

EUCLID OBSERVER

Proud Member of the Observer Media Family of Community-Owned and Written Newspapers & Websites

Volume 9 • Issue 10

October 2018

Euclid Waterfront Project



City Officials and Administration pose with shovels at the ceremonial groundbreaking, joined by SmithGroup and Matt Doss of the Great Lakes Commission.



Mayor Holzeheimer Gail explains that Euclid is one of only six cities and villages in Cuyahoga County that has Lake Erie lakefront. Historically, our shoreline – like other communities – has been privatized. In Euclid, less than 6% of our four miles of Lakeshore are currently accessible to the public. With this project we are dramatically expanding public access locally and by connecting to regional trails and greenways, while simultaneously improving the health of Lake Erie and mitigating erosion. In addition, we view this project as an economic catalyst to attract new investment to our nearby downtown and throughout the city

We are Back Stronger and Better than ever...



by Rina Catena

Venite a Mangiare! Come and eat!

So happy we can finally say those words out loud. After being closed for those doors are finally open to the Euclid community and its vicinities.

On May 6th of 2017 as we stood there watching the restaurant being engulfed by ominous smoke our hearts, as well as our spirits, were broken. A lifetime worth of hard work had gone up in smoke.

As I recall May 6th started out as a normal day. Little did I know how quickly our world was going to change. I could hardly understand Fran when she called me asking me to run up to the restaurant because it was on fire. On fire? This could not be, I thought. As I'm getting in the car to drive up to the restaurant I'm thinking Fran is overreacting but I'll drive up just to make sure all is okay.

For as long as I shall live I will never forget the moment I turned on to Babbitt road from Shore Center Dr. It was a sea of blue and red lights. Babbitt was blocked off. Still, I'm thinking perhaps it's not as bad as all this. As I drove around all the stopped traffic, while ignoring the police trying to stop me from doing so, all I could think about was the restaurant. I pulled into the parking lot to a scene which will be forever embedded in my mind, heart and soul. The

fireman holding an axe getting ready to break down the door. Beeping my horn as loud as it would beep, I caught the fireman's attention as I'm pulling right up to the front door. I was screaming don't break the door I have the key. Not really thinking at this point, instinctively, I went to put my key in the door to let the fireman in. The fireman gently and firmly turned me towards him and said "I'll take the key and please go back to your car." I insisted I would let him in. Then a very kind officer directed me back to my car and said "No worries, everything will be okay. They know what they're doing".

One by one my family pulled up to the parking lot and the reality of it welled up in my heart. As the parking lot filled up with family members, friends and customers, it was on that dreary rainy cold day, that I quickly came to the realization how much my family and food is loved by the community. Moving our restaurant to a different location was never an option for us.

It was this outpouring of love that got us through what has proven to be one of the most challenging times of our lives. The rebuild!

To this day recounting our story takes us back to that very dark place. Thankfully, we quickly realize that it is now behind us.

(continued on page 7)

Community Mural



Thanks to Sherwin Williams, keep Ohio beautiful and Akron-Cleveland realtors for grants making this community mural possible

HELP Foundation Ran the Sweetest Race in Euclid!



by Stefanie Merkosky

On Saturday, September 8, 2018 HELP Foundation ran The Great Ice Cream Chase! This 5k race and 1-mile walk to bring awareness to intellectual and developmental disabilities was especially cool because every participant was rewarded with East Coast Custard ice cream once they crossed the finish line. Participants took off down Lakeshore Ave and raced to be the first to receive their frozen treat. Thank you to everyone that came out to

run or walk with us!

We'd like to thank our sponsors Com-Doc, CUI Grounds Management, In-Bloom Consulting, Quality Ribbons & Supplies, Staples, Sievers Security, Action CarStar, Concord Technology Group, Koumbaros Catering, AccuScripts Pharmacy, Relias, Cintas, Keboodles Staffing Solutions, Infield Chiropractic, Jib Machine Records, and special thanks to our Euclid Dave's Market for their donation of fruit and water!

Proceeds from the event will be put to work helping the people we serve live better lives!

For more than 50 years, Help Foundation has served people with intellectual and developmental disabilities. We provide residential, employment, transportation and day support services for adults, and summer enrichment opportunities for children. Help supports pathways that give every person the chance to thrive and reach their full ability, contributing to a vibrant, inclusive community.

Visit us at www.helpfoundationinc.org

Dialogue

From the desk of the Mayor



Progress continues to happen in Euclid! I know the construction and repairs can be frustrating, but it is a sign of growth in Euclid. I continue to be amazed at Amazon rising at the former Euclid Square Mall site. The weekly reports received indicate that the exterior structure is nearly complete and soon they will begin working on the conveyance system and interior work needed – still on time for a March completion. We hosted nearly 50 area commercial real estate brokers at the Amazon facility to learn about the opportunities for growth and development in Euclid.

Additionally, BWXT has announced a major expansion and re-investment in their building - \$50 million in capital and equip-

ment plus additional jobs. Lincoln Electric continues to beautify their corridor with new decorative fencing planned along the new Technology Training Center. O'Reilly Auto parts is completing the shell of their building on E. 200 Street. City Council has before it a proposal for the purchase and development of the former Chevy site on E. 185th Street for a new medical facility. And of course, the work has begun on the Lakefront Improvement Project.

Have you seen Memorial Park lately? The tennis courts are complete with the addition of 2 Pickleball Courts. The basketball courts have been re-surfaced and re-sealed. Serra Field renovations are almost complete. The Schools have begun the work on the paths throughout Memorial Park.

Despite the progress, there remains more to do and limited resources. While we continue to face challenges, I know that we are making progress, we are making an impact, and we are making Euclid a better

and stronger community. I am grateful for the residents who are involved and engaged in these efforts and look forward to continued improvement.

Please exercise your civic responsibility to vote on November 6th or vote early by mail. I ask for your thoughtful consideration on the local ballot issues. No one wants to pay more tax, but taking care of our community is all of our responsibility. Regarding Issue 31, our ability to repair streets is severely limited without dedicated resources to do so. I encourage you to take time to understand not only our local issues, but also the candidates running. The decisions made at the State and Federal level impact us and are critically important.

As always, thanks for caring about our community!

Mayor Kirsten Holzheimer Gail

Euclid Art Walk



YOUR INDEPENDENT SOURCE FOR EUCLID NEWS & OPINION

Published monthly with a current circulation of 10,000+ copies. The paper is made available free of charge and can be found at business locations within the City of Euclid and on our web site. The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the publisher and staff.

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The mission of The Euclid Observer is to attract, articulate and amplify civic intelligence and community good will in the City of Euclid and beyond.

BECOME AN OBSERVER!

As a product of citizen journalism, The Euclid Observer is looking for people, ages 3 to 100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers and illustrators to help with the production of the paper. It does not matter if you are a professional or an amateur, our editorial staff will be glad to help you through the process.

Register at our website Member Center where you can submit stories, press releases, letters to the editor and photos. Go to www.euclidobserver.com, click on Member Center, sign in, click on Submit Story, and start writing. No need to register to post online calendar or classified ads.

You can mail your stories to the Euclid Observer office at 1591 E. 230 Street Euclid, OH 44117

Next deadline: October 25, 2018

www.euclidobserver.com 216.505.0185

Email us at EuclidObserver@gmail.com

PUBLISHER John Copic

ADVERTISING
John Copic, 216.505.0185

WEBMASTERS Dan Ott, Jim O'Bryan

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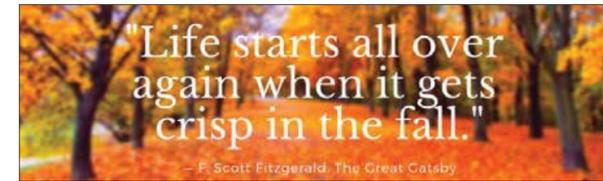
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Euclid Library

October Programs at the Euclid Public Library



by Ashley Gowens

Discussion Series: How America Got Its Guns by William Briggs

Thursday, October 11, 2018

7:00 PM / Babbitt & Erie Rooms

Join us in this series as Briggs's book provides the background needed to follow gun politics in America. The author's thorough and objective account shows the complexities of the issue, and we will use his book as a starting point.

Family Fun Halloween Party [EPL Kids]

Saturday, October 20

2:00 PM / Shore Room

Bring the family for Halloween-themed games, treats, face-painting, and fun! Don't forget to wear your costume!

No registration required but space is limited. Please arrive on time.

Exploring Immersive Worlds with Virtual Reality

Monday, October 22 - 6:00 PM / Lake & Shore Rooms

You've heard about virtual reality in books like, "Ready Player One." Now, you can experience VR for yourself! Join us for a beginner's look at virtual reality as we explore the technology in all sorts of ways. Exploring Immersive Worlds with Virtual Reality is presented by Cleveland VR Meetup.

Millionaire's Row

Tuesday, October 18 - 7:00 PM / Lake Room

Listen to storyteller, Dan Ruminski, talk about Cleveland's great Millionaire's Row. From 1875 to 1930, Euclid Avenue's Millionaire's Row was considered by many to be the greatest avenue in the world.

FRIENDS of the EUCLID PUBLIC LIBRARY October BOOK SALE

FRIDAY, OCTOBER 26

6:30 – 8:30 PM

Friends Only! Join Tonight!

SATURDAY, OCTOBER 27

9:00 AM – 4:00 PM

SUNDAY, OCTOBER 28

1:00 – 4:00 PM

Donations benefit the FRIENDS of the Euclid Public Library

FRIENDS of epl 631 East 222nd Street
Euclid, OH 44123
(216) 261-5300
www.euclidlibrary.org



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Member Euclid Chamber of Commerce

Indie Author Day

SATURDAY, OCTOBER 13

Featured Author: Everett Prewitt

1:00 PM / Lake & Shore Rooms

Local Author Showcase

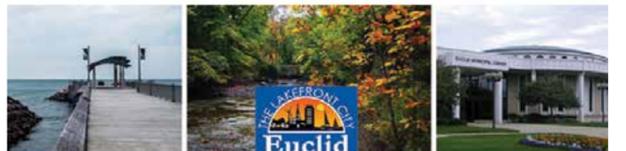
3:00 PM / Lake & Shore Rooms

Today is Indie Author Day, a day to celebrate the talents and efforts of independent authors. Whether you are a writer yourself or would like to support budding authors, you are welcome to join us. Today's speaker is Everett Prewitt, award-winning author of *Snake Walkers* and *A Long Way Back*, who will speak about the writing experience. This will be followed by an Open House where local authors can showcase and sell their books.

If you are a local author and would like to reserve a spot to sell your books, please call (216) 261-5300 to register.



Fireside Chat Series



Euclid Public Library's Fireside Chat tradition continues this fall! Join us around the fireplace for special conversations with city officials and community leaders.

6:00 PM by the Fireplace

WEDNESDAY, OCTOBER 3
Euclid Schools Superintendent Dr. Marvin Jones

WEDNESDAY, OCTOBER 17
Euclid City Mayor Kirsten Holzheimer Gail

TUESDAY, NOVEMBER 13
Councilman Brian Moore

EUCLID PUBLIC LIBRARY
631 East 222nd Street | Euclid, Ohio 44123 | (216) 261-5300 | euclidlibrary.org
Connect with us!

Donate to the Euclid Public Library Foundation

by Ashley Gowens
Because of library champions like you, Euclid Public Library continues to transform lives through funding graciously donated to the Euclid Public Library Foundation. This is achieved through annual campaigns to increase awareness and raise monetary support for programming and services. In total, your year-end gifts have raised more than \$16,000 in funding for programs, technology, author visits, and much more on behalf of the library since the campaign's launch in 2016.

The Euclid Public Library is a gem in our community that serves young and old. The Foundation's goal for 2018 is to raise \$10,000 to help replace state funding reductions and build a financial foundation to provide ongoing support for the library for years to come.

Please help us to continue to support library services and programs by considering a tax-deductible gift to the Foundation. To donate online, please visit www.euclid-publiclibraryfoundation.org. Thank you for your support!

YOUR SUPPORT Helps

- COMMUNITY**
Long-term Support of the Library
- LIFELONG LEARNING**
New Technology
- ACCESS**
Outreach Services
- EDUCATION**
Children's Programs

Euclid Recreation

Scary 1 Club Challenge

IT'S BACK October 27th!
Join us for a traditional Halloween event at Briardale Greens. The event consists of 9 holes, that of which are far from traditional, since you are only allowed to use ONE CLUB!!! After you are done embarrassing

yourself on the golf course, join us for Food, Drinks and Entertainment. Be sure to suit up with your best Halloween costume as we will be awarding for best and worst costume...
TRICK OR TREAT!

12pm Registration | 1pm Shotgun Start
Tickets Price \$30.00
Individual Stroke Play | On Course Con-
tests | Prizes for 1st, 2nd and 3rd



TRAINING

PASSING
SHOOTING
DRIBBLING
FITNESS

BOYS & GIRLS
AGES 8-12
SESSIONS
November
6th - 30th
(Tues & Thurs)
7pm - 8pm

Fall Basketball

REGISTER
Online or
Euclid City
Hall

CLINIC

RATES
Residents \$25
Non-Residents \$50

ZOMBIE DASH

5K & 1 Mile Run/Walk

October 20, 2018
Briardale Greens
24131 Briardale Greens Ave. Euclid, OH

5:15pm - Registration starts
6:15pm - 5K starts 7:00pm 1 mile starts
Register between now and race day
Runner - \$25
Walker - \$15

EUCLID RECREATION

Contact Hannah Zavorek
with any questions (216)
289-8114 ext 3934

To register go to:
cityofeuclid.com - recreation whats
happening or at Euclid City Hall

All finishers will receive
A hot meal and
non-alcoholic drink

THE EUCLID RECREATION DEPARTMENT

PRESENTS

Howl at the Hall

AGES 5 & UNDER ONLY
ADMISSION IS FREE BUT PRE-REGISTRATION IS REQUIRED
VARIOUS OFFICES IN THE BUILDING WILL BE PARTICIPATING IN THIS FUN EVENT!
RECREATION DEPARTMENT PHONE (216) 289-8114 OPTION 8

Welcome

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Choose Cleveland Clinic urology: Recognized for excellence.

Cleveland Clinic's urology program is recognized worldwide for excellence. *U.S. News & World Report* ranked our program No. 1 in the nation for 2018-2019. Patients benefit tremendously by having this top-ranked urology program close to home. Eric Klein, MD, chairman of the Glickman Urological & Kidney Institute, explains what sets Cleveland Clinic's urology program apart.



Eric Klein, MD

Q: Who comes to Cleveland Clinic urologists for care?

A. Men, women and children seek care from our urologists. They come for issues ranging from mild to serious – benign prostatic enlargement (BPH), chronic prostatitis, reproductive health, male fertility, erectile dysfunction, incontinence, organ transplants, and cancer of the bladder, kidneys, testis or prostate. We provide expert care for all urologic issues.

Q: What sets Cleveland Clinic urologists apart?

A. We put our patients first in everything we do. Ours is the most specialized program in the U.S. When patients come to see our urologists for a specific concern, they can be assured the urologist specializes in that condition and has extensive experience in its diagnosis and the entire range of possible treatments, including surgical and nonsurgical options.

Q: Can you explain the benefits of minimally invasive surgery and robotics?

A. For many conditions, our physicians can perform minimally invasive or "laparoscopic" surgery. This means we use the smallest of incisions and special instruments, which is so much easier on our patients. It reduces pain and speeds recovery for many conditions. We have one of the world's largest groups of surgeons with experience in urologic laparoscopic surgery and have taken laparoscopic surgery to the next level and improved it by using advanced robotics for certain procedures.

Q: What about your experience with urologic cancer?

A. Our staff includes fellowship-trained and internationally recognized specialists in bladder, kidney, prostate and testis cancer. We work closely with our oncologists (cancer specialists) to develop treatment plans that offer the best possible outcomes for each patient. Our specialists have transformed the management of many urologic cancers. We've pioneered less invasive treatment alternatives and have unique expertise in managing even the rarest of urologic cancers.

Q: How can patients access Cleveland Clinic's top-ranked urology program?

A. Patient-centered care is at the heart of our culture. We make our care convenient with more than 20 community locations throughout Northeast Ohio.

To make an appointment with a Cleveland Clinic urologist, call 216.444.5600.

Need physical or occupational therapy? Know the questions to ask.

After surgery or an injury, choosing where to go for physical or occupational therapy is an important part of your recovery. People typically require therapy several times a week, so it's important to choose a facility that is conveniently located for you.

Here are a few key questions for patients to ask when they call a facility about beginning therapy there:

Will I be working with the same one or two therapists on a regular basis?

You do not want to see a different person each time.

Will I see a professional licensed therapist or will it be an aide? How many of your staff members have advanced degrees or are board-certified?

The higher level of training and education the providers have, the better the outcomes you will achieve.

Does anyone on the staff specialize in my unique problem?

For example, if you have had hand surgery, you want to see someone who is experienced in hand therapy.

Will I be seen one on one or in a group?

Individual appointments are always preferable. They allow therapists to tailor a plan to meet your specific needs.

What hours are you open?

If you have work or other obligations that limit your

availability, make sure they are open when you are free.

What other services do you offer?

For example, if sports psychology or nutrition counseling becomes necessary, it is best if you don't have to find yet another practice to help you.

Will my therapist be accessible?

Ask if you can call or email your therapist between sessions if you have a question.

Will I be able to access my medical record online?

You want a facility that works with your referring physician. Having them use the same electronic medical record system is valuable for helping them communicate about your progress.

Once you choose a facility, you do not have to stay if you are not getting better or are not happy with your care. Most physical and occupational therapists care deeply for their patients, but if you do not feel that your therapist understands your specific goals, feel free to make a change.

Physical and occupational therapy can make major differences in your quality of life. Choosing the right facility is the first step.

To schedule an appointment with a Cleveland Clinic physical, occupational or speech-language therapist near you, please call 216.444.6262.

Sports Injury Clinic

Every Saturday morning during fall sports season (Aug. 25 to Oct. 27, 2018) from 8 to 11 a.m. and the following Monday from 4:30 to 6:30 p.m.

Cleveland Clinic Sports Health, 5555 Transportation Blvd., Garfield Heights

Cleveland Clinic sports medicine specialists can help athletes who suffer acute sports injuries on the weekend

with its Sports Injury Clinic. Our clinic services include:

- Acute injury care for athletic-related injuries, such as sprains and strains
- Full array of sports medicine services, including X-ray and bracing
- Physical therapy consultation to review rehab plan, if needed

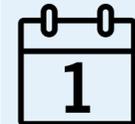
Walk in or call 216.518.3475 for an appointment. Go to sports-health.org/injuryclinic for more information. Cleveland Clinic offers same-day appointments.

Do you or someone you know suffer from bipolar depression?

Register for Cleveland Clinic Center for Behavioral Health's clinical trial looking at the effectiveness of a single mood stabilizer using MRI scans.

If eligible, participants will receive study medication, psychiatrist evaluations, and stipends for time and travel.

For more information, please contact 216.445.2378 or Moodres@ccf.org.



Community Calendar

Save the Date: Annual Diabetes Fair

Friday, Nov. 2, 2018 | 1 to 4 p.m.
Cleveland Clinic South Pointe Hospital Building B – Main Lobby
20000 Harvard Road, Warrensville Heights

Hosted by Cleveland Clinic South Pointe Hospital's Diabetes Education Center, the health fair will include:

- Cooking demonstrations
- Physician panel discussions
- Diabetes patient champion testimonials
- Health screenings
- Hand and back massages
- Snacks, door prizes, and more!

Free and open to the public. No reservations required. For more information, visit southpointehospital.org/diabetes or call 216.491.7451.

For more information on Cleveland Clinic events and community programs, visit clevelandclinic.org/communitycalendar

Ohio's major health insurance plans include Cleveland Clinic.

Nearly 90 plans include access to Ohio's #1 care.

For a full list of insurers visit clevelandclinic.org/insurance.

U.S. News & World Report 2018-19



Every life deserves world class care.

Shore Cultural Center



In the heart of downtown Euclid!
291 East 222nd Street
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THIS MONTH...

Silhouette Productions:
SHREK the Musical

Friday-Sunday, October 12th-14th
Friday-Sunday, October 19th-21st

Lake Erie Folk Fest
Community Dance

Friday, October 19th 7:30-10 PM
Band: The Real Deal String Band

Euclid Symphony Orchestra
Friday, October 28th, 3:00 PM

COMING SOON...

Motown Era Magic
November 3rd

Euclid Holiday Celebration
November 30th

The Singing Angels
December 16th

Check our website for more information, tickets, and to view our schedule of classes and services. Consider our event rooms for your parties or meetings.

VISIT OUR WEBSITE: www.shoreculturalcentre.com

Motown Era Magic Concert at Shore Cultural Centre Nov. 3rd



The Men of Motown to appear at Shore Cultural Centre in the Night of Motown Era Magic Concert on November 3, 2018.

by Wings Above Productions

On November 3rd the "Night of Motown Era Magic Concert 6" will be at Shore Cultural Centre. This concert features Rare Juelle, The Men of Motown, Andreee Fant-Priest, and Chase. The night will feature favorite Motown hits by Gladys Knight & The Pips, The Dramatics, the women of Motown, and many more! Presented by Wings Above Pro-

ductions, tickets are \$20 in advance, \$30 at the door, VIP \$40. Doors open at 5 pm, the show begins at 6 pm. For more information, or for special group arrangements, call 216-253-5432. Purchase tickets at Shore Cultural Centre, or online at www.universe.com with search "Motown Era Magic". Shore Cultural Centre is located at 291 E. 222nd, Euclid, OH.

Squares, Contras, and Waltzes, Oh My!



The Saints and the Opossums playing at the first Community Dance of the season at Shore Cultural Centre. Photo courtesy of Laura Lewis.

by Chris Cipriani

Skirts were twirling, hands were clapping, and people were smiling having a great time at the first Community Dance of the season at Shore Cultural Centre. The new Lake Erie Folk Fest dance series began on September 21st and continues next month featuring "The Real Deal Stringband" on October 19th. Experienced dancers, as well as those completely new to square and contra dance, are welcome to take to the floor or just enjoy the music. The dances are fun for every age and there is instruction at each dance. Upcoming dance dates are 10/19, 11/16, 2/22, 3/15, and 4/19 at Shore Cultural Centre, 291 E. 222nd, in Euclid. Dances are 7:30 pm to 10:00 pm; \$10 adults, \$5 seniors and students, 12 years old and younger are free.

Meet The Cast of "Shrek, The Musical"

by Charlotte Mirabile

GET YOUR TICKETS NOW!!! - Evening Performances Oct. 12,13,19,and 20 at 7:30 PM • Sunday Matinees: Oct. 14 and 21 at 2:00 PM • Shore Cultural Centre, 291 East 222nd Street, Euclid, Ohio • Intersections of 222nd Street, Babbitt Road & Lake Shore Blvd. • Tickets in advance: Adult \$15.00(Over 60/Under 17- \$13.00) At the door: Adult \$17.00(Over 60/Under 17 - \$15.00) • Groups of 20 or more Reserved Seating • For tickets call 216-219-3630 or 216-289-8578

AFTER SHOW: ON-STAGE, PRIVATE MEET & GREET WITH SHREK & CAST, AUTOGRAPHS & PICS - \$5.00(CAN BE PURCHASED IN ADVANCE OR AT PERFORMANCE)

Shrek The Musical Leads

Adam Harris.....Shrek
Rebecca Polito.....Fiona
Erin Morgan.....Donkey
John Telepak.....Farquaad

Shrek The Musical Cast List

Anita Anger.....Queen of Hearts
Alison Arko.....Sugar Plum Fairy,
Blind Mouse, Bluebird, Queen Lilian
Jennifer Banasik..... Mama Bear, Mama Ogre
David Bruney.....Captain of the Guard, Knight 4, Pied Piper, Priest
Sam Carlson.....Fauna, Guard
Lisa Castelletti.....Pig 1, Knight 2
Carmella Dalto..... Dwarf
Brett Heidinger..... Pinocchio
Derrick Hudson.....White Rabbit,
Guard, Knight

Connie Laettner.....Flora, Greeter, Knight 3,Merryweather,Dance Captain
Josh Linerode.....Giant, Guard, Thelonious, Knight 5
Sophia Martinez..... Dwarf, Grumpy, Young Shrek
Meg McGarry..... Old Woman in the Shoe
Kennedy McGarry.....Dwarf
Clayton Minder..... Papa Bear, Papa Ogre
Tara Mirabile..... Wicked Witch, Blind Mouse
Charlotte Mirabile..... Fairy Godmother
Aria Mirabile..... Elf, Blind Mouse
Hope Mocodlo.....Pig 2
Emily Mocodlo..... Pig 3
Isabel Novosel.....Gingy
Linn Obery..... Gepetto
Melody Obery..... Mother Goose
Amanda Ostroske..... Little Red Riding Hood, Teen Fiona
Tessa Ostroske.....Baby Bear
Katie Rotuno.....Goldilocks, Dragon
Gary Samarín..... Big Bad Wolf, King Harold
Katie Tillery.....Ugly Duckling, Young Fiona
Joe Wirsing.....Peter Pan
Tom Wirsing.....Mad Hatter, Guard
Sam Wirsing..... Dwarf
Anita Young..... Humpty Dumpty
Tap Dancing Rats Alison Arko, Aria Mirabile, Derrick Hudson, Emily Mocodlo.
Connie Laettner, Hope Mocodlo, Tara Mirabile, Joe Wirsing, Lisa Castelletti
Dulac Dancers Alison Arko, Aria Mirabile, Lisa Castelletti, Emily Mocodlo, Derrick Hudson, Hope Mocodlo, Connie Laettner, Amanda Ostroske, Tara Mirabile

We are Back Stronger and Better than ever... (continued from front page)

Heartfelt thanks and appreciation goes out to the following people. If not for your help, hard work, guidance and kind words we would not be here.

- The Euclid FireDepartment
- The Euclid Police Department
- WET- Joe Keller
- Mayor Kirsten Holtzheimer Gail and her administration
- Erik Loomis | Loomis
- WRI | Cooke's
- Adam New | Little White Barn
- Eillen Scott | Dean Supply
- Manny Nathan | Dubick
- Euclid Observer | John Copic and you our loyal customers!

Know that we are grateful that our lives have been touched by each and everyone of you!

We are back and have the following specials:

September 30th | Brunch 10:30 am to 2pm
Half off Apps | Friday & Saturday night from 9-10:30 pm half off all our appetizers
Happy Hours- Tuesday- Thursday from 4-6 pm: one glass of wine \$4 and 2 dollar beer.

Thank you all for your support and appreciate your patronage! Venite a Mangiare...

Saluti from the Catena Family
Mama Catena Vino e' Cucina



A sunset watch party



by Taneika Hill

If you have ever had the pleasure to sit on the lake and watch the sunset you

know what a beautiful sight that is. Now imagine that beautiful sight being shared with a group of beautiful people that want to make sure everyone know what a beautiful city we live in. The Shade tree commission is made up of a group of volunteers that work together to ensure that we as a city are planting enough trees, educating residents, preparing for Arbor Day and planning the

annual event that brings hundreds of visitors from all over Northeast Ohio. The garden hosts open their homes for all to come and view the hidden treasures that they have created right here in our own backyard. They do not get a portion of ticket sales, they do not get assistance for their gardens, they do it simply for the love of the city. As a Councilwoman I am so glad that I can volunteer with this group. I have learned so much from the gardeners and even more from the commissioners. What I have learned most is, not everything is done for pay, or an agenda, some things are simply done for the love of the city.

This past Sunday members of Euclid's Shade tree commission and Pond and Garden tour hosts got together for a "Sunset Watch Party". Greg Lawrence and Chair



Commissioner Brenda Hall thought that this community of creative gardeners and horticultural artist needed an opportunity to come together on an occasion that didn't involve the hustle and bustle of preparing a garden for show, or the formal appreciation dinner that takes place at the end of each tour season. But a time of laughter, fellowship and connections being made that will last a lifetime. This was a time for this dynamically diverse group of Euclidians to come together on a cool Autumn day to enjoy the simplicity of the Sunset. Greg Lawrence the owner of the Lakeshore Coffee house, who happens to be the number one ticket seller for the Pond and Garden tour was the gracious host for this wonderful event. He cooked burgers and dogs on the grill, had a fire in the firepit and there was

even an acoustic guitar player strumming away as we laughed and talked. He may have the most beautiful view of the sunset I have had the pleasure to see, or it could have just been his warm spirit and generous hospitality that made it extra special. The sun gazers brought homemade apple cake and other tasty treats to share. The laughter was so infectious that it brought out a couple of neighbors to the party. This year's tour brought newcomers such as Mr. and Mrs. Wallace Tanner, Ms. Constance Sealley and returning hostess Jeanie Rowe. The party was full of past and current hosts. All I can say is the watch part was a huge success and I'm looking forward to what will come from this special group in the future.
Ward 3 Councilwoman/Shade Tree Commissioner - Taneika Hill

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SUPPORT | Valencia Collins enrolled at Tri-C to earn a nursing degree, and today she has a job doing what she loves.

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City of Euclid

The Euclid CommUNITY Relations Task Force - Fall Update



Attendees at the Annual Art Walk happily wrote the many reasons they "Love Euclid" on the Euclid CommUNITY Relations chalkboard

by Marilou 'Louie' Myrick and members of the Euclid Community Relations Task Force

Members of the Euclid CommUNITY Relations Task Force continue to engage with all Euclid residents, and we encourage you to share your kudos and ideas.

RECENTLY: you may have seen and talked with us at the:

- Sims Park concerts – where a lot of enthusiastic people accepted our invitation to share their thoughts on the chalkboard.
- National Nite Out event, where a number of residents enthusiastically shared their stories and ideas with us

- Annual Art Walk, where we again used the chalkboard (see photo) to encourage attendees to share your Euclid love.

NOW and FUTURE:

- We're excited about plans for the CommUNITY Relations "This is Euclid" event, planned for next May. Look for regular updates.
- Stay in touch...look for us on the City of Euclid Neighborhood Engagement/ Community Relations page: <http://www.cityofeuclid.com/residents/NeighborhoodEngagement#Relations>

- Look for us when you're out and about at Euclid events. We'll be wearing our CommUNITY Relations nametags and we like nothing better than hearing from you.

Fire Causes Extensive Damage To Euclid Home



At 2:56 a.m. on September 9, the Euclid Fire Department (EFD) was called to a structure fire with flames coming from the roof at 2046 East 224th St. On arrival at 3:03 a.m., it was confirmed that all occupants were out of the home. The EFD started an exterior attack and then transitioned to an interior attack after heavy fire conditions had been darkened. Firefighters battled the blaze for five hours until all the flames were extinguished, and all fire extension was stopped.

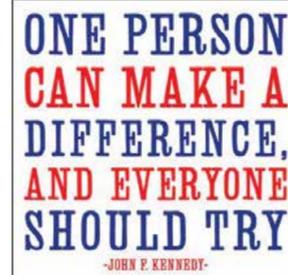
A total of 16 Euclid firefighters responded to the scene, in addition to mutual aid from firefighters in South Euclid and Richmond Heights. While there are no injuries to report, the occupants and their four pets are being assisted by the Red Cross. The cause of the fire is under investigation and damages are estimated at \$135,000.

The public is reminded to have working

smoke detectors and to create and practice a home escape plan.



A Right and Responsibility



by Brian Moore

I know a lot of people, but chances are I don't know most of the people that will read this article. I don't know your age, your nationality or your religious affiliation. I don't know your gender, your employment or marital status. I don't know if you rent a home or own your home. You may be politically liberal or conservative; republican, democratic, socialist or independent. I don't know if you agree with my views on anything or not. To be honest, it doesn't matter.

Regardless of what you believe or who you support, I want you to vote. I am the Councilman in Euclid Ward 2 because people came out and voted for me. The people that voted for me and any of the other councilpersons in the last election helped to decide the direction the City of Euclid would take for years to come. They may not have thought about it that way when they entered the voting booth, but that is in fact exactly what they did.

I recognize that the upcoming election doesn't feature one of those important presidential contests that bring voters out, but that doesn't mean there aren't impor-

tant issues on the ballot that need your attention. I believe that every time you have an opportunity to vote, you should. Hundreds of activists, many regular folks just like you and me, have spent time in jail having been arrested fighting for voting rights. Thousands of people have died so that we could enjoy the privilege to vote in a free society. Voting is our right and responsibility.

Did you know that only about 64% of the U.S. voting-age population was registered to vote in 2016 according to the Census Bureau? That is compared to 91% in Canada (2015) and the UK (2017). Large percentages of unmarried women (32.5%), Latinos (42.7%), and millennials (39.3%) aren't registered to vote.

September 26 was National Voter Registration Day. To vote in the 2018 November Election:

- You must be a United States Citizen;
- You must be at least 18 years old on the day of the General Election;
- You must be a resident of Ohio for at least 30 days;
- You must register to vote at least 30 days before an election to be eligible to vote.

Voting Day is November 6. I always have voter registration forms at my office at Moore Counseling and Mediation Services, Inc. at 22639 Euclid Avenue. Office hours are Monday through Friday from 8:00 – 7:00 p.m. If you need to register, please come by for a form. Even if you are too late for this election, get registered so that you can vote in the next election.

Your voice matters. Research the issues and the candidates on nonpartisan sites so that you get an objective opinion and know who and what you are voting for. Vote and to make sure your voice is heard.

Euclid Police Receive Ongoing Training



Euclid Officers have received extensive and ongoing training including but not limited to weapons and tactics, investigative methods, school resource officers, first aid, drug interdiction, hostage negotiations, naturally inherent bias, social media, high-

performance driving, technology, and procedural justice. Officers are trained to handle response to resistance through tactical training which involves skills and tools officers use when faced with a dangerous situation. This training includes decision making, verbal de-escalation, hands-on skills, and weapons. Since January of 2016 Euclid Officers have participated in over 14,000 hours of training. Over 1/3 of those hours have been tactical training.



Euclid pride is the community coming together and showing that love is real!

COMMUNITY Relations Task Force

Join the Discussion at: www.euclidobserver.com

City of Euclid



Leaf Collection



by Daniel Knecht

As leaves start to turn and fall it's time to talk leaf collection. Let's cover some of the specifics and let you know how to track what neighborhoods crews are in on any given collection day. As the leaves start falling in volume collection will begin. This start date can vary from early to later October depending on the weather. Once started crews will continue collection until December 7th. This date may need to be adjusted depending on how quickly the trees shed the leaves. There will be ad-

vanced notice if the collection date needs to be pushed out further due to the leaves falling late. The City website will have the most up to date information on the current location of the crews and any changes to the end date.

Crews do not pick up grass clippings, brush, tires, pumpkins, dead plant material, flower pots or scrap metal. Any piles found containing any of the listed items or trash will be left for disposal by the resident. The compost facility monitors each load brought in and any load contain-

ing foreign matter will be refused. Leaves should be piled on the tree lawn and out of the street to prevent them from blocking water flow to catch basins which will cause street flooding. Vehicles parked in the street can prevent the equipment from being able to collect the leaves. If possible please move your vehicle when you see the crew on your street for collection. Use caution when driving down streets where crews are working as there will be workers moving around the collection vehicle. Leaves can also be placed in your trash containers for pickup by Kimble on your assigned trash day.

A question that is asked every year is what happens to the leaves that are picked up? The City pays a fee for all leaves collected during the season. These leaves are composted at a facility in Wickliffe which uses the composted leaves in mulch that it produces.

Last year's leaf collection total was 944 loads equaling 14,160 cubic yards. The City staff works hard to safely and efficiently collect the leaves in a timely manner with available equipment and personnel. Please help us by following all guidelines for leaf collection.

Euclid City Council President will appear at LCS October Meeting



October 11 LCA Guest Speaker Euclid City Council President Charlene Mancuso

by Kevin Jones

Charlene Mancuso, president of the Euclid City Council, will speak at the next public meeting of the Lakeland Civic Association to be held October 11th at 7:00pm at the Wickliffe Public Library.

Mancuso has spoken often at LCA's regular meetings. At October's meeting she will address members and attendees and will be available to take their questions on the several issues that face Euclid residents on the city's November ballot. LCA chair, Kevin Jones and vice-chair Karen Lewin will dedicate the bulk of their meeting to Mancuso's appearance.

LCA invites members and non-members alike to attend this important gathering. Members will conduct official business as it does regularly. In the case of October's meeting, officers Jones and Lewin will invite questions and comments from all who attend, members or not.

The Lakeland Civic Association was offi-

cially recognized as a Euclid City neighborhood association in 1952 and has remained active in city issues and issues of interest to the owners and residents of the 425+ properties that comprise its development. Its official boundaries include homes bounded by the southern side of Forestview Avenue, and on other sides by E272nd Street and Walnut Drive.

Any and all owners or residents within the association's traditional boundaries always are welcome to attend LCA meetings. LCA leadership conducts official business in an inclusive and very relaxed manner. This especially will be true at their October meeting, since important city-wide issues will be on its agenda.

At their October 11th meeting, president and meeting chair Kevin Jones will make available to attendees voter guides and other pertinent information of interest to LCA residents and members.

EUCLID CITY SERVICES

Animal Control	289-2057
Briardale Golf Course	289-8574
C. E. Orr Ice Arena	289-8649
Euclid City Hall	289-2700
Euclid City Schools	797-2901
Euclid Court	289-2888
Euclid Creek Resv	440-473-3370
Euclid Family Y	731-7454
Euclid Police Non-Emergency Block Watch	731-1234
	289-8449
Euclid Library	261-5300
Euclid Neighborhood Engagement	289-826
Henn Mansion	731-5060
Housing Dep't. Housing and Property Conditions	289-8127
Lakefront Sr. Community Ctr.	289-2985
Recreation Dep't. Youth, Adult and Family Pgms	289-8114
Service Dep't. Street Conditions	289-2701
Sim's Park	289-2700
Shore Cultural Ctr.	289-8578
Domestic Violence	391-HELP
Ward 1 Council Stephana Caviness	240-0901
Ward 2 Council Rev. Brian T. Moore	860-1734
Ward 3 Council Taneika Hill	609-4609
Ward 4 Council Kris Jarosz	401-9413
Ward 5 Council Christine McIntosh	333-8601
Ward 6 Council John M. Wojtila	288-4698
Ward 7 Council Daryl Langman	731-2345
Ward 8 Council Laura Gorshe	744-8988
Council President Charlene Mancuso	731-5952

President of the United States
 Comment Line 202.456.1111
 Switchboard 202-456-1414
 The White House
 1600 Pennsylvania Avenue NW Washington, DC 20500

United States Senator
 Sherrod Brown (D-OH) (202) 224-2315
 713 Hart Senate Office Building Washington DC 20510
 Contact www.brown.senate.gov/contact

United States Senator
 Rob Portman (R-OH) (202) 224-3353
 448 Russell Senate Office Building Washington DC 20510
www.portman.senate.gov/public/index.cfm/contact?p=contact-form

United States Congresswoman for the 11th District
 Marcia L. Fudge (D-OH) (202) 225-7032
 2344 Rayburn House Office Building Washington DC 20515
 Contact <https://fudge.house.gov/email-me/>

Governor of Ohio
 John R. Kasich (614) 466-3555
 Riffe Center, 30th Floor 77 South High Street
 Columbus, Oh 43215-6117
<http://www.governor.ohio.gov/Contact/ContacttheGovernor.aspx>

State Representative Ohio House District 8
 Kent Smith (D) (614) 466-5441
 77 South High Street 10th Floor Columbus, Ohio 43215
 Contact <http://www.ohiohouse.gov/kent-smith/contact>

State Senator Ohio Senate District 25
 Kenny Yuko (D) (614) 466-4583
 1 Capitol Square Ground Floor Columbus, Ohio 43215
 Contact <http://ohiosenate.gov/yuko/contact>

Cuyahoga County Council
 Sunny Simon (216) 698-2035
 2079 East 9th Street – 8th Floor Cleveland, Ohio 44115
 Email : ssimon@cuyahogacounty.us

Join the Discussion at: www.euclidobserver.com

Community

EUCLID CHAMBER OF COMMERCE

Euclid Chamber of Commerce | 20150 Lakeshore Blvd, Euclid 44123 | Ph 216.731.9322 | info@euclidchamber.com

Eat Local Guide

Courtesy of the Euclid Chamber of Commerce

Beach Club Grille
Famous for gourmet pizzas, offers over 70 different locations, burgers, fish, weekend specials and brunch.
2300 Lakeshore Blvd | (216) 731-7400 | beachclub.com

Bagel Buddy's
Great place to grab a coffee, bagel, breakfast sandwich, wrap, and other daily specials.
20070 Lakeshore Blvd | (216) 483-2900

Bill the Bartender
Northwest Ohio's premier private party bartender.
(440) 945-0443 | billthebartender.com

Brookside Diner & Beverage
Drive-in sales of beer, wine, spirits, iced, smoothies.
530 East 200th Street | (216) 532-6644

Chub's
Tavern with food, drinks, and live music.
586 E 36th St | (216) 483-6839 | chubs.com

Chili Peppers Fresh Mexican Grill
Dine-in or take-out fresh food. Build your own burrito & bowls.
985 East 200th St | (216) 532-2300 | chilipeppers.com/homebased.com

CommuniCo Catering Services
Native, organic catering service with vegetarian, vegan, and gluten-free options.
(216) 757-6469 | help@communicocatering.com | @communicocatering

Dave's Market
Country store and bakery.
22611 Shore Center Dr | (216) 285-0006 | davesmarket.com

Great Scott Tavern
All American comfort food in an elegant dining room setting. Banquet center.
21611 Lakeshore Blvd | (216) 432-3839 | greatscottavern.com

IQ Plaza
Meal prep and catering, vegan, vegetarian, and traditional.
(440) 561-6900 | foodbook.com/IQ-Plaza

High American Club
Club with lounge, bar, pool, and patio.
22770 Lakeshore Blvd | (216) 735-4003 | highamerican.org

Koumbaris Catering
Catering available on-site at High American Club or off-site.
22770 Lakeshore Blvd | (216) 536-3774 | koumbariscatering.com

Maria Catering Wine & Cuisine
Italian Cuisine in a newly remodeled casual atmosphere.
713 South Rd | (216) 363-1398 | mariacatering.com

Paradise Island Saloon
Tavern with food, bar, live entertainment & brunch.
630 South Rd | (216) 752-7303 | paradiseisland.com

Panagon Wine Bar
Full bar with a wine selection, food & patio.
23200 Lakeshore Blvd | (216) 732-9453 | panagonwinebar.com

Recess House Pizza
Pizzas, salads, sandwiches, wings, delivery, takeout and catering.
23150 Euclid Ave | (216) 482-0202 | recesshouse.com

Roadhouse Entertainment
Bowling, arcade, bocce courts, events, catering, food & bar.
29601 Euclid Ave | (440) 584-9600 | roadhouse.com

Stevens' Bar & Grill
Popular place to grab a burger or a quick bite.
600 E. 200th St | (216) 999-7156 | facebook.com/StevensBar&Grill

The Standard
Upscale American dining in a cozy space.
779 E. 189th St | (216) 532-9663 | thestandard.com

Tavern's Party Center
Banquet hall, party rooms, catering, seasonal fish fry.
3415 E. 200th St | (216) 285-0303 | tavern.com

COFFEE CONNECTIONS

Free networking events! Not yet a member? Mark your calendar to attend and experience how valuable one hour of your time can be in building your business network.



OCT 9TH
8:30 - 9:30 AM
OFFICE OF
COUNCILPERSON
BRIAN MOORE
22657 EUCLID AVE

Euclid Chamber of Commerce
euclidchamber.com/events

The Euclid Chamber of Commerce presents the annual

COMMUNITY LEADERS BREAKFAST

OCTOBER 18TH, 2018
8:30 AM

Lincoln Electric Welding Technology & Training Center

Join us for breakfast with guest speakers Euclid City Mayor Kirsten Holzheimer Gail and Mr. Marvin Jones, Superintendent of Euclid City Schools. Members \$15 / Non-members \$20

Euclid Chamber of Commerce | **Euclid City Schools**

euclidchamber.com/events

WELCOME NEW MEMBERS!

Move That Mountain Health Coaching
Huntington Bank
Hockey Time Productions
Bagel Buddy's
Liberty National
Cornucopia Catering Services
Eagle Rental Purchase
Green Ridge Apartments
KeyBank
Hudec Dental
Proud Member



THANKS TO OUR RENEWING MEMBERS!

EST Insulation, LLC
Action CARSTAR Auto Body & Frame
Rick Case Motors, Inc.
Roll House Entertainment
Street Machinery
Kollander World Travel
University Hospitals
Horizon Learning Centers

Who's hiring in Euclid?

Find out at the Euclid Works Job Board!
facebook.com/groups/euclidworksjobboard

Free postings for Chamber members!

EuclidWORKS! JOB BOARD

Registration and additional information at euclidchamber.com/events

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Just like they used to roll out in elementary school. (TV not included)

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Antique Fisher Body Tool Drawer

Vintage tool rack in great condition.

\$ 100.00
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Plastic Playing Cards

Professional quality. Sealed new, and comes in a hard plastic case.

Bulk available.

\$ 5 for set of 2 decks
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Antique Casino Wheel

Unique find for decorating, or for fun. Wheel stand not included.

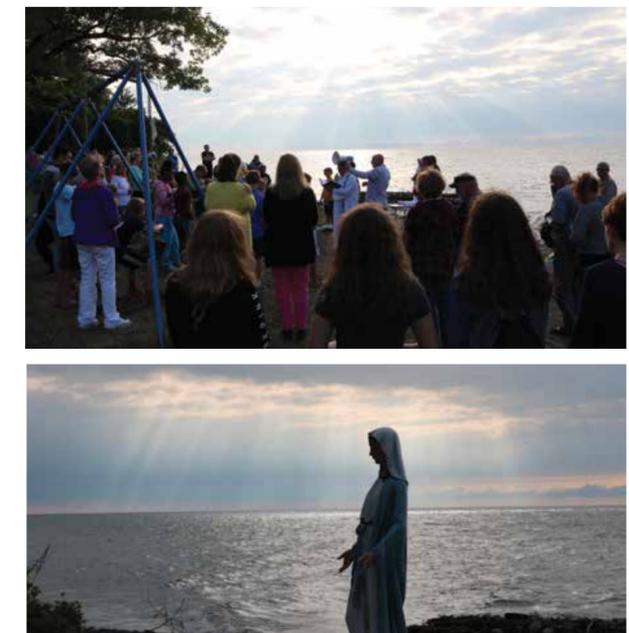
\$ 450.00
216.505.0185

Join the Discussion at: www.euclidobserver.com



Faith | Academics | Community

Our Lady of the Lake's Parish Feast Day Celebration



Each year, Our Lady of the Lake celebrates its Parish Feast Day on September 12, in what has become a favorite tradition for parish and school families. The event naturally begins at the lake, families enjoy hot dogs and play space and time together. The group then processes to the church for a prayer service, followed by ice cream in the church hall. It's a wonderful celebration of faith and community.

Introducing OLL Student Council



Fr. Joe and the school and parish community join together in blessing the school's new Student Council leaders.



Leadership and service are important qualities at Our Lady of the Lake School. This year's theme at Our Lady of the Lake School is "We Are Called" - and student leaders responded to the call when they stepped up to serve their community on Student Council. Leadership, responsibility, initiative and service are all important values at Our Lady of the Lake School.

Congratulations to all of OLL's council members, and all the students who ran. With strong leadership from Mrs Zigman and Mrs Perella, these students will help make Our Lady of the Lake a thriving and engaged school for all of its students.



Make a Date to See Elf! Jr. with OLL Theater Group

OUR LADY OF THE LAKE SCHOOL
Production of Elf Jr.
Book by: Thomas Meehan and Bob Martin | Music by: Matthew Sklar
Lyrics by: Chad Beguelin

Based upon the New Line Cinema film written by David Berenbaum

Our Lady of the Lake's Parish Play is too good to miss -- This year's production of Elf! Comes just in time for the holidays, and is a wonderful way to gather the family, enjoy an afternoon or evening out in the community, and support youth theater.

Performances run November 16 and 17 at 7:00pm, and November 18 at 2:00pm, at Shore Cultural Centre. Tickets are on sale now at www.OLLEuclid.org.
For more information, call Rita Testa, Youth Minister and Parish Theater Director, at (216) 486-0850 or email Rita@OLLEuclid.org.

Check Out OLL STEM Open House



OLL School's annual STEM Open House is scheduled for October 19. Visitors are encouraged to stop by during either the morning or afternoon Open House times, at 9:00am and 1:00pm, to see STEM projects and research by OLL students and learn more about the work the school is doing on the theme of Sustainability and Vital Neighborhoods. For more information, visit www.OurLadyoftheLakeSchoolEuclid.org, or call (216) 481-6824.

Join the Discussion at: www.euclidobserver.com

Imagine Bella Academy of Excellence
 216.481.1500 www.imaginebellaacademy.org 19114 Bella Drive, Cleveland, Ohio

COURAGE **KNOWLEDGE OF SELF** **RECIPROCITY** **RESILIENCE** **COLLECTIVENESS**

Father's Walk 2018



Father's Walk and Donuts for Dads helps on Thursday, September 20, 2018. #RockStarDads #ImagineBellaLovesDads

Imagine Bella Dad's participated in the Northeast Ohio's Father's Walk on Thursday, September 20, 2018. Donuts for Dads highlighted the contributions of Dad's, Grandparents, Uncle's and other male mentors. Fathers signed the Father's Walk Pledge.

- I am responsible for the education of my child.
- I will encourage all children to do their best every day at school.
- I will speak to my child about the value of learning and the importance of reaching your potential.

- I will help with school work and review assignments for completion.
- I will praise my child when he/she does well in school.
- I will speak with my child's teachers and support them in educating my child.
- I will teach my child the value of education and the value of family.
- I will work with my child's mother or guardian to achieve the best academic and social outcomes for my child even if I do not live with my child.

Thank you Fathers!

Title 1 Open House and Community Day!



Great to see our families and talk about the school at Open House! #FreeBooks #LibraryCards

Imagine Bella families attended Open House and Imagine Bella Community Day on Thursday, September 13th. There was a big turnout from families as we held the event directly afterschool. Families learned more about the Title 1 program and curriculum resources at the school. Students

were able to sign up for Friday clubs. We had tables from a bank and the library. There was also a free book give-away where all students were able to get a book. Families were excited to visit classrooms and be part of the school community.

Upcoming Dates

- October 12th - No School for Students
- October 19th - End of Quarter 1
- October 22nd - Start of Quarter 2
- October 23rd-24th - Grade 3 Fall Reading OST
- October 26th - No School for Students-Parent Teacher Conferences 8am-4pm
- October 29th - Midterm STAR Window Opens
- October 31st - Annual Costume Parade
- November 7th - Picture Re-Take Day
- November 9th - Midterm STAR Window Closes
- November 19th-23rd - Fall Break - No School for Students

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V Villa Angela-St. Joseph High School
Faith. Family. Future.

Cheryl Stashinko '03 to lead VASJ's alumni relations office



Cheryl Stashinko '03 has been named the new Associate Director of Alumni Relations at Villa Angela-St. Joseph High School.

Stashinko is thrilled to bring her years of experience back to the school she remembers so fondly. "I am working for an organization I believe in with all my heart," Stashinko says. "It still feels like home, even though I graduated 15 years ago. Sometimes I still can't believe I'm here!"

After graduating high school, Stashinko received her undergraduate

degree from Franklin University in Columbus and a master's degree in Library and Information Science from Kent State University.

It was the sense of community that Stashinko says made her high school experience so memorable. She hopes to show alumni that strong community still exists at the school today.

"I want the alumni community to know that VASJ is still giving its students that same unique experience we all had," Stashinko says. "It's not about giving back, it's about coming

back. I want us to come back and see the difference our alma mater is making - even years later. I'm excited to create opportunities for alumni to engage with our current students."

Stashinko hopes to build a community among alumni and current VASJ students.

"I want to bring us all together as an extended family of Villa Angela, St. Joseph, and VASJ alumni," Stashinko says. "It is easy to lose touch over the years, and I look forward to helping us reconnect with our classmates in new and fun ways."

New fresh and healthy cafeteria options offered at VASJ



VASJ's cafeteria experience is now offering a wide variety of fresh food options, led by Glenda Conner of AVI Foodsystems.

VASJ's cafeteria experience is better than ever this year. After an extensive and thorough review process, the school partnered with AVI Foodsystems, a privately held, family-owned company with more than 58 years in the food and hospitality services industry.

"Our partnership with AVI will greatly enhance the student experience at VASJ," says VASJ President Bill Cervenik '72. "AVI will provide a new and exciting culinary environment for our students, faculty, and staff. They focus on freshness and nutrition and will offer a wide variety of delicious meals and innovative a la carte items."

AVI is committed to offering nourishing culinary selections, supporting sustainability initiatives, creating innovative promotions, and effectively engaging the school community.

The cafeteria upgrade is getting rave reviews from both students and staff.

On the first day of school, one student gasped and said, "Oh my gosh, this is awesome!" as she looked through the fresh-food options available for purchase.

Another student asked if she could hug VASJ President Mr. Bill Cervenik '72 to thank him for making it happen.

UPCOMING EVENTS AT VASJ

Homecoming Football Game	October 5	Scholarship Day	February 1
Admissions Open House	October 14	Continue the Dream Benefit	February 23
Oarsmen Club Clambake	October 19	St. Joseph Day Mass	March 19
All Saints Liturgy	November 1	Admissions Open House	March 21
Hall of Fame Induction Ceremony	November 1	7th Grade Future Viking Day	March 28
Admissions Open House	November 7	Drama Club Spring Play	April 12-14
Veterans Day Assembly	November 9	Ladies Night Out	May 2
Giving Tuesday	November 27	Awards Ceremony	May 9
Drama Club One Act Play	November 30	Baccalaureate Mass	May 24
Legacy Breakfast	December 6	Class of 2019 Graduation	May 28
Founders Day Liturgy	January 22	Escape on the Lake 5K	July 13

VASJ is a *faith-based* educational community that accepts you for *who you are* and helps you become the person *you want to be*.

Fall Open Houses:
Oct. 14, 1 p.m.
Nov. 7, 6 p.m.

VASJ.COM/ADMISSIONS

VILLA ANGELA-ST. JOSEPH HIGH SCHOOL
 18491 Lakeshore Boulevard • Cleveland, OH 44119 • 216-481-8414 • www.vasj.com

Catholic education in the Ursuline and Marianist traditions

Join the Discussion at: www.euclidobserver.com



STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

Progress on Elinore Avenue: Finish the Job Construction Update

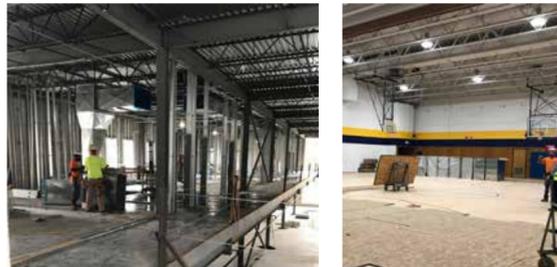
Elinore Avenue is bustling with activity as the new Early Learning Village is beginning to take shape. Just within the last couple of weeks, the early site work has been completed and a structure has filled the void.

Only the areas to be renovated remain from the old Forest Park Middle School. The gymnasium, auditorium, cafeteria, administration, and music wings have been abated and are in the process of receiving a formal facelift. The new academic wings are currently being prepared to receive a new HVAC system, doorways, and electricity.

The new academic wings are standing to the south and west of the remaining school. On the south wing the block fascia is progressing and will be complete by the first week in October. At that time the west wing fascia will begin with completion slated for mid-November. Concurrently windows and doors will be installed and the building will be dried in by early December. At that time, the excitement begins as all the finishing trades will converge on the building to complete their work in time for our opening in August of 2019. We cannot wait for our youngest panthers and staff to see their new home on Elinore.

East 222nd is also buzzing with construction as the early site work continues to be prepared to receive the building foundation within the next month. The erection of steel will begin around the holidays. Though it doesn't seem possible, the new High School will be ready to receive students and staff in August of 2020.

For more information visit our website euclidschools.org.



PARENT TEACHER CONFERENCES

EARLY LEARNING CENTER

NOV 1 / THURSDAY / 5:00 - 8:00PM
FEB 7 / THURSDAY / 5:00 - 8:00PM

ELEMENTARY SCHOOLS

OCT 25 / THURSDAY / 5:30 - 8:30PM
JAN 31 / THURSDAY / 5:30 - 8:30PM
*BLUESTONE 5:00 - 8:00PM

CENTRAL MIDDLE SCHOOL

NOV 8 / THURSDAY / 4:30 - 7:30PM
FEB 13 / THURSDAY / 4:30 - 7:30PM

EUCLID HIGH SCHOOL

NOV 1 / THURSDAY / 4:30 - 7:30PM
FEB 7 / THURSDAY / 4:30 - 7:30PM



PARENT & PRESCHOOLER WORKSHOP SERIES

WITH DR. JENNIFER HUNTER

DETAILS

- When: Thursday evenings 10/11, 10/18, 10/25, 11/1 from 6:00-7:15 PM.
- Where: The Early Learning Center 22800 Fox Avenue, Euclid, Ohio 44123
- Why: Learn how to support your child's learning through conversation and play!

WHAT?

Enjoy some quality time & enrichment with your child (ages 3-5 years old). Each week you'll learn new and interesting things, enjoy a substantial snack, get a new book, toy or learning material! Plus tips on how to get your preschooler ready for kindergarten.

EUCLID SCHOOLS the literacy cooperative

Please register online or with Jean Spicard at 216-577-7383 or parentliteracy@euclidcoop.org. Registration provides families with take-home materials.

www.euclidschools.org

Join the Discussion at: www.euclidobserver.com



STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

Gold, white and blue for our city too

Last week, Our Euclid City Council unanimously passed an ordinance adopting legislation for a new flag designed by Euclid High School Senior, Evan Botzki and Villa Angela-St. Joseph Senior, Harrison McCreight.

"I have wanted to propose a new flag for Euclid ever since I was in eighth grade, so I was overjoyed when the opportunity to do so was presented to me," Botzki said. "I am extremely grateful that I have been able to participate in this process, as I was not only able to provide a new symbol for my city, but was also able to gain experience with and learn about how a government functions and how items such as this become official."

"As someone with a keen interest in public service, this experience has been extremely valuable for me. The idea that a flag that I designed on my own computer is now the official flag of any city, let alone the one that I have been fortunate enough to grow up in, is extremely humbling. It encourages me to pursue other acts of civil service."

The new flag, Botzki and McCreight detailed, incorporates the letter E, with the edge of the flag in three points. A gold star with a blue outline represents the city and its inhabitants; the color blue represents Lake Erie and Euclid Creek; gold represents Euclid's future; and the color white represents "our openness to progress and change."

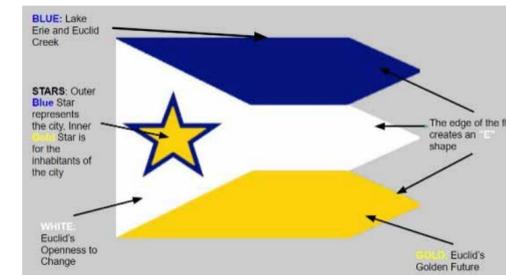


Photo: Harrison McCreight and Evan Botzki presenting at the Euclid City Council Meeting.



OCT 3 Fireside Chat with Superintendent Jones
Public • Hosted by Euclid Public Library

Please join us at Euclid Public Library on Wednesday, October 3, 2018, at 6:00 PM for Dr. Jones' first Fireside Chat.

Trick or Treat at Euclid High School

October 30, 2018
6:30-8:00 PM
EHS Door 13

\$2.00 per child/participant - includes infants
Participants MUST be 12-years-old or younger
Open to Euclid Residents only

Organized by the EHS Criminal Justice Program

A month for the books

September was one for the books! Quite literally, as our Euclid High School eighth-graders hosted three great book-based events. It started with a Scholastic Book Fair sale where students purchased over \$2,000 in books!

Mrs. Walsh-Hilf, Mr. Gasper, Ms. Lorko and Ms. Henry, partnered with Mr. Ray Ford from the Euclid Public Library for National Library Card Sign Up Month. During this event, a total of 102 library cards were issued and 52 books checked out. Students also signed up for after school library programs.

Then Euclid Public Library helped to bring author Renee Watson to EHS. Ms. Watson shared her background as a reader and a writer while introducing many of her books to the students.



Photo: Author Renee Watson visits EHS



Photo: Katherine and Canoles Hutson with Shoreview students

Presents with a purpose

Euclid resident, Katherine Hutson recently celebrated a birthday and her special request was that guests bring a backpack to be donated.

Katherine and her husband, Canoles stopped at Shoreview Elementary School to deliver these presents as a donation which included 72 backpacks and assorted school supplies! The backpacks will be given to students in need as well as used for our PBIS raffles throughout the year.

We are so grateful to Mr. and Mrs. Hutson for their thoughtfulness and generosity, Our Euclid is better because of people like you!

www.euclidschools.org

Join the Discussion at: www.euclidobserver.com

Events

Multicultural Contemporary Worship at East Shore United Methodist Church

by Armando Arellano
 East Shore United Methodist Church will launch a new worship service called MOSAIX on Sunday, October 7th at 11:45 am. MOSAIX is spelled with the letter "X" representing a multi-generational worship experience and is a non-traditional worship style.
 Beginning Sunday, October 7th East Shore will offer two worship services.
 • 10:15 am Classic (Traditional Worship)
 • 11:45 am MOSAIX (Multicultural Contemporary Worship)
 The church is located at: 23002 Lakeshore Blvd., Euclid, OH 44123 (Next to Marc's and across from Sims Park) www.eastshorechurch.net, 216-261-1688
 Thank you so much! - Pastor Arman

Budget Boutique & Bake Sale at East Shore United Methodist Church

by Armando Arellano
 Come and Have fun!
 "Budget Boutique and Bake Sale" at East Shore United Methodist Church on Saturday, October 6, 2018 from 10:00 am to 4:00 pm
 Address: 23002 Lakeshore Boulevard Euclid, OH 44123
 Entrance fee: \$1 per person; Children under 12 years old free!
 For More Information please contact the church at 216-261-1688
 Interested Vendors please contact Vivian Jarchow at 216-531-8542
 This event is being sponsored by the Worship Committee of the ESUMC.

Deck the Halls



Coletta Bauer, Helen Allison, and Elaine Murphy at the L.S.G.C. Art Walk display.



Coletta Bauer of the L.S.G.C. assists Leonardo Kelly at the 'Buggy for Bugs' Art Walk activity.



Leonardo Kelly enjoying the Lake Shore Garden Club's art activity.

by Deborah Kramarz
 GOOD NEWS from your local Lake Shore Garden Club. This year we are presenting, free to the public, 'Deck the Halls', a National Garden Club Holiday Standard Flower Show.

What is a 'Flower Show', you ask? It's not a plant sale, nor is it a holiday craft sale. What it is, is an inspiring event where one can view imaginative and creative decorating ideas for holiday entertaining, plus much more.

The club members are busy preparing to share their compassion and creativity for floral design with the community; while also competing among themselves for

award ribbons and 'Best of Show'. Home grown containers of flowering and non-flowering plants, cacti, succulents, outdoor foliage will also show there to inspire indoor gardeners. Plus, educational exhibits will be displayed to help create interest in environmental concerns of gardening.

All this can be enjoyed while you tour the halls of the beautifully restored Albert W. Henn Mansion in Sims Park. If you haven't visited the Henn yet, this is the perfect opportunity. The dates for this special event are Friday, November 2, 1:00 - 5:00 pm and Saturday, November 3, 12:00 - 4:00 pm.

Please see the ad in this paper and on the many flyers around town.

Summer Rates	Weekdays	Weekends	Seniors
9 Walking	\$ 14	\$ 16	\$ 10
9 Riding	\$ 21	\$ 23	\$ 14
18 Walking	\$ 23	\$ 26	\$ 16
18 Riding	\$ 36	\$ 39	\$ 24

**Special Rates for Birdie & Eagle Club Members



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 24131 Briardale Ave Euclid, OH 44123



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CLAM BAKE
 OCT 5

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Events

Euclid resident receives Volunteer Excellence Award



Joy Banish, executive director, Greater Cleveland Volunteers presents Mark Cline with the David F. Leahy Award for Volunteer Excellence.

by Dianna Kall

Greater Cleveland Volunteers held their annual benefit, Sparkle, on Friday, September 21, 2018. The David F. Leahy Award for Volunteer Excellence was presented to Mark Cline of Euclid, for his efforts with Greater Cleveland Volunteers to the American Red Cross.

At the American Red Cross of Greater Cleveland, Mark serves in several leadership roles including a responder and team leader on the Disaster Action Team where he responds to all kinds of disasters at all times of the day or night to assist families that have been impacted by a disaster. He is also the Administrator on Call to assist other Disaster Team leaders when they have questions or concerns and serves as the Volunteer Partner to the Disaster Pro-

gram Manager.

Cline explains his commitment to volunteering, "From my earliest memories I can remember volunteering with my family, which taught me the value of giving back."

Mark logs more than 40 volunteer hours a week and still finds time to volunteer for the International Women's Air & Space Museum housed at Burke Lakefront Airport in Cleveland.

"Mark's commitment to helping others is the reason we acknowledged him with the Award," Joy Banish, executive director, Greater Cleveland Volunteers.

Greater Cleveland Volunteers is a non-profit agency that works with 100+ other nonprofits yearly to promote volunteer opportunities in Cuyahoga County.

Recycle Today for a Better Tomorrow

by Linda Beck

Keep Euclid Beautiful often gets questions about recycling. The Do's and Don'ts are different in each State and sometimes vary from city to city. This can make recycling a bit confusing. In this column, Keep Euclid Beautiful will do our best to answer your recycling questions based on the guidelines for the City of Euclid and the Cuyahoga County Solid Waste District.

Dear Keep Euclid Beautiful: Can I recycle styrofoam or plastic cups, silverware, lids or used paper plates?

The answer is NO. These items must be placed in your regular trash and unfortunately will go into a landfill.

The truth is not everything can be recycled. An alternative to this is planning a Zero Waste Event whenever possible. Small steps can go a long way to reverse the "throw-a-way" culture we have become accustomed to. The first step to having a Zero Waste Event is trying to reduce your amount of waste overall. It's not just about sorting, it is about reducing and planning your event to have as many reusable components as possible.

Some simple steps you might take are cutting down on the amount of disposable supplies. Using real dishes, real cups, sil-

ware and cloth napkins are some ideas. Also cutting down on giveaway items or printed items that are going to be briefly looked at and then discarded helps reduce waste. You might also try recyclable decorations, limiting decorations or using natural elements and flowers to decorate.

All of these steps along with recycling and composting help divert waste from landfills.

Remember when in doubt, leave it out. Please forward your recycling questions to keepeuclidbeautiful@cityofeuclid.com We will do our best to answer your questions. Some questions may be featured in our next column.



Ss, Robert & William Community Invites you to November Events

by Ellen Ivory

The SRW Community invites you to join them for two special events that are being held at 351 East 260th, Euclid.

On November 3rd, the annual Holly Berry Bazaar will run from 9:00am-3:30pm in the school gym. A variety of crafters and vendors will be on site to offer you a charming selection of holiday food and gift items. This is a great venue to find unique Christmas gifts for those special people in your life. Free coffee and cookies are included with the \$1.00 admission. There will be a Chinese Auction, 50/50 raffle, and a light lunch menu. A limited number of vendor

tables are still available. We're off to the races on November 10, 2018. Come to our 'Knight at Padre Downs,' an evening of races and raffles. This is a joint fundraiser with SRW Parish and the Knights of Columbus.

We will be running ten races and a main board raffle. Sideboard tickets will be available. The main board ticket, dinner and two drink tickets are included in the \$35.00 (2 tickets for \$65.00) ticket price. Come support this benefit with a cause.

For additional information on either event or tickets, call 216.731.1515 or go to www.srweuclid.cc.

Great News at Kiddie City



Kiddie City Childcare Community is the proud recipient of a Dollar General Literacy Grant. The grant was co-authored by Jennifer Morrison Garza, Curriculum and Instruction consultant at Kiddie City, and

Greg Bartram, retired teacher with the Euclid City Schools.

The \$3000 grant will serve up to 30 School Age students in the after -school program, ranging from Kindergarten to Grade 6. Kiddie City anticipates purchasing reading and literacy/educational games and tools, including a classroom library.

The program has been named the "Dollar General Reading Club" and is scheduled to begin at the end of October.

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Bike News

Ohio Bike Laws - Riding as far Right as Practicable



Sign promoting awareness of the 3-foot passing law enacted in 2017 (Image provided by Bike Cleveland)

by Alisa Boles

This article is the third in a series intended to increase awareness about local bike laws. In the last article, we discussed why the best place to ride a bike is often in the road. This month we will clarify where exactly on the road a bike should be. Under state law, bikes must generally ride as far right as "practicable". It seems simple enough at first blush, but there can be some confusion as it plays out.

THE LAW

"Every person operating a bicycle upon a roadway shall ride as near to the right side of the roadway as practicable obeying all traffic rules applicable to vehicles and exercising due care when passing a stand-

ing vehicle or one proceeding in the same direction." ORC 4511.55(A). "This section does not require a person operating a bicycle to ride at the edge of the roadway when it is unreasonable or unsafe to do so. Conditions that may require riding away from the edge of the roadway include when necessary to avoid fixed or moving objects, parked or moving vehicles, surface hazards, or if it otherwise is unsafe or impracticable to do so, including if the lane is too narrow for the bicycle and an overtaking vehicle to travel safely side by side within the lane." ORC 4511.55(C).

ISSUES

Left-hand turns: Just like a car - and all other objects in motion in the universe - a

bike sometimes turns left. On wider streets like Lake Shore Boulevard, this can involve making a lane change into the left-most traffic lane and then another lane change into the center turning lane before ultimately making the turn. Also like a car, a bike is not going to wait until the last second to get over. Bike riders will start making their way into the turn lane when it is safe to do so, even if it is a bit down the road from the left turn.

Remember, as noted in an earlier article, a cyclist need not signal continuously. He or she may put both hands back on the handlebar after each signal given (and a cyclist need not signal at all if it is unsafe to let go of the handlebar to do so). A car thus might encounter a cyclist riding in a left lane and not realize the cyclist is preparing for an upcoming left turn. In this situation, some motorists have the audacity to honk and heckle on their way by, yelling "Get to the Right!". Don't be that guy. All you're doing is flaunting your ignorance of traffic law, common sense and basic manners.

Fixed or moving objects, parked or moving vehicles, surface hazards: You don't have to live in the Cleveland area long to readily be able to imagine such obstructions, be they orange barrels, stray trash cans, litter, standing water, overflowing piles of leaves and snow, cars (parked both legally and illegally), maintenance vehicles, sewer grates, potholes - you name it.

Lane too narrow to share with a car: A

cyclist does not have to stay to the right of the lane it is in unless there is enough room for a car to safely pass within the same lane. Furthermore, a new law requires 3 feet clearance when passing a bike. ORC 4511.27(A)(1). If you picture it, that's about the length of a yard stick. This means that, unless there is a particularly wide lane, a person on a bike is entitled to take the whole lane. If you have to slow down until you can safely go around a bike, so be it. Bikes are not required to get out of the way of faster traffic in Ohio.

Sometimes, as a courtesy, bike-riders will ride more to the right than is required of them by law, but many of us have learned the hard way that cars will not always return the courtesy and they will come dangerously close while passing - even making contact!

For increased efficiency and safety, cyclists (just like those who ride motorcycles) may ride up to 2 abreast (side-by-side) ORC 4511.55(B).

CLARIFICATION FROM LAST MONTHS' ARTICLE: In the segment about issues with sidewalks, an example reads that "Euclid law prohibits riding a bicycle in a business district." In case it wasn't clear from the context, the law in Euclid is that bicycles should not be ridden on sidewalks in business districts. Bicycles are generally allowed to travel through a business district on the street.

Community

Euclid Historical Society is Always Looking for Unique Donations



Euclid Historical Society Trustee, Tom Pappas, displaying the B&B Appliance sign recently salvaged by Tom Lang and Councilwoman Laura Gorshe

by Alisa Boles

Remember the B&B Appliance that did business on the South Marginal in Euclid for 50 years? Euclid Historical Society has recently acquired one of the old signs and is excited to add this piece of local Americana to its collection.

Euclid Historical Society has around 4,500 artifacts, but is always looking to acquire unique items that have a distinct historical connection to Euclid - be they related to a local business, our government, the Euclid schools or something from everyday life.

Due to limitations such as storage space and the expenses associated with protecting certain types of items, the Society cannot keep everything that is offered. Nevertheless, feel free to contact the museum if you have an item that you think might be of interest. If EHS can't accept it, perhaps a curator will be able to refer you to someone who will.

Examples of items the museum would be thrilled to have include products made by local businesses, especially if rare, such as a candelabra made by Chase Brass. Also of particular interest would be a uniform worn by a local Vietnam vet to augment the museum's collection of military uniforms.

The museum, located at 21129 North Street, is open to the public on Tuesdays from 1 - 4 pm. The phone number is (216) 289-8577.

Ss. Robert & William Catholic School opens The Center for Student Innovation

by Ellen Ivory

On Sunday, September 16, 2018, SRW Catholic School announced the opening of the Center for Student Innovation (CSI). A ribbon-cutting and Open House marked this special event.

The Center for Student Innovation is a state-of-the-art learning environment with drafting tables, building materials and tools, 3-D printers, a ceramic kiln, and more.

The school is located at 351 East 260th Street, Euclid.



Mrs. Ellie McClusky, Director of the C.S.I.

Scholarships and prizes for talented artists!



by DeAndre Nixon

Are you a K-12 grade student or a group (ages 5 to 18) interested in showing your performing or visual arts talent? Would you like to win cool prizes, cash and even a scholarship? If so, then the iN Education's Battle of the Teal 4EDU is the competition for you!

We are now holding open casting calls; come and meet our Production Team: DeAndre & Sonja Nixon of iN Education, Inc. and Bobby Ford of Keep Calm and HIP HOP at our first "in-person" casting call held at the Shore Cultural Center, 291 E. 222nd St., RM 227 in Euclid, Ohio on Sunday, October 21, 2018 from 1:00pm

to 2:30pm. Virtual registrations are also accepted; instructions are provided on the official event website www.battleoftheteal.org.

Previous Battle of the Teal - 4EDU competitions raised over \$20,000.00 in scholarships, cash and cool prizes. Courtney Owens, our 2016 & 2017 competition winner, delivered strong poetry performances that won hearts of the judges and crowd. Courtney used her winnings and scholarship and is now a student at Ohio Wesleyan University. Twelve year old Terrence Davis, our 2018 competition winner, wowed the crowd with his singing performance. He, along with other top finalists, has earned over \$10,000.00 in prizes and scholarships redeemable after they graduate High School!

The 4th Annual Battle of the Teal - 4EDU competition is real, is live, it is THE opportunity for serious artists throughout Ohio looking to show the world what they are made of.

For additional questions contact us direct via email at battleoftheteal@ineducationonline.org.

Director of Music Ministries for Contemporary Worship

by Armando Arellano

East Shore United Methodist Church is hiring a part-time Director of Music Ministries for Contemporary Worship Responsibilities.

1. The Director of Music shall support the pastor, who has the primary responsibility for worship planning, in developing an inspiring worship experience.
2. The position of Director of Music will include, help, and support the musical aspect of the Contemporary Worship as Keyboardist and will coordinate the selection of music with the sermon text. Prepare the PowerPoint presentation for the worship service.
3. The Director of Music will invite, recruit and

encourage more participants to join the Praise Team. Instrumentalists will also be encouraged to participate in the services.

4. The Director of Music will be responsible for selecting, reviewing, preparing and coordinating all the musical aspects for the weekly services to ensure the quality of the worship experience. The Director of Music is responsible for rehearsing and accompanying soloist when needed and finding someone to do so. If interested submit your resume to: Attention: SPRC Chairperson East Shore United Methodist Church 23002 Lake Shore Boulevard Euclid, OH 44123 or by Email: eastchurchoffice@gmail.com

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Health

What to do When Caregiving Happens Suddenly

by The Caregiving Team at Gateway Retirement Community

Are you a caregiver to a spouse...an older parent or grandparent or perhaps to a child? Being a caregiver is one of the top stressors that anyone can face. It can be an overwhelming experience. Know that you can embrace the caregiving role when you have a plan, with resources and support along the way.

Most people are creatures of habit. Some of us plan our day. For others, the day plans us. No matter our personal style, when a crisis occurs and we are called upon to become a caregiver, it can throw us for a loop. Our routine is shattered and it can be very unsettling.

First things first....breathe.

Even when things are happening at whirlwind speed, decisions needing to be made, tasks accomplished, etc., it is important to take a step back and recognize that we can be in control of the situation, not the other way around. Try to identify the top priorities and decide which items may not be the top priority and we can let go of or give to others. For instance, in order to be at the hospital with a relative, can someone else pick up Jimmy from soccer practice, get dinner, run errands, etc.

Here are some tips that may help.

- Put all appointments into your smart phone or use a regular calendar. This will help you not lose sight of something important.
- Get a notebook and use it to document visits with professionals, phone calls, dates and time of messages, etc. Write your own notes for follow up. When we are caregivers over a longer period of time, it can be dif-

icult to remember which medical appointments came first, second, etc. over time. We might not easily remember who said what. Some also use their smart phone for this. Either is fine.

- Keep all business cards together. If you are super organized, you can get plastic sleeves and put them in a notebook alphabetically. You can scan them into your phone with free software designed for sales people. You can just take a picture of them and save into a photo "album" on your phone. You can spend moments while you are waiting endlessly and enter the information from a business card into the contacts in your phone or your computer laptop or tablet. You can keep them together with a rubber band and keep them with your notebook. Some caregivers keep everything together in an old tote bag or backpack. Some hospital systems even provide a notebook and tote bag at the time of admission just for this purpose.

- Get a small telephone/address book or put the numbers of key contacts and family members into your phone contacts. It can be very frustrating to try to find a number that you have misplaced.

- If you are in a family caregiving crisis, think about asking someone to be the family spokesperson to communicate with friends and family who are trying to be supportive. Even though appreciated, it takes a lot of time to respond to the calls and emails we receive. Ask someone else to field those calls, comments, responses, etc. at least in the short term. You can set up a group email, a conference call to update all family members at once, use Facetime or a chat service via your smart phone.

- If someone offers help, let them know what you need most. Is it a meal, is it mow-

ing the lawn, picking up items at the store, rides here and there, etc. Do you need a gas card, money for parking, gift cards for meals, something like that? If you would do that for a friend or family member in need, then let them do it for you. When you let someone help you, you are actually giving others who care about you a gift.

- Ask for a social worker, a care manager and/or a patient navigator to help you identify needs, resources and solutions for caregiving. They may be able to make referrals directly, provide information that you wouldn't otherwise know about and LISTEN. Sometimes we need that most... just someone to listen. When in doubt, call 211. That is the universal number for Information and referral across the United States. 911 for emergencies. 411 for directory assistance and 211 for information and referral. Explain your need and see if the person on the other end of the call can help direct you to a resource. If you are caring for an older person, get a copy of the Older Adults Resource Guide. It is available at most hospitals and online or via phone from the Western Reserve Area on Aging at (216) 621-0303. Here's a link to order online <http://www.psa10a.org/resources/publications/publications-order-form.aspx>

- Depending on your need for the same type of information over and over, create a file that you can access via your laptop, tablet or smart phone. You can save those documents to a flash drive if you don't want to include them on your laptop or smart phone. Most of our devices are either password or fingerprint protected anyway. Include copies of medical insurance cards, ID cards, list of medications (any pharmacy can print this out for you and you can scan it), copies of Healthcare Power of

Attorney, Living Will, Financial Power of Attorney, Guardianship, etc. etc. If your family member is a patient at the Cleveland Clinic-Euclid Hospital, they will have access to their medical records via MyChart. If they give you access, you can locate past labs, reports, visit dates, etc.

- Be sure to take care of yourself. Remember to stay hydrated, not just with coffee and soft drinks from vending machines. Eat real food, not what you can grab. Even in the moment, you can take two minutes to close your eyes, breathe in through your nose and breathe out through your mouth. Listen to some calming music in earbuds when you can. Wear comfortable clothes, slippers, etc. if you are spending long periods of time bedside. You might even want to put together a backpack that has toiletries, a change of clothes and underwear, a sweater or wrap, a book or magazine, snack foods that are high energy, something spiritual if that is comforting to you, etc. etc. If that bag is in your car, it will be there when you need to grab it quickly.

- Lastly, remember that Superman and Superwoman are fictional characters, we don't have to live up to expectations that are not achievable. Pace Yourself, Forgive Yourself, Love Yourself.

For more information about Caregiving and local resources for caregivers, please visit our Facebook page for Gateway Retirement Community. Please "like" and "follow" us to keep up to date on ideas and resources to support you in the caregiving journey. Gateway Retirement Community, located in Euclid, offers Independent Living for seniors age 55+, Assisted Living with AL Medicaid Waiver, Skilled Nursing and Rehabilitation Care. Look for our ad in the current issue.

What fuel are you putting in your tank?



by Natalie-Jo Flynn

HEALTH HUGS FROM MOVE THAT MOUNTAIN HEALTH COACHING, BY NATALIE

Fall Harvest is HERE, and our local markets have great colorful fall fresh produce.

Fresh and colorful veggies and fruits gives your body a variety of vitamins and minerals and fuel to get you thru the weather change with a fighting chance against getting sick.

SPEAKING OF FUEL, this month's Health Hugs intend to get you in gear for Daily and Holiday Travels.

When you are on the road and fueling up your Gas Tank, you make sure you use the right gas and fluids for your engine of your car. Right?

That is the same concept we need to take when putting foods which are our fuel, into our mouths.

We do not have to fall for the luring by pretty, cartoony packaging of unhealthy fattening, sugary and chemically infused items that are placed strategically by the checkout at the Food Marts.

The key to sticking with your goal of

healthy eating even when on the road is simply,

MAKING THE BEST CHOICE OF WHAT IS AVAILABLE.

Choosing the best available of what is offered in the Gas station Food marts, this can be done at parties and restaurants too.

Top 10 Convenience Store Snacks

Desperate times call for desperate measures! We've all been there - starving & nothing around for miles except a gas station with a Quickly Mart. Here are some options when you're in a pinch.

1. Water. Most people think they are hungry when they are actually thirsty. If you know there are better options ahead, chug a bottle of water to hold off those hunger pains
2. Nuts. A small serving of nuts will give you a serving of good-quality protein and fat. Look for dry roasted varieties.
3. Fruit. Most convenience stores sell single pieces of fruit, like oranges, apples and bananas. Combine with a small bag of nuts you're on your way to a healthy snack!

4. Potato Chips. Yes, I did say chips but you must read the ingredients and make sure they have no hydrogenated oils, MSG or artificial ingredients. Ideally, chips are organic or non-GMO, but if you can't find those then stick to brands with ingredient lists of potatoes, oil and salt. Avoid corn chips as they are likely to contain GMOs.
5. Yogurt. Look for full-fat organic if possible. If not, just make sure the one

you choose does not contain any artificial sweeteners.

6. Dark Chocolate. Look for brands that list cacaoas the first ingredient (instead of sugar).

7. Hard Boiled Eggs. Packed with protein, these little guys will keep your blood sugar stable and your tummy satisfied. Check labels to make sure the only ingredient is egg.

8. Peanut Butter Sandwich. When all else fails, this grade school lunch staple will keep your blood sugar - and energy - rollin'.

9. Energy Bars. Avoid brands with soy protein isolate and look for brands that contain over 10 grams of whey protein, hemp protein or pea protein.
10. Healthy Caffeine. Look for unsweetened iced tea from the fountain. Add lots of ice and a lemon. Avoid bottled, sweetened iced teas as they contain extra sugar and chemicals.

If you have been waiting for the right moment, or the stars to align to start your Journey to a healthy mind and body... NOW IS YOUR TIME to take charge and show up for yourself in health and life

As a personal Health Coach, I offer a one-hour discovery session by phone or video chat. A no pressure or commitment opportunity to explore where you need recognition and support. In this session you will:

- Discover what's stopping you, slowing you down and keeping you from having

the body or a life change you want.

- Identify which foods and lifestyle habits you currently have that maybe bringing you down

- Develop a step-by-step plan to create a total body and lifestyle transformation.

My clients are guided through being stuck and feeling let down from not following thru on their goals to health and wellness.

I have found in my 22 years as a nurse and practitioner, Most doctors, dietitians and other healthcare professionals do not have the time or tools to help people stay inspired to follow to get lasting results for what is expected for their health.

People default to the old "comfortable" habits that in general are contributing to poor health.

As a Personal Health Coach I provide the right system, support, and accountability so simple actions can result in big accomplishments.

If more Inspiration to making healthy Habits now to last through the Holidays and your lifetime, get ahold of a Personal Health Coach, such as myself and turn those plans for tomorrow into Done Today.

I provide one on one, group sessions, as well as educational wellness tips and talks for any size groups!

Let's Move That Mountain!

Natalie-Jo Flynn, RN, MSN, Personal Health Coach

216-406-0154 natjo70@gmail.com

Community

Euclid High School Sports Hall of Fame inducts six into Class of 2018



Euclid Sports Hall of Fame Award recipients from left to right, Howard Drake, Jr., Kathryn Carter, Justin Antonini, Harold "Doc" Daugherty, Terence Bush, Paris Duncan. Not pictured Albert Simpson, Jr..

by Greg Fondran

"I always turn to the sports section first.

The sports section records people's accomplishments; the front page nothing but man's failures." - Earl Warren, former Chief Justice of the United States. Ohio State Representative Kent Smith, and Euclid High School 1984 graduate, kicked off his remarks with this quote at the 32nd Euclid High School Sports Hall of Fame induction on Thursday, September 27th. The quote is from 1968, a particularly turbulent time in our country's history, but I'm sure many would agree that the idea is still applicable today and mainly why this year's Hall of Fame induction ceremony was so enjoyable, just like the past 31 events!

The Euclid City Schools have a proud history of developing, nurturing and graduating exceptional student-athletes, and the Sports Hall of Fame encapsulates that history by recording and recognizing the

very best that our schools have produced throughout the years.

This year's inductees included:

Justin Antonini (Honorary) was involved in the formation of the Euclid High Schools Sports Hall of Fame from the very beginning and served as the author of the biographies for each of the inductees in addition to other duties to support the event.

Terence Bush (1990) was an exceptional Euclid High School basketball player, scoring 614 points in 46 games, averaging 13.3 points per game. He led his team to two 20-3 seasons in his junior and senior year resulting in GCC championships. In his senior year, Terence had three games with ten or more points, ten or more assists, and ten or more rebounds.

Albert Simpson, Jr. (1998) was a 4-year varsity and 3-year starting football player and a 4-year member of varsity track, earning letters in both sports. As a member of

the track team, Albert was one of the area's elite throwers and placed in shot put and discus at both indoor and outdoor state track meets. Albert also stood out as a star defensive tackle during his time at EHS. The Panther football team was GCC champions all three years Albert was a member of the team with a 27-5 overall record and two playoff appearances.

Kathryn E. Carter (2005) is the most accomplished diver to attend Euclid High School and still holds the record for 1 meter diving. Kathryn continued her diving career at the University of Akron where she was a four year letter winner and three-time MAC champion. She continued diving after college and qualified for the 2012 London Olympic Diving Trials.

Paris Campbell (2008) was described by her coach as one of the most improved athletes he'd ever worked with, was a school record-holder, and was twice named All State. Paris continued her outstanding track career at the University of Cincinnati, where she set several new personal records and placed at a number of meets in hurdles.

Howard Drake, Jr. (2008) was a standout three-sport varsity athlete and captain, playing football, basketball, and baseball during his time at Euclid High School. Howard was a two-year starter and captain on the varsity basketball team and the starting catcher for varsity baseball for three years in addition to serving as the captain his junior and senior years and leading the team to a district and regional championship during his senior year. Howard made the greatest impact as a three-year starting quarterback and two-year captain of the football team. Howard led the Panthers to two LEL Championships and two playoff appearances.

The Charles K. Hill Memorial Service Award honors individuals who have contributed to the advancement of the Euclid Public Schools and city of Euclid through service and leadership in the spirit of Mr. Euclid.

The First Recipient of the Charles K. Hill Memorial Service Award is Harold "Doc" Daugherty, the seventh winningest coach in Ohio High School Basketball History (597 victories). After 44 years of coaching (40 years as Head Coach), Doc is widely considered a "legend" among Ohio high school coaches. During his tenure as head coach, Doc won 16 League Titles, 21 Sectional Championships, four District

Championships, one Regional Championship, and one trip to the State Tournament. As a local and state leader, Doc founded a number of tournaments and organizations. In addition to his awards, Doc has been recognized with honors from several local and statewide organizations for his outstanding contributions to athletics, the schools, and the city.

Thank you to all who continue to make this event a success and joyous occasion for all involved, including the athletes, their former coaches, teachers, family, friends and previous Hall of Fame inductees. Particular thanks goes to Michelle Connavino and Jessica Walters Oslund, both Euclid High 2004 graduates, for organizing this event, as well as the committee members and other volunteers who were instrumental in putting it all together. A special thank you to John Telich, Fox8 sports anchor and Euclid High 1971 graduate, for adeptly serving as our Master of Ceremonies, as well as Marvin Jones, Superintendent of the Euclid City Schools, who made introductory comments, and to his staff who assisted in producing this event. We appreciate Mayor Kirsten Holzheimer Gail for taking time out of her busy schedule to be with us and to share a few words. And thank you to the many patrons and sponsors who helped to underwrite this important annual event, and to Tizzano's Party Center for providing an excellent venue and food and drink services.

To conclude with another quote, perhaps more inspirational than the opener, comes from one of the inductees, Howard Drake, Jr., who concluded his acceptance remarks with this from entrepreneur and business magnate Steve Jobs, "You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future." Yes, by their very nature, Hall of Fame inductions revel in the past, but they prove that the our actions aren't merely just singular occurrences that may or may not have any significance, but bundled together over a period of time, often over a lifetime, connect together to prove who we are and define the legacy that we leave behind. This year's Sports Hall of Fame Inductees and their families and friends should take great pride in their accomplishments and the dots that they have connected, for themselves, their sports teams, their school and their community.

Wanted: Administrative Assistant at East Shore United Methodist Church

by Armando Arellano

East Shore United Methodist church is seeking a part time Administrative Assistant to provide support to the Pastor, as well as various church organizations. This position requires a minimum of two years secretarial experience, preferably with a church; be familiar with Word, PowerPoint, Microsoft office and social media.

Familiarity with bookkeeping would be helpful, but is not required. We're seeking

someone who is organized, detail-oriented, able to maintain confidentiality, is energetic and personable, with the ability to interact with a diverse group of people. Please submit a resume to East Shore United Methodist Church, 23002 Lake Shore Blvd., Euclid, Ohio 44123 or send it by email: eastshorechurchoffice@gmail.com Please include salary requirements. No phone calls please.

Thank you so much!
Pastor Arman

Through the Milky Way



by Jonah Kenney

As we cross this milky way, may we remember to stay thankful, and remain grateful for all we have this great day in our ages.

This current stage we find ourselves in comes with each days challenges. Let us resonate to each others vibes and radiate our lights for the main delights. Once we were blind buy us coming together kindness started taking over the whole human race. Which is just a taste, will we rise beginning with a mythical glance from the lake, the bay, and the ocean. This vision of my current state is of crystal tough as ford, titanium, even selenium. Now the secret ingredients of That great Garden are also starting to come into focus. Its been a while since our last meet, through the seeking of The Real bosses Kingdom, went on a long journey that was quite thorny through the milky way and onto the other side. Till we meet again.....

Election

Local Ballot Issues

by Kirsten Holzheimer Gail

ISSUE 31: 2 MILL STREETS LEVY:

Ballot language:

"An additional levy for the benefit of the City of Euclid for the purpose of general construction, reconstruction, resurfacing, and repair of streets, roads, and bridges at a rate not exceeding 2 mills for each one dollar of valuation, which amounts to \$0.20 for each one hundred dollars of valuation for a period of five (5) years."

What is it? Property tax levy restricted to pay specifically for re-paving, re-construction, repair of our city streets.

Who pays it and What will this cost? It will be assessed to all City of Euclid property - residential and commercial. Cost is based on value of the home or business. Approximate costs are listed below:
\$50,000 home - \$35 per year
\$75,000 home - \$52.50 per year
\$100,000 home - \$70 per year

How long? 5 year time frame

How much money will this bring in? approximately \$1.1 million per year

How will you choose what streets gets done? Streets will be chosen based on condition (roads in the worst condition will be done first) and work will be spread throughout the 8 wards.

How many roads are there in Euclid? There are 143.065 miles of streets in Euclid (not including the Interstate). A number of roads are county or state roads (Highland, Chardon, Euclid Ave, St. Clair, Babbitt, Lakeshore, E. 260, E. 250, E. 222, E. 200, E. 185th) and these are eligible for State or County funding assistance. The City is responsible for the remaining roads. We will continue to apply for all available funding assistance to supplement our local funds and coordinate with water and sewer projects as much as possible.

How many streets will be completed? It is hard to anticipate the number of streets that will be completed due to fluctuating costs of labor, materials, and street size and condition.

ISSUE 32: CHARTER AMENDMENT: Give City Council the Authority to Adjust the Municipal Income Tax Credit

Ballot Language:

Shall Article II, Section 12, of the Charter of the City of Euclid be amended to allow for City Council to adjust the income tax credit from 100% to no lower than 50% by a majority vote of Council?

Summary of the proposed Charter change: The Euclid City Charter provides for a 100% credit for income tax paid to another municipality. This proposed Charter change would give City Council the authority to adjust the income tax credit from 100% to anything between 50% and 100%. Passage of the Charter issue does not make a change to credit on its own, a future change

would require a vote by City Council after the required public notice and hearings.

What does passage mean? Passage of the Charter issue would give City Council the authority to change the 100% credit, if needed, to any percentage between 100 and 50%. Passage on its own will not impact how much tax you pay, a change to the income tax credit would require future passage of legislation by City Council.

If there was a change in the credit, who pays this? If City Council were to change the credit later, Euclid residents with taxable income who work outside the City of Euclid would see an increase in the amount of income tax they are responsible for paying. The increase would be dependent on the credit and level of income. Euclid residents who work in Euclid would see no change. Euclid residents who are not required to pay income tax, would see no change. Non-residents who work in the City of Euclid but live outside the City would see no change.



What is Issue 4?

Issue 4 is a renewal, not a tax increase.

Why does the district need to renew this funding?

Euclid Schools are working hard to ensure that all graduates emerge prepared for the workforce or for college. This funding is critical to the district's ability to continue to provide program offerings such as our award-winning art, music, and vocational and college credit programs.

What is the district doing to protect the community's investment?

Euclid Schools takes stewardship of our community's investment very seriously and we are happy to report that the Schools were recognized for their efforts. The Schools recently earned the Auditor of State Award with Distinction and had no audit findings. The Schools are also being fiscally responsible—already cutting \$1.6 million through staff reductions, purchased services cuts, and by doing more with less. In fact, the average teacher salary is in the lowest 20% in the county and the average administrator salary is the lowest in the county.

What is the District doing to prepare our students?

Our graduates emerge prepared for the workforce or college. Last year, students took over 300 College Credit Plus classes on campus, earning nearly 1,100 credits and saving Euclid families nearly \$1 million in college costs. 42% of our juniors are enrolled in vocational education, nearly double the previous year. Our state-approved industry credential attainment increased 55% last year.

Our professional staff uses research-based instruction to engage students every day. Our new "Fab Lab" will immerse our earliest learners in Science, Technology, Engineering and Math [STEM]. Our Early Learning Center prepares hundreds of preschoolers for kindergarten. Our Community Campuses serve both our students and our community. Last year alone, over 3,000 community events were held on our campus.

Our strategic plan is working: we are increasing student achievement, enhancing our credibility and practicing fiscal responsibility. We implemented Positive Behavior Interventions and Supports [PBIS] in every building in our district, including our pre-school. Focusing on positive behavior is dramatically improving our culture and achievement. Graduation rates continue to rise. During the 2015-16 school year, graduation rose over 10%.

Why is Issue 4 important?

The renewal will continue our progress and not raise taxes. It will allow us to continue to offer exceptional art, music, vocational and college course offerings. Our students deserve to have access to programs that will prepare them for the future.

Paid for by Citizens for Euclid Schools

Join the Discussion at: www.euclidobserver.com

Election

Euclid Voters Face Multiple Tax Votes in November



About 60 Euclid voters gathered to organize their opposition to two tax measures that will appear on the November ballot.

by Kurt Steigerwald

In a bit of irony, two events held on the evening of August 29 highlighted the battle that will define the future of Euclid's tax burden and financial future. At the Briardale Greens Pavilion, over 60 residents opposed to new taxes gathered at a rally to kick off their efforts to stop two ballot initiatives being pushed by Mayor Kirsten Holzheimer-Gail and Euclid's City Council. Across town at the Help Foundation, the Mayor and Council President Charlene Mancuso hosted their fourth briefing for the public on why the tax measures were needed.

The topic of contention surround two initiatives that will appear on the November ballot for Euclid citizens.

New taxes to repair roads

The less complex issue will be a five year property tax levy that will be used "for the purpose of general construction, reconstruction, resurfacing and repair of streets, roads and bridges" according to the ballot language. The tax increase will be for a rate of \$0.20 for every \$100 of property valuation. For a home with a \$100,000 value that translates to an additional \$70 a year of taxes. Complicating this equation is that the new property tax valuations recently received by homeowners will not be applied to this valuation.

"You have to maintain your buildings and your roads, but we don't have the money to do so," said Mancuso as part of a joint presentation. The Mayor added that there are 143 miles of roads that the City of Euclid must maintain, there were 72 streets that were rated as being in the worst shape

and in need of repair. In 2016, the last major repair year for the City, 14 streets were repaired costing approximately \$600,000. This new tax would raise approximately \$1,000,000 in revenue.

"This will give us the most revenue that affects the fewest amount of people," added Mancuso.

Increased income tax revenues sought

Another ballot initiative involves a more complex issue with Euclid's income tax. Longtime residents remember that Euclid voters approved raising its income tax from 2% to 2.85% in 1994. At the time, Euclid's rate became the highest in the State of Ohio. Today that distinction belongs to Bedford and Parma Heights at 3% with Euclid coming in third. The average tax rate in Ohio is about 1.4%; 38 of 938 cities and villages have rates of 2.5% or above. Most of the higher income tax communities tend to be in poorer communities.

Euclid's unique tax increase in 1994 included a provision that provided Euclid City Schools with 0.425% of the 2.85% collected. This provision has since been ruled unconstitutional, preventing other cities from following Euclid's lead. However, Euclid tax provision is grandfathered in and allowed to remain. This provision is not a part of the ballot initiative but worth mentioning when comparing Euclid's income tax rate with other municipalities.

The City has always maintained 100% credit for local income tax paid to other cities. This means if you work in a city other than Euclid, you get up to 100% credit for any taxes you pay to the city you work in. So for example, someone working in Cleve-



Mayor Kirsten Holzheimer-Gail and Council President Charlene Mancuso present their case for why two tax measures are needed as part of an open forum. They conducted four of these meetings throughout Euclid.

land who in 2017 paid 2% in income tax to Cleveland, will pay an additional 0.85% to Euclid since Euclid provides full 100% credit of the 2% paid to Cleveland. This credit percentage is what is being put up for a vote to change.

The ballot initiative will amend the City charter "to allow for City Council to adjust (change) the income tax credit from 100% to no lower than 50% by a majority vote of Council". In other words, voters are being asked to allow Council to change the credit for tax paid to other cities from 100% to anywhere between 100% down to 50%. Once it changes, it can be changed again, either up or down, should council vote to change it

According to the Mayor and Council President, a big driver for this initiative is the recent change Cleveland made to its tax rate which went from a rate of 2% to 2.5%. This means that anyone working in Cleveland who lives in Euclid now gets credit on their Euclid tax rate of 2.5% as opposed to the 2% they received just a year ago. The loss of that 0.5% in taxes has cost Euclid approximately one million dollars.

"We know Euclid has a high tax rate at 2.85%. This (ballot initiative) simply gives council the power to change the credit. We don't have to stay there," said Mancuso. She cited Eastlake as an example of a city that used the tax credit in times of crisis when they built Captain's Stadium. Mancuso said there is no guarantee that the tax credit would go down, and if it did it might only go down to 90%. Council would need to go through a public process to evaluate the options and vote on the matter if the

ballot initiative passed.

"We think this is a temporary thing. It's a tool that council can use to get us through a difficult time," added Mancuso. She added that Council looked at many different options to increase revenue and deal with a budget shortfall that has the Administration using rainy day funds to cover this year's deficit.

When asked why two tax issues were being put on the ballot at the same time, Mancuso stated that, "eight out of nine of us (council members) felt that we had to do both (tax initiatives). There's no revenue to pay the bills." This fall will also see Euclid City Schools putting a renewal levy on the ballot for Euclid voters to consider. "It's a perfect storm," admitted Mancuso.

Fighting against more taxes

Surrounded by like-minded Euclid citizens, longtime political activist and Euclid homeowner Jeff Beck hosted a fundraiser to support his effort to fight the tax initiatives. The gathering was supported by one current Euclid City Council member, Laura Gorshe, with several former council members in attendance. "We claim that this city is overtaxed," said Beck. "Just because you raise taxes doesn't mean you get more money. You drive people out of the City."

Beck said he attended other briefings offered by the Mayor and said people were quite vocal about their displeasure with the tax plans. "They shut down questions," he stated. The first three meetings saw crowds of 40+ with the fourth meeting sparsely attended. "They said they surveyed the residents, but if you talk to people here, nobody was asked how they felt," added Beck.

Issue 32 - Proposed Charter Amendment To Give Council Authority To Reduce Income Tax Credit

by Alisa Boles

Euclid City Council voted on June 4th to have the following question put to voters on November's ballot: "Shall Article II, Section 12, of the Charter of the City of Euclid be amended to allow for City Council to adjust the income tax credit from 100% to no lower than 50% by a majority vote of Council?"

Section 12, entitled "Municipal Income Tax Credit", presently reads: "When the taxable income or profits of a resident of the City of Euclid is subject to a municipal income tax in another municipality on the same income or profits taxable under the Charter or ordinances of the City of Euclid, a one hundred percent (100%) credit shall be allowed against Euclid income tax of the amount of net tax for which he is liable under the ordinances of the other municipality." Euclid Codified Ordinances are accessible at: [http://library.alegal.com/nxt/gateway.dll/Ohio/euclid_oh/codifiedordinancesofthecityofeuclidohio?f=templates&fn=default.htm\\$3.0&vid=amlegal:euclid_oh](http://library.alegal.com/nxt/gateway.dll/Ohio/euclid_oh/codifiedordinancesofthecityofeuclidohio?f=templates&fn=default.htm$3.0&vid=amlegal:euclid_oh).

A "yes" vote by a majority of the electorate would add the following language at the end: "City Council is authorized to adjust the income tax credit from 100% to no lower than 50% by a majority vote of Council."

Our income tax rate is one of the highest in the state at 2.85%, though we currently get 100% credit for taxes we pay to the city in which we work. The amendment would give Council the authority to reduce that credit to 50%. In doing so, we will be potentially giving up one of the few tax breaks Euclid residents currently get. This could mean a jump in your total income tax paid to over 4%, depending on where you work.

Those of us who work in Cleveland currently pay 2.5% of our income to Cleveland and then, after the full credit, 0.35% to Euclid (2.5% subtracted from 2.85%). If Council were to vote to reduce this credit to half, we would only get credit for 1.25% of the 2.5% we pay to Cleveland. 2.85% minus 1.25% equals 1.6%, which is what we would then still owe to Euclid. That 1.6%

plus the 2.5% we already pay to Cleveland would bring us up to 4.1% total paid in income taxes.

In case you want to calculate what it would be if you work in a different city, here is a list of rates for those who participate in CCA: <http://ccatax.ci.cleveland.oh.us/?p=taxrates>.

There is a downloadable rate table at this link for all Ohio municipalities, in case the one you are looking for doesn't participate in CCA: <https://www.tax.ohio.gov/municipalities.aspx>. The nice thing about the CCA link is that it includes the credits offered to residents of each City. Those credits only matter for the city you live in, but it is interesting to see the comparison since the credit is presently at issue here in our own city.

It's also important not to be TOO upset about Euclid's higher rate because lower rates can be deceiving. If I lived in New Carlisle, for example, I would only have to pay them 1.5%, but they offer 0% credit for what I pay to work in Cleveland. The 2.5%

I pay Cleveland plus the 1.5% New Carlisle asks for would still bring me to 4%!

That said, our 100% tax credit is still a selling point for people who might otherwise be turned off by the shock of seeing that our rate is 2.85%. With the 100% credit we currently enjoy, no resident ever pays more than the 2.85%, whether we work in the city or not. That could change if this charter amendment passes.

It is, of course, possible that Council will not opt to reduce the credit by the entire 50%. It is also possible that they will never opt to adjust the credit at all. Since they are asking for the option, however, we have to make sure we are going to be OK with it if they do choose to exercise this authority they are seeking to adjust the income tax credit "from time to time when necessary" (as they put it in the ballot issue legislation).

To view the other city, county and state issues that we will be voting on in the November 6th election, you can preview your ballot at: <https://boe.cuyahogacounty.us/en-US/ballot-search.aspx>.

Join the Discussion at: www.euclidobserver.com

Community

Brunch is Not Just for Sunday's Anymore



Saturday brunch at the Beachland rocks. The Beachland ballroom, located at 15711 Waterloo is open for brunch on Saturdays from 11 to 3 and Sundays from 10 to 3. We stopped in on a recent Saturday and had a most excellent and memorable meal. My wife had the always delicious North Coast turkey sandwich which is Slovenian style locally produced bacon, smoked turkey, poached free range eggs and Gruyere cheese on a multigrain toast with tomato and avocado. Yes, it is messy. Yes it is delicious.

I tried something new and went with the chicken and pinto bean Chilaquiles. (I am

not quite sure how to say that word.) As you can see from the picture the chicken and pinto beans were simmered in a spicy roasted tomato salsa, tossed on a bed of corn tortillas and topped with two over easy free range eggs. There is a vegetarian option for this dish and there are many vegetarian, vegan, and gluten-free options on the menu.

The food quality and the service is top-notch. The Bloody Mary's and the coffee are strong. The Beachland will take reservations for any size party. Give them a call at 216-383-1124. Prepare yourself for a marvelous brunch.

A Different Approach

by Deb Dobbs

Take a moment to think of all the good things you can say about yourself and your community. Even with loss, you can be inspired when you see yourself working through issues. You can learn from any experience. Now what would you call that? Growth? Yes, it's growth and maturity. Life is a journey we are all experiencing. We start from wherever we do and move along. We live through a collection of decisions. Some think that they have no choice to

change their circumstances. While others sprint ahead, tweaking circumstances little by little.

I'm not suggesting life is easy. What I am suggesting is that at some point, we each can look at the results our decisions -- the outcomes our activities yield and wonder, are we helping or hurting ourselves. When there's a consistent path to "nowhere" or no change, something is stagnant. Stop operating that way. Do something new. At first it might seem the results are modest.

SilverSneakers at Euclid Senior Center - October News and Events

by Larry Griffin

It's time to Fall into gear. Get well and stay well through another Northeast Ohio Winter. Join your neighbors and friends at the with SilverSneakers at the Euclid Senior Center. There are a variety of fun activities to keep you warm and happy during the long and winter season. From group fitness to fun events you can do with your friends and loved ones. Become a Euclid SilverSneaker and start having fun TODAY!

Time to Winterize your Body. Here are some simple, fun ways to stay well this winter:

Get a Flu Shot. A simple shot can not only protect you and others from the dreaded influenza viruses this flu season. According to Bloomberg, the flu and pneumonia were responsible for 1 and 10 deaths in the 1st quarter of 2018. If you are over 65, ask your pharmacist or doctor for the Senior Flu Shot and while you're at it, get your pneumonia vaccine. Research shows that a simple flu shot can reduce heart attacks and strokes by 36% within the next year than those who weren't vaccinated. Plus, flu shots are available free at CVS and Walgreens with most insurance plans.

Take Your Vitamins. One vitamin supplement you may want to consider is Vita-

min D & Vitamin D3. Essential for strong bones, vitamin D is produced by the body in response to sunlight. It helps the body absorb calcium, which is for strength and health. As the Vitamin D Council explains, without vitamin D, our bodies may lose bone tissue, leading to bone pain, muscle weakness and possible skeletal deformity. Check with your doctor to before adding Vitamin D or D3 to your diet. It could help you keep moving this winter.

Avoid the "Winter Blues". Seniors and caregivers often face an increasing sense of isolation. Keep touch with friends and family members during the colder months. Make appointments to meet for coffee, take a bundled-up walk, or set aside time for a longer phone call with friends on a regular basis. Take special care of others you know who are primarily homebound, and may be feeling lonely or in need of help running errands. The Euclid Senior Center and the YMCA have lots of ways to keep you fill your social calendar and keep you happy and connected during gray days ahead.

Winterize Your Home. More than 600 older adults died year from hypothermia. Make sure your insulating your home properly and keep your thermostat at 68 degrees. If you are concerned about the

Clean Water Fest Attracts Thousands



Guests from all over Ohio showed up on a beautiful fall afternoon to learn about where their water goes and what they can do to keep our Great Lake great. The Northeast Ohio Regional Sewer District open house was a celebration of community and all things water is they opened the doors of their treatment plant and laboratory facilities for a day of education and



entertainment. The free event had more than 60 exhibit booths including our neighborhoods own Linda Zolten Wood with the Collinwood painted rain barrel project. Congratulations to NEORS D for enhancing the quality of life in our neighborhood by protecting our water resources.

thing to do with the way you live your life. Deb is a Communication Coach and Instructor of Public Speaking. She brings a unique blend of empathy and insight to unravel conflict, enhance development and isolate issues challenging individuals, teams and groups socially or in the workplace. Check out her site at: Dobbs Communication.com or call 440-463-3112.

Nonetheless, with persistence, circumstances can change. So today, think about how you want to feel about yourself and your community. If you need help (and we all do), ask for it. The next step is action. The doing of something will take you to the next level. Thinkers sit. Doers move. Be a doer. Take it in small steps. Be excited when you decide to change and begin to see a different outcome. Celebrate! Realize that how you think about yourself and your surroundings has every-

additional cost to keep your home warm, call your utilities provider to ask about assistance programs that may be available to help keep your home warm and comfortable. In addition, make sure you have a working carbon monoxide detector. Step Up Your Activity Level. Add one additional day of exercise each week. This will help you stay ahead the extra calories we consume and improve our mood and overall wellbeing in the colder months ahead. See the YMCA Group Exercise Schedule to try a new group exercise class. Our certified instructors are trained to adjust classes to meet all fitness levels. For more information, call Mike or June at 216-409-2520 to get started today!

Here's a schedule of classes for October/November 2018:
 Monday: 8:30 Line Dancing Beginner; 9:00 Line Dancing Advanced; 10:00 Fitness Over 50; @30 Zumba Gold
 Tuesday: 9:00 SilverSneakers Classic; 10:00 SilverSneakers Circuit
 Wednesday: 9:00 Fitness Over 50; 10:00 SilverSneakers Classic
 Thursday: 10:00 SilverSneakers Cardio & Gentle Stretch
 Friday: 9:00 SilverSneakers Classic; 10:00 Fitness Over 50

SILVERSNREAKERS FALL HARVEST POT LUCK Tuesday, October 9th 11:00am to 12:30pm
 Join us for our 2nd Plant-based Brunch. Bring your favorite meatless dish to share. Our last Meat Free. Brunch was a big success: even the neighborhood cows, pigs and chickens agreed.

THE MAYOR'S 50 LAP CHALLENGE Mayor Kirsten Holzheimer-Gail's 50 Lap Challenge kick-off on September 12 with a small herd of YMCA SilverSneaker participants hoofing it around the Senior Center Park path. Progress will be kept and posted by name on an official tracking board located inside the Euclid Senior Center. Participants will have until November 5th to meet the challenge.

OTHER FUN DATES IN OCTOBER
 5TH - DO SOMETHING NICE DAY; 6TH - WORLD SMILE DAY; 16TH - GLOBAL CAT DAY; 18TH - NATIONAL CHOCOLATE CUPCAKE DAY; 21ST - NATIONAL PUMPKIN CHEESE CAKE DAY; 22ND - NATIONAL NUT DAY

Senior Page

Cancer Genomics

by ginny calvey

Stella was recently diagnosed with fourth stage liver cancer and passed within weeks. The liver cancer metastasized from pancreatic cancer whose symptoms were disguised as stomach issues attributed to diverticulitis. What if Stella had known she was carrying the gene for pancreatic cancer? Would she be alive today?

Cancer Genomics is the study of cancer genomes which studies abnormalities in the genes which drive the development of growth of many types of cancer. Identifying these abnormalities can instigate preventative awareness for early diagnosis and treatment as well as indicate a propensity to inherit or carry to future generations.

Who should be tested?
 • An individual that has had more than one cancer.

- An individual with several close family members diagnosed prior to age 50.
 - An individual with several close family members with different cancers.
- An individual with a genetically tested • positive family member.

Those who are carriers of hereditary cancer genes may be at risk of developing cancer earlier in life than the general population. The sooner genetic testing is performed, the more likely this risk can be managed appropriately. For those who qualify, I will have test kits for those who qualify at the Euclid Senior Center at 11am on October 18th. There is no cost and a simple cheek swipe and form to enlist. The results will be sent to you to share with your physician.

Euclid SilverSneaker Spotlight

by Larry Griffin

Josephine Smith, 86, of Euclid is this month's Senior Spotlight. Josephine began her wellness journey with the YMCA and the SilverSneakers program back in 2007 at the request of her doctