpd.org/pal/>, Euclid Police Facebook Page or twitter at [@Euclid_PD](https://twitter.com/Euclid_PD). Email P.O. Steve Shubert at sshubert@euclidpd.org or P.O. George Panagiotou at gpanagiotou@euclidpd.org

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Community

Newly Formed Croatian Professional Organization Aims to make a Social Impact



by Helen Curak

The Croatian community in Cleveland continues to flourish with the adoption of a local chapter of the Association of Croatian American Professionals (ACAP). The national organization's goals are to connect Croatian communities in the United States, and around the world, to build a lifetime of connections to support business, networking and social activities.

ACAP was initiated by the President of the Republic of Croatia, Kolina Grabar-Kitarovic, and Josko Paro, Ambassador of the Republic of Croatia to the United States. Croatia is located across from Italy on the shores of the Adriatic Sea. Cleveland, along with other cities in the U.S., is home to a large number of people with Croatian roots.

Members represent various professions,

such as doctors, engineers, attorneys, journalists, artists, business executives and accountants. Students and those with non-Croatian heritage, who are active in the Croatian community, are encouraged and welcomed to join.

"Our goal is to show how strong and vibrant the Croatian community is in Cleveland. We aim to be socially impactful, not only within our own cultural community, but in greater Cleveland as well," says Biljana Lovrinovic, President, ACAP - Cleveland.

ACAPs mission is to:

- Foster knowledge-sharing and networking among Croatian-American professionals and Croatian professionals around the world for mutual success
- Promote the advancement of Croatian-American professionals and Croatian professionals around the world by leveraging this knowledge and network
- Encourage Croatian-American business and trade
- Foster camaraderie amongst our members
- Work with other Croatian-American organizations and Croatian organizations around the world on matters of common

concern

"Our values - leadership, cooperation and integrity - mixed with our mission, aim to strengthen our ties with and connect our Croatian communities locally and globally," says Mario Jurcic, Vice President, ACAP - Cleveland.

Making Connections

In 2016, ACAP hosted an inaugural conference in Washington D.C. where President Grabar-Kitarovic and Ambassador Paro were in attendance. The second annual conference will take place from May 11 to 13, 2017 in Chicago. Cleveland will be well represented by chapter members who will participate and network with fellow professionals from across the USA, Canada and Croatia.

This year's event will launch a first-ever Croatian-led startup competition aimed to bring together creative entrepreneurs to showcase their ideas to the conference attendees. Top entrepreneur Renato Libric will help judge the competition. Libric was recently named "Top 50 Inspirational Entrepreneurs to Watch" by Entrepreneur magazine.

Want to join?

"We're looking for people who want to forge new friendships, take part in volunteer activities and enjoy our social activities. By participating in activities that are beneficial to the community, you can easily enhance your network on a personal and professional level as well," says Jurcic.

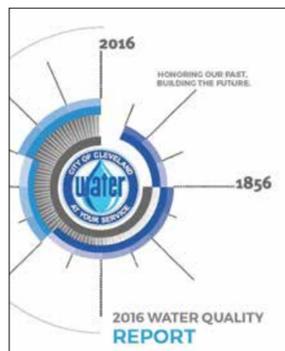
Notable members of ACAP include Bojan Bogdanovic of the Brooklyn Nets, Kate Pavlich a Fox News contributor and Neven Spahija, the Atlanta Hawks assistant coach. Robert Herjavec of "Shark Tank" and former New York Giant, Dave Diehl, are distinguished supporters of the organization.

"We hope to energize and engage our members as we to focus on internships, education, social events and networking. We're looking for members who want to make a difference while having some fun," says Lovrinovic.

ACAP - Cleveland meetings are held the second Monday of the month at 6:30 p.m. in Dubrovnik Garden Restaurant at the American-Croatian Lodge in Eastlake.

To learn more about ACAP - Cleveland or to become a member visit croampro.com or contact cleveland@croampro.com or [facebook.com/croamprocleland](https://www.facebook.com/croamprocleland) for additional information.

2016 Water Quality Report Now Available



by John Goersmeyer

We are proud to announce Cleveland Water's 2016 Water Quality Report is now available. This annual report provides an overview of our water quality during the past year, including testing results and information.

We know our drinking water is essen-

tial to the quality of life of more than 1.4 million people in 80 communities. That's why we are committed to providing our customers with safe, high-quality, drinking water at the turn of a tap any hour of the day.

Our water is constantly monitored and tested. In fact, Cleveland Water consistently exceeds the most stringent water quality standards mandated by state and federal regulations and recommended by drinking water organizations throughout the country.

This year's report is unique in that it also includes a section about lead in water and water quality information on behalf of the City of Cleveland Heights whose customers we welcomed into our Direct Service family in January of 2017.

Every Cleveland Water customer will receive notice of this report on their bills. The report can also be viewed and downloaded for print at <http://www.clevelandwater.com/2016WQR.pdf>. Printed copies can be requested by calling (216) 664-2639.

Euclid High School Promotes STEM Education
STEM: Science, Technology, Engineering & Mathematics

- STEM lab
- Robotics Club
- AWT RoboBots competition
- Robotics course

HGR Supports Euclid High School

HGR Industrial Surplus is open to the public, and we encourage you to take a walk through our 12-acre showroom. There are hundreds of new items daily and monthly sales on the last Thursday and the second Saturday of each month. During that Saturday sale, we offer a full, hot, complimentary breakfast 8 a.m. to 10 a.m. Every Wednesday, HGR continues to serve a free lunch for its customers who stop in between 11 a.m. and 1 p.m.



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Join the Discussion at: www.euclidobserver.com

Events

Dance to Highlight Lithuania's 100th Birthday

by Ingrida Bublys

The Third Lithuanian Folk Dance Festival-Juventus 2017 sponsored by the Lithuanian Folk Dance Group Svyturys in Cleveland will take place on May 20th 2017, at the Shore Culture Centre, 291 E222nd St, Euclid, Ohio at 1:00pm.

The event is to highlight the celebration of Lithuania's 100th birthday on 2018.

To properly mark this anniversary, Cleveland Youth Folk Dance Group Svyturys decided to organize the dance festival JUVENTUS - 2017, naming it "Let's Light the flame of our homeland".

The planning and preparation of the project focuses on national dance, and to preserve Lithuanian youth communica-

tion, as well as strengthening their Lithuanian identity. The young people learn through dance to master the Lithuanian Culture. The culture becomes its own. Dance lovers are coming to the festival already for the third time. Participating dance friends from Chicago, Toronto, Argentina. The event has become a tradition and dance lovers come to Cleveland for the third time.

This joint concert strengthens youth ethnicity and cultural origins.

Cleveland Folk Dance Group Svyturys directors: Ausrine Sirvinskas and Egle Zukauskas

All are welcome.

May Brewery Talk Explores Malt



Euclid Brewing Company's first "Elements" talk was presented in April by Jenny Napier of Barn Talk Hops. (Photo: Kathleen Repko)

by Kim Fry

Euclid Brewing Company is hosting a series of monthly presentations entitled "The Elements of Brewing," each of which will discuss one of the key raw materials used to make beer: Hops, Malt, Yeast, and Water. Craig and Andy Martahus of Haus Malts will explore the second ingredient - Malt - on Thursday, May 11, at 7 p.m. in the tap room.

Haus Malts, 6107 Carnegie Avenue, is one of the first stand-alone craft malting facilities in Ohio, and the only malting facility in Cleveland since Prohibition. Haus Malts produces high quality malt for sale to commercial craft brewers and makers of sprouted grain food products in the Great Lakes/Midwestern region. Euclid Brewing Company uses Haus Malts in its beers, including the Euclid Creek Kolsch now on tap.

The "Elements" series began in April with an informative talk on hops by Jenny and Mike Napier of Barn Talk Hops, a family-owned hop farm in Wadsworth. It was well-received by many curious attendees who asked lots of questions, some of whom

took home a hop plant they won in a raffle offered by the Napiers.

The remaining speakers in the "Elements of Brewing" series are Andy Tveekrem, Brewmaster at Market Garden Brewery, who will present Yeast on June 8; and Portside Distillery & Brewery's founder and brewer Dan Malz who will talk about Water on July 13.

The "Elements" presentations are free and open to all ages. Attendees may bring in food and non-alcoholic beverages. Beer will be available for sale. Seating is limited to 30 on a first-come, first-served basis.

Euclid Brewing Company is located at 21950 Lake Shore Blvd. in downtown Euclid. The tap room is open Thursdays, Fridays and Saturdays from 4 p.m. to 8 p.m. There are always six beers on tap, and pints, growlers, and tasting flights can be purchased. The tap room doesn't have a kitchen, but patrons may bring in food from any of the nearby restaurants, or from home. Follow Euclid Brewing Company on Facebook to learn about special hours, events and what's currently on tap.

Simon's Nutrition Education Tour



by Sam Chin, Creating Healthy Communities Intern

On March 21, Creating Healthy Communities piloted a nutrition education tour in collaboration with Simon's Supermarket. The theme of the tour was "Healthy Eating on a Budget", a theme chosen as a result of resident feedback through surveys of Simon's Supermarket customers. Based off of

the MyPlate model, a visual tool created by the USDA to illustrate a healthy, balanced meal, participants were led throughout the different aisles of the supermarket to learn about how to choose healthy foods, how to prepare them, and cost-saving shopping tips. Throughout the tour, participants were actively engaged in the hands-on activities and they asked many great questions. Simon's staff provided fresh fruits, vegetables, and snacks, which participants appreciated and increased awareness and engagement among store workers towards the nutrition tour. The tour ended with a \$10 challenge, where participants used what they learned to create their own healthy, balanced meal for \$10 or less. Participants personally expressed their gratitude for this tour, saying they appreciated the time and effort put in by the CHC team and they would like to see this program continue. Our post-survey results showed that all participants were 'very satisfied' and they agree that their eating and shopping habits will change as a result of the tour.

Shredding Services Available in Downtown Euclid



A full day of work at HELP U Shred Euclid

by Rachel McKevey

Do you have important documents, mail, or files laying around that you need shredded? HELP U Shred can help you out! HELP U Shred, conveniently located on Shore Center Drive, offers competitively priced contracts or drop-off options beginning at only \$4.50 per box.

At first glance HELP U Shred looks like any other business providing industry regulated, HIPPA approved shredding services to individuals, companies, and government entities. This program, however, is

extremely unique because it doubles as a vocational program providing individuals with intellectual and developmental disabilities a vehicle to independence through meaningful employment and on-the-job-training.

HELP U Shred is one of HELP Foundation Inc.'s (HELP's) three vocational programs that prepare consumers for success in independent community employment. Employees at HELP U Shred work in a supported environment with job coaches to develop transferrable skills and appropriate workplace behaviors that

can be applied at any place of employment. HELP U Shred teaches all employees the importance of arriving on-time, maintaining appropriate uniforms, and performing jobs thoroughly through the end of their scheduled shifts. The day to day jobs of each employee vary depending on his or her skills, interests or abilities. Some consumers separate the paper, others bale paper, some attend the pick-up routes, and others feed through the shredders. Each of these jobs is necessary function of the business,

so trainees are fulfilled knowing that their individual tasks contribute to the overall success of HELP U Shred.

All of HELP's programs work towards empowering consumers to have as much independence as possible. HELP U Shred fulfills this mission by preparing consumers for employment in the community, but also by paying each consumer a fair wage. Each employee at HELP U Shred receives State of Ohio Minimum Wage for their work. This is a rarity for vocational programs as many

opt to pay consumers sub-minimum wage or piecework pay. At HELP, we know the positive impact that minimum wage can have for these consumers on their quest for independence.

If you are interested in contracting services with HELP U Shred or coordinating a one-time drop-off, please contact Allison Pickett at 216.372.9117 or picketta@helpfoundationinc.org. For more information on HELP Foundation, Inc., please visit www.helpfoundationinc.org.

Senior Financial Workshop Presented by ESOP

Senior Financial Workshop

Presented by **esop**

Empowering and Strengthening Ohio's People

THURSDAY, MAY 4
Recognizing and Avoiding Elder Financial Abuse

THURSDAY, MAY 11
Budgeting and Goal Setting

THURSDAY, MAY 25
Estate Planning

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RE-ISSUED STORY

Meet Ms. Thompson Gifted Comforter & Author



This is a corrected and enhanced story. It was originally issued as "Meet Ms. Wade" in the March 2017 issue of this publication with two errors. A sincere and heartfelt apology for these errors and any inconvenience resulting in having Ms. Thompson's name incorrect and how long she has lived at Indian Hills Senior Community (30 years now, not 18).

After recently touching base with Ms. Thompson, it is very exciting to report that she is seriously considering writing a follow-up to her book, A Positive Stance.

For over 30 years, Ms. Thompson has volunteered at local area hospitals providing valuable assistance to administrative teams and patients. She is by far one of the most widely appreciated and recognized "Red Vest" volunteers receiving many letters each year of gratitude and recognition for the special treatment and well-crafted words of encouragement and comfort she offers whole-heartedly to everyone she meets. Surely her deep sincerity, spirituality and sensitivity is what has helped her become ultra-gifted in comforting others.

Ms. Thompson is a proud mother, grandmother, sister, friend and local leader to so many among her church, community and personal circles. Through 37 years in living with Multiple Sclerosis, she attributes God's love and the messages of the Bible for having provided powerful strength, guidance and grace. She encourages faith in "God's perfect love" and believes in the "healing powers" of serving others, explaining that, "helping others replenishes the heart and mind so you can face your own struggles with a better perspective."

Ms. Thompson has lived at Indian Hills Senior Community in Euclid for the past 30 years spreading good will atop of one of three scooters she owns to get herself around. Her positive outlook and aura has had a unique impact on residents in the community. Even her scooters won't stop, or perhaps she has some special way of keeping them going too. Her stories of offering comfort and embraces, as well as scooter rides to others (on her knee) in times of need, make tears well up quickly. This is a unique woman with many of her own struggles. Yet, her acts of kindness and stories illuminate the fact that she puts her whole self into life with an unwavering faith.

If Ms. Thompson had a motto for living it might sound something like this: break through your own limited thoughts and perceived constraints by taking a positive stance in faith and thoughts of others.

Although Ms. Thompson wrote a book many years ago called A Positive Stance, it is surely time for her to write another to help her fans know more of her secrets that tap into a miracle of strength, health and happiness.

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Health

Children's Grief Support Camps Provide Support Amid Beauty of Nature



Children who are grieving find hope and healing at the scenic Red Oak Camp in Kirtland.

by Laurie Henriksen
Looking for a summer camp to support a grieving child or teen, or a meaningful way for your whole family to memorialize a loved one? One of the lesser known community services offered by Hospice of the Western Reserve's bereavement center is a series of children's grief support camps and family days held in beautiful natural settings throughout Northern Ohio.
The camps are offered at a nominal cost and are made possible through the support of the Conway Family Foundation, Christ Child Society of the Western Reserve, CRL

David Foundation, the Goldner Family and many individual donors. No connection to hospice services is necessary to attend one of the camps.
This summer, camps are planned in a variety of natural outdoor settings to help children share their feelings and ask questions in safe, supportive environments. All of the camps are led by trained grief support professionals experienced in working with children and teens. Two family days – appropriate for children and adults of all ages – are also planned. For more information or to register for one of the camps, call 216.486.6838.

Three-Day Camps:
June 6-8, 9 a.m. to 3 p.m.
Together We Can
Red Oak Camp (ages 6 to 13)
9057 Kirtland-Chardon Road, Kirtland
Planned activities such as commemorative crafts, drum circles and storytelling encourage memories, coping skills and the expression of feelings.
Register by May 8
Pickup and drop off times will be provided.
Call 216.486.6838 for more details.

July 10-12, 9 a.m. to 3 p.m.
Together We Can - Medina
Krabill Shelter (ages 6 to 13)
7597 Ballash Rd., Medina (Lafayette Township)
The serene natural setting allows children to feel comfortable sharing their thoughts and asking questions in a safe, supportive environment among other children coping with similar feelings. Fun recreational activities are interspersed to encourage creative play and interaction and to take full advantage of the beautiful park environment.
Register by June 12
Pickup and drop off times will be provided.
Call 216.486.6838 for more details.

Five-Day Camps:
June 19-23, 9 a.m. to 12 noon
Riding Through Grief: The Healing Power of Horses (ages 8-12)
Fieldstone Farm Therapeutic Riding Center

16497 Snyder Rd., Chagrin Falls
Offered by Hospice of the Western Reserve in collaboration with Fieldstone Farm Therapeutic Riding Center, the gentle, nurturing feedback of therapy horses in a tranquil 45-acre farm environment has a healing effect on children coping with loss. Children interact with therapy horses through a series of unmounted activities.
Register by May 28

Family Day Events:
Saturday, July 22, 10 a.m. to Noon
At the Park (all ages)
Cleveland Metroparks
Willow Bend Picnic Area, Brook Park
Creating art from nature in a beautiful wooded setting allows participants to know they are not alone in their thoughts, feelings and experiences while they tell their stories and memorialize their loved ones.
Register by July 15

Saturday, July 29, 3 to 5 p.m.
At the Beach (all ages)
Mentor Headlands
9601 Headlands Road, Mentor
The waves and the sand provide a soothing natural setting for children and adults of all ages as participants engage in a scavenger hunt, make rain sticks and interact with others, learning new ways to manage their grief.
Register by July 22

VA Benefits & Medicare

by Ginny Calvey
The Veterans Administration is a great resource for our retired veterans, but is it enough to offer full coverage for all their benefits or are there some gaps in the coverage you may need?
In Cleveland and the surrounding suburbs, we are blessed to have great services offered. As long as you registered with the VA prior to 2003 or performed in the service during wartime you are entitled to medical and prescription benefits through your local administration.
If you were enlisted outside of wartime and did not register for benefits prior to 2003, however securing coverage may not be available. In 2003 the VA lost much of their funding because vets had failed to register so the perceived need was not recognized. If you have ever intended to use their facilities, be sure to inquire about their availability before you need apply.
If you are a wartime veteran or are already registered, they are a great resource with excellent doctors as well as a phenomenal source of prescription drug coverage. There are a few drawbacks to any system and the wait times may be longer to see or schedule doctor visits and the prescriptions are generic. Since the VA is a federal plan, it is primary and Medicare does not apply.
If you have Part A and are paying for Part B under Medicare, supplemental coverage also offers protection outside the VA in the

event you need an ambulance, are taken to a hospital which is not affiliated, wish to procure for our retired physician and assists in the copayments for your medical services within the system. If you need a prescription drug which is not generic you may also want to explore the cost of an independent drug plan as well.
Bottom line, as in any plan, the more informed you are of your coverage and any gaps it elicits and the more proactive you are in your health care, the more control you have over your individual costs. Please don't hesitate to call if you have any questions or concerns.



Ginny Calvey is a licensed certified life insurance agent who has been serving seniors since 1999, is featured on My Medicare Question, and is the author of "Life's Little Black Book."

Free Program on Healthy Living for the Brain

by Annemarie Donnelly
Mark your calendar for a free and informative community program at Mount St. Joseph Rehab Center. In tandem with the Alzheimer Association of Cleveland, we will present "Healthy Living for Your Brain and Body: Tips from the Latest Research" on Wednesday, May 24th, at 2 pm. Light refreshments will be provided.
For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.
Mount St. Joseph Rehab Center provides short-term rehabilitation with a full staff of nurses, physical therapists, occupational therapists and speech therapists, as well as long term skilled nursing care. The beautiful facility boasts private rooms, a sunny courtyard, on-site Mass, and daily social activities.
To attend this program, please call the Alzheimer Association at 800-272-3900 to register.



ful facility boasts private rooms, a sunny courtyard, on-site Mass, and daily social activities.
To attend this program, please call the Alzheimer Association at 800-272-3900 to register.

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Art

Euclid Art Association Spring Fine Art Show at Euclid Public Library May 13 through May 20, 2017 by Ellen Howard and Susan Herrle



First club art show

by Euclid Art Members
The Euclid Art Association's Spring Fine Art Show opens on May 13 at the Euclid Public Library, featuring well over a hundred works by local artists in a variety of media. The organization has members from all over Northeast Ohio and as far away as New Jersey.
One of the club's biggest annual events, this judged show with awards provides a fantastic opportunity to view and buy original artwork. Last year nine pieces of art

were sold, with eleven the year before that. The show flyer is a tribute to the artwork of Pat Snook, a long time Euclid resident and member of Euclid Art who passed away last year. The flyer features her Delicious Zero Calorie pastel, a popular attraction at the 2016 show.
In addition, visitors may take a chance on the beautiful floral bouquet watercolor created by Cathy Welner and Bob Moyer at the February EAA meeting and framed, compliments of Jon Boyton at Driftwood



Original watercolor to be raffled at end of show

Gallery in Euclid. Raffle tickets are available at the show for \$1 each or 6 for \$5, with drawing at the end of the show. The artwork will be displayed on the Euclid Library gallery wall for two weeks before the show.
Artists reception is Wednesday, May 17 from 6:30 - 8:30 p.m. The public is welcome to attend. Meet the artists and not only enjoy beautiful artwork, but punch and goodies as well. The exhibit lasts from Saturday, May 13 through Saturday, May 20 during

library hours.
The Euclid Art Association was established in 1958 by five ladies, mostly Euclid school art teachers, with a common interest in art. In the early years, there were many Sidewalk Art Shows in downtown Euclid, as can be seen in this old picture. Now, the Euclid Public Library hosts the group's premier fine art show and has been doing so for many years.

Euclid Art Association Spring Fine Art Show
May 13 thru May 20, 2017 at Euclid Public Library
631 E. 222 St.
During regular library hours
Reception on Wednesday, May 17, 2017 from 6:30-8:30 p.m.
Original art by our members.
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HELP FOUNDATION'S RUN FOR AWARENESS
Saturday, Sept. 9th
5K Race & 1-Mile Walk
Race Begins at 9am at the HELP Adult Day Support Program
22741 Shore Center Drive, Euclid, OH 44123
Registration will be available soon at www.helpfoundationinc.org

Health

Owners of Substance Abuse and Mental Health Facility Receives Prestigious Award



President and CEO Dr. Martina Moore and Vice President and COO Brian T. Moore

by V. McGraw

Moore Counseling & Mediation Services, Inc. (MCMS) President and CEO Dr. Martina Moore along with Vice President and COO Brian T. Moore received the Business Person(s) of the Year award Thursday, May 4th at the Euclid Chamber of Commerce Annual Awards Dinner.

The two were recognized for this award because of their dedication to the substance abuse and mental health issues that our communities face. They were also recog-

nized for their dedication to the City of Euclid.

"It is such an honor to receive this award, I am proud of the services we have provided this community over the last 17 years" Brian Moore said.

MCMS has seven outpatient alcohol and drug treatment centers in Northeast, Ohio. MCMS is dedicated to ensuring individuals are getting the help they deserve by providing compassionate and specialized services to clients. MCMS has been a vital business

in Euclid for 17 years.

The state of Ohio leads the nation in heroin related overdose deaths. The staff at MCMS is committed to helping clients obtain treatment services for them to maintain sobriety.

The Moore's are always in the community looking for ways to improve the City of Euclid, if you see them out please congratulate them on an award well deserved.

Free Mental Health Symposium

by Wayne Snider

Straight Talk Church invites you to a free symposium on Saturday, May 20, 2017 from 10:00 a.m. to 12:00 p.m. in Room #105 at Shore Cultural Centre, 291 E 222nd Street, Euclid, OH. The symposium will provide vital information on how to recognize and assist leaders in their churches,

ministries, synagogues, etc. with identifying mental health and special education diagnoses along with other information. Presenters are Mr. Corey Beauford, LICSW of Riverdale, Maryland and Dr. Wayne Snider, pastor counselor and intervention specialist of Cleveland Heights, Ohio.

Help Save Trauma Patient Lives by Giving Blood



by Christy Peters, 216-361-7523, @RedCrossBloodCL

During Trauma Awareness Month in May, the American Red Cross urges eligible donors to help ensure lifesaving blood is available for patients with traumatic injuries and other serious medical needs by donating blood or platelets.

According to the National Trauma Institute, trauma accounts for approximately 41 million emergency department visits and 2.3 million hospital admissions in the U.S. annually.

"A single car accident victim can need as many as 100 units of blood," said Christy Peters, external communications manager, Northern Ohio Red Cross Blood Services. "In trauma situations, when there's no time to check a patient's blood type, emergency personnel reach for type O negative red blood cells and type AB plasma."

O negative red blood cells and AB plasma can be transfused into any patient, regardless of blood type, making donors with these universal blood types an important part of the Red Cross trauma team. Less than 7 percent of the population has type O negative blood, and only about 4 percent of the population has type AB blood.

Platelets may also be needed to help with clotting in cases of massive bleeding. Because platelets must be transfused within five days of donation, there is a constant - often critical - need to keep up with hospital demand.

"As a trauma surgeon, I know that a readily available blood supply can mean the difference between life and death for patients in the most serious situations," said Dr. Gregory J. Jurkovich, board chair, National Trauma Institute; fellow, American College of Surgeons; and professor and vice chairman, Department of Surgery, University of California Davis Health. "Blood products can only be provided by generous donors, so I urge you to roll up a sleeve and help save lives."

In 1999, donated blood helped save the life of Ohio resident Michael Harper after a severe auto accident. He suffered injuries to his head, arm, leg, wrist and pelvis, plus experienced kidney failure and respiratory distress. He needed more than 60 units of blood to save his life immediately. After many following surgeries, Michael needed more than 300 units of blood in total.

Today Michael is thrilled he was able to survive and go on to marry, have three children, and become a math teacher and coach. "Blood donations helped save my life," said Michael. "Blood is a resource that must be offered out of care for others. It is safe and quick to give and a gift worth giving!"

Blood and platelet donors of all types are currently needed. Those who come out to donate blood or platelets by May 14 will have a chance to win one of three \$1,000 gift card shopping sprees from GiftCertificates.com. Donation appointments can be scheduled by using the Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767). Euclid 5/11/2017: 1:30 p.m. - 6:30 p.m., Lakefront Community Center, 1 Bliss Lane

Attention Golfers!



It's a good idea to make it out to the golf course five to ten minutes early and take some "easy" swings to warm up your ligaments before getting started. One big reason spinal injuries occur is because the first swing that people usually take is using a driver and swinging as hard as possible onto stiff joints. If you are also using bad mechanics, it greatly increases the risk of injury. A simple class to check your swing mechanics is a good idea at the start of the year. The

by Michael Lozitsky D.C.

Chiropractic has been helping golfers deal with low back pain long time now! Back pain is the most common injury that a golfer will experience. The golf swing puts stress onto the spine.

First we will go over a few things to keep in mind while you are out on the course. If you are carrying your bag, make sure to use both straps to evenly distribute weight across your shoulders. When bending over to pick up your ball make sure and bend at the knees. And take a look at the size of your putter. If it is a shorter one, consider one that will support your height better.

hips and the middle part of the spine need to pull their weight to decrease the chance of injury to the lower back. Your golf coach can assure that happens.

One of the major keys to a golf swing is biomechanics from your head to your feet. If there is a kink in the system, then there is a higher chance of injury.

Our chiropractic office works with golfers quite frequently and provides strategies to ease into the season. If you have a catch in your swing we can help, contact our office at 216-938-7889.

A Spiritual Journey

by A Tabar

Life has provided me with many opportunities to trust in the goodness of the Creative Life Force that many call God. I felt blessed as a child having my most basic needs provided for by having loving parents and grandparents. Yes, I was told by my mother, we can't afford that. And boy oh boy was I disappointed. Yet, I survived the trauma of not having what others in my neighborhood had. Later in life, when my friends were settled in jobs and careers, I struggled with unemployment, layoffs through businesses closing or cutting back. Seven jobs started and ended without my asking for change. Or, did I in some way in the recesses of my soul, look to something that truly expressed who I was on the inside. As a student at the Rishis Institute of Meta-

physics, Euclid, Oh. I welcomed the course on Vocations which helped me understand that Cleveland Rust Belt Blues didn't have to affect me if I was truly involved with what made my heart sing. Yes, I could express my true nature and creative side and earn a living. Again, I was blessed with the teachings of becoming silent, having faith and trusting the presence of God in my life to guide and protect me. Understanding the dynamic law of cause and effect and how my energy governed my life experiences, I felt more in control of my future. Gaining these insights and practicing right use of spiritual alignment propelled me to the highest and best directions and choices. You are welcome to join me at the school of higher learning to create the life you desire on the Path of Light. Call 216-486-7240.

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Senior Page

Eastbrook Healthcare Center Completes First Phase of Renovations



by Helen Curak

Eastbrook Healthcare Center recently completed the first part of an ongoing renovation to upgrade and modernize the skilled nursing facility. With a new owner in 2015 came the mantra - out with the old and in with the new - for the aging facility.

"The upgrades to our short-term rehabilitation unit, such as new state-of-the-art equipment and aesthetically pleasing decor, will make each patient's stay more comfortable and pleasant," says Shilo Dewald, administrator, Eastbrook Healthcare Center.

Eastbrook is a skilled nursing facility that provides long- and short-term care for the following needs:

Rehabilitation - Medical rehabilitation for issues such as wound care, stroke, cardiac, respiratory and physical, occupational and speech therapy.

Psychological therapy - Those who need supervised care from a routine counselor and/or psychiatrist to become independent community members.

Dementia/intellectual delay - Patients who require more supervision and stability

for their specialized needs.

Dewald adds that "the new look and comfort features incorporated into the renovation will enhance the care we provide for our patients every day."

The short-term rehabilitation unit's renovated features include:

- New nurses station complete with updated technology
- Adjustable air conditioning and heating units in each room
- Upgraded security features
- Welcoming entryway
- New call light system to track patient calls more effectively
- Individual televisions in each room
- Renovated dining area
- State-of-the-art electric beds
- Aesthetically pleasing décor for a soothing environment

A Labor of Love

By providing simple things like self-adjustable heating and air conditioning units, patients feel a sense of independence and autonomy.

"The renovation project is a labor of love. We strive to have an updated facility that provides much needed care and services for our community," reflects Dewald.

The Eastbrook Healthcare Center is located at 17322 Euclid Avenue in Cleveland. To take a tour or for more information about Eastbrook Healthcare Center, call 216.486.2280 or visit eastbrookhealth.com.

Final Medicare Answer is NO? Maybe not.



Laura Mutsko, Owner and Agent, Mutsko Insurance Services.

by Laura Mutsko

If I am denied coverage from Medicare for a service, supply or prescription drug, do I have any rights to appeal their decision? Please explain how to go about this.

You should make a practice of reviewing the Medicare Summary Notice (MSN) you receive in the mail. This notice provides details on services and supplies billed to Medicare during the prior 3 months and will indicate if Medicare has fully or partially denied any of your medical claims. If will also provide information about your appeal rights.

You can file an appeal if Medicare denies your request for one of the following:

- a health care service, supply, item, or prescription drug that you think you should be able to get
- payment for a health care service, supply, item, or prescription drug you already got
- a change in the amount you must pay for a health care service, supply, item or prescription drug.

You can also appeal if Medicare stops providing or paying for all or part of a service, supply, item, or prescription drug you think you still need.

The appeals process has five levels. If your appeal is turned down at any level, you have the option of taking it to the next

level. You will be given instructions on how to move to the next level if your initial appeal is denied.

To file an appeal, you should circle the item you are appealing on your MSN and clearly explain why you think Medicare's decision is wrong. You can write on the MSN or attach a separate page.

In general, your request should include:

- Your name, address, and the Medicare number shown on your Medicare card
- Description of the items or services for which you're requesting a reconsideration, including the dates of service and the reason for your appeal
- The name of your representative, if you have one, and proof of representation

Include any information or documentation that supports your request, including information from your doctor or other providers.

You can also use the Medicare Redetermination Form (20027) for this step. You can download this form from Medicare.gov or call 800-MEDICARE (800-633-4227) to request a copy by mail. You must file your appeal within 120 days of the date you receive the MSN and you can expect a decision in most cases within 60 days.

You also have the right to a fast appeal if you think your Medicare-covered services are ending too soon. This includes services you get from a hospital, skilled nursing facility, home health agency, comprehensive outpatient rehabilitation facility or hospice. Your provider will give you a written notice before your services end that tells you how to ask for a fast appeal. If you're not given this notice, ask for it.

Insurance rules and regulations can be confusing. If you have questions concerning life, health, Medicare Advantage Plans or Medicare Supplement insurance, please contact me at 440-255-5700 or Lmutsko@mutskoinsurance.com.

**"Free Community Talk:
Healthy Living for your Brain and Body:
Tips from the Latest Research"**

presented by the Alzheimer's Association
Wednesday, May 24th, 2:00 pm
Light Refreshments
RSVP to (800)272-3900

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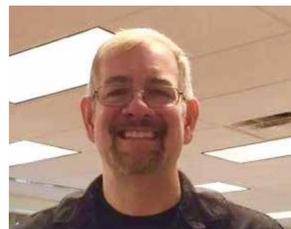
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Senior Page

Bob's Corner



by Bob Payne
WARNING – You may find this article challenging.

There are some subjects that you traditionally avoid in polite conversation. Proper etiquette dictates that conversations remain cordial, light, and for the most part – absolutely neutral. Talking about the weather or local sports teams are usually acceptable topics. Personally, I prefer more meaningful discourse, so let's put etiquette aside for a moment.

I was recently asked what religion I profess. Quite honestly, a person's religion doesn't particularly interest me. It's your business. What I really want to know about you is this.

How do you treat other people, especially those who can do nothing for you?

Have you journeyed with the broken and encouraged someone experiencing the inevitable hard times of life? Have you given a hungry person your own food? Have you comforted the sick and dying?

This tells me more about your spirituality than your denomination.

You see, I don't care too much for labels because they tend to make one group think that they are better than another by separating us from them; a kind of spiritual one-upness.

Let me ask you this important question - Is it possible for you to put labels aside and recognize each person as infinitely valuable regardless of their nationality, religion, age, politics, the amount of pigment in their skin or their sexual identity?

It has been said that we are like separate waves in the same ocean or leaves of the same tree, and it is tragic to decide that only a certain group of people should be loved. We are all in this together. We tend to get into trouble when we forget our connectedness and focus instead on our differences.

We all bleed red.
Bob Payne, Manager

When I do good,
I feel good.
When I do bad,
I feel bad.
That's my religion.
-Abraham Lincoln

Euclid Senior Center

All the programs listed are available at Euclid Lakefront Community Center 1 Bliss Lane, Euclid, OH 44123 216-289-2985 www.cityofeuclid.com



The Senior Center will be CLOSED on Monday, May 29th

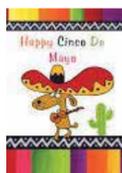
NOTE – there will be no activities in the afternoon on Thursday, May 4th.

Entertainment:

Breakfast with Bob



Breakfast with Bob will be on Thursday, May 11th - 8:30 AM at Sticks, 24131 Briar-dale Ave, Euclid 44123 You must have your OWN transportation



Cinco De Mayo Celebration
Friday, May 5th at 10:45 – 11:45 a.m.
Nachos, cheese, salsa & FUN
Sponsored by Wickliffe Country Place. Arriba, Arriba!!!



May 9th & 23rd – Fun BINGO
Bingo for Prizes - 1:00 – 2:00 p.m. – FREE
Sponsored by Cap Tel Phone & Mount St. Joseph.



Mother's Day Celebration
Friday, May 12th – 10:45 – 11:45 a.m.
Join us for a Mother's Day Celebration in the dining room for Fun, Games and Refreshments. Sponsored by Hillside Plaza.



BIRTHDAY DAY- May 17th
Cup Cakes Sponsored by Euclid Hospital Geriatric Assessment Programs. Ice Cream Sponsored by A generous anonymous senior.



F.F.F.
Join us Thursday, May 18th – 10:30 in the Library for Fun For Foodies. Sign-up at the front desk.



May 30th – SPEED BINGO
Bingo for prizes – 1:00 – 2:00 p.m. – FREE
Sponsored by Monreal Funeral Home.

TRIPS:



Grande Pointe Fun Bingo
Tuesday, May 16th – Leave the Senior Center at 1:15 p.m. and return to the center around 3:00 p.m. Take a ride in our van to Grande Pointe in Richmond Hts. for a FUN BINGO including prizes & cookies. It's FREE – Register at the front Desk.

SENIOR DAY – FREE

Wednesday, May 24th
The Cleveland Department of Aging present Senior Day – Downtown Cleveland 10:00 a.m. – Information Fair 11:00 a.m. – Program Noon – Lunch 12:30 p.m. – Entertainment Van leaves Center at 9:00 a.m. and returns around 1:30 p.m. Register at the front desk.

Bus Trips with Wickliffe Senior Center.

Mountaineer Trip. Tuesday, May 23rd Bus picks up here at 7:30 a.m. Cost \$26, but you get \$20 in slot play. Make checks payable to Wickliffe Senior Center. Sign-up at the front desk. See Monica with any question.



NAUTICA QUEEN BOAT CRUISE

Wednesday, June 28th - Van leaves at 10:00 a.m. & returns at 3:00 p.m. \$ 35.00 member, \$ 45.00 non-member Step back in time. Sway to the tunes from the Big Band Era & enjoy the buffet for lunch.

Breakfast with Grande Pointe

Wednesday, May 10th – 9:30 – 10:30
Breakfast with Grande Pointe. Join us for muffins or bagels, fresh fruit, coffee and tea. Please sign-up at the front desk by May 8th



Memorial Service, Thursday, May 25th

Please join us at 1:00 p.m. in the Library for our annual Memorial Service to honor the memory of family and friends who have passed. Light refreshments will be served following the program. NOTE – there will be no activities in the afternoon following the Memorial Service.

SPEAKERS:

Gateway Health Presentation
Wednesday, May 3rd at 10:45 a.m.
"Medicare Coverage for the whole you"
The Presentation will provide information on the A B C' & D' of Medicare plan for your health, lifestyle and budget.

Senior Page

Preventing Falls and Improving Balance

Euclid Senior Programs would like to invite everyone to join Dr. Michael Lozitsky from Infield Chiropractic on Wednesday, May 10th at 11:00 a.m. This event will be fun and exciting. He will try to challenge you and provide activities to help you improve balance and function.

Community Police Talk

Thursday, May 11th at 12:15 p.m.
"Cop –a- Question" – Immediately after Lunch. Members from our Police Department update us monthly and will answer all your questions. Can't be here? Leave your questions at the front desk. Also, if you have old medication that you need to discard, they will take it as long as it is not liquid or needles.

Grief Support Group

Thursday, May 11th at 12:45 p.m.
This Grief Support Group is for anyone who has experienced the death of a loved one whether it was a spouse, child, parent, sibling or friend. Please join us for a new opportunity provided by Euclid Senior Programs & Hospice of the Western Reserve

Stroke Awareness: BE FAST

Thursday, May 16th – 11:00 a.m.
Mr. Muhammad A. Samad will be here to talk to us about Stroke: Be Fast!! In a stroke, every minute counts, use the BE FAST method to evaluate whether someone may be having a stroke.

Third Federal Savings & Loan

Friday, May 19th – 11:15 a.m.
Third Federal is proud to present a financial literacy program focused on preventing elder financial abuse.

Muffins with the Mayor

Monday, May 22nd – 11:00 a.m. in the dining room. Here is your chance to sit and enjoy conversation and muffins with our Mayor, Kirsten Holzheimer Gail. Stop by and say "Hello".

Eastbrook Healthcare Center
Friday, May 26th at 11:15 a.m.
The Healthcare Center has gone thru major renovation and changes to provide up to date care for short term rehab in today's demanding healthcare environment. A representative from Eastbrook will share information about your skilled care benefit and when to use them.

SERVICES:



Corrigan-Deighton Funeral Home
21900 EUCLID AVE.
EUCLID OHIO 44117
Call for Information
216-481-5277
Cremation Packages Starting at \$895.00
Visit us online at:
www.CorriganDeighton.com

DPS Tuesday, May 9th

10:00 a.m. to Noon & 12:30 – 1:30 p.m.
20 – Minute free consultations.
Have a question for an attorney regarding estate planning, wills, trusts, Medicaid Eligibility, Long Term Care Needs, or Veterans Benefits? The attorneys at Daniel P. Seink Co. offer vast experience in the field of elder law. Founder and Managing Partner, Daniel P. Seink, is one of twenty Ohio attorneys certified as an Elder Law Attorney by the National Elder Law Foundation. Sign up for a 20 – minute time slot (FREE) at front desk. This service will continue on the second Tuesday of each month.

BENEFITS CHECK-UP – FREE

Monday, May 15th & 22nd
9:00 a.m. – 1:00 p.m.
Euclid Senior Programs also coordinates the Benefits Check – Up program at the Lakefront Community Center. Benefits Check – Up is a program to screen adults 60+ for over 70 money-saving programs: prescription drug assistance, help paying Medicare premiums, help with heating bills, phone discounts, and much more. Call 216-289-2985 to schedule an appt.



Podiatrist

Dr. Bangayan will be here on Wednesday, May 17th & 31st at 9:20 a.m. to 11:00 a.m. Call 289-2985 for an appointment at the center. Fee – \$20.00, with your membership.

HEALTH AND FITNESS

Chair Yoga – Mondays at 9:00 and 10:00 a.m. AC \$ 3.00 per class.

Yoga – Thursdays at 9:00 a.m. Annex Room \$ 3.00 per class.

Tai-Chi – Tuesdays at 3:30 p.m.

DR – Six week series - \$24, Drop-ins \$6.00 per class.

Billie Exercise Class – (Chair)
Tuesdays & Thursdays 10:00 a.m. – Computer Room

Line Dance – Thursdays at 1:00 p.m.

Free Blood Pressure Checks
Thursday mornings 10:00-11:00 a.m.
Please give your name to the volunteer and she will issue you a number. Wait in the hallway until your number is called.

Chair Exercise to Music – 11:00 a.m.
DRA – Wednesday

Silver Sneaker Class – 10:00 – 10:50 a.m. – Dining Room Annex Mondays, Wednesdays and Fridays. Free with Silver Sneakers membership. No Silver S. Class on Monday, May 22nd

FUN AND GAMES

BEADING CLASS:

Monday, May 1st - 10:30 a.m. to Noon.
FREE to members

Quilting Class – 2nd & 3rd Thursdays – 12:30 p.m. – 2:30 p.m.

Pinochle Tournament– Fridays – 1:00 p.m. Computer Room.

Open Card Play–Wednesdays at 1:00 p.m. Card games, Pinochle, Bridge & Rummy.

Bingo–Monday,Wednesday & Friday 12:45 p.m. – Dining Room.

Pool Tournament – Friday, May 19th 9:20 a.m. April winner – Bob Payne

Crochet– 10:00 a.m. – Tuesday, AC

Adult Coloring - 1:00 Tuesday, AC

Chair Volleyball - 12:45 p.m. Dining Room – Thursdays

EDUCATION – SOCIALIZATION

Bible Study – The group meets Tuesday morning at 10:00 a.m. – Library.

Arts & Crafts - 10:00 a.m. Wednesday – AC

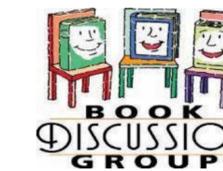
Sewing – 10:00 a.m. – Thursday, AC

Art with Jack - 12:45 p.m. Tuesday

AAARP Meeting

Monday, May 1st – 1:00 p.m.
Speaker: Sandra Pollard from Gateway Health Service to speak on Medicare Services.

Book Discussion – May 8th



At 1:15 p.m. in the Senior Center Library. Jennifer from the Euclid Public Library will lead the discussion on the book, "A Man Called Ove" by Fredrick Backman.

American Red Cross Blood Mobile

Thursday, May 11th
1:30 p.m. to 6:00 p.m.
Dining Room Annex.

GARAGE SALE

Don't throw away your knick-knacks! We will be having a Garage Sale on Thursday, June 22nd – 10:00 – 2:00 benefiting Senior Center activities. We will accept items in good shape. Sorry – NO Clothing.

Computer Class

Interested in learning Computer Basics? Join us on Monday, May 15th at 1:00 p.m. in the computer room. If you have any questions you want addressed, please give them to Sylka ASAP so that they can be addressed at the beginning of the session. In addition, a video presentation is also scheduled. Please sign in early as there are only six computer terminals available for hands on training. Of course there is room for much more. See you there!!

Get the FACTS on Medicare Health Insurance and Rx Plans.

CALL NOW TO REGISTER FOR A CLASS IN YOUR AREA:

Wed., June 14 • 6:30-8 pm
Concord Community Center
440-639-4650 to register

Tue., June 20 • 6-8:00 pm
Lakeland Community College
440-525-7116 to register

Thur., Aug. 24 • 7-8:30 pm
Willowick Library
440-943-4151 Ext. 2 to register

Laura Mutsko will compare rates and coverage from many of the nation's most respected insurance companies to get the plan that's right for you.

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These events are for educational purposes only and no plan specific benefits or details will be proposed. Limited seating. Pre-registration required. Some nominal fees may apply.

Monday	Tuesday	Wednesday	Thursday
10:00 Coffee and chat with friends			
10:30 Yoga/Meditation	10:30 SilverSneakers exercise	10:30 Various Activities	10:30 SilverSneakers exercise
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30 Line Dancing	1:00 Knitting group	12:30 Bingo	12:00 Bible study
1:00 Cards, puzzles, games			1:00 Computer lab open
			Movie afternoon
216.373.1915			

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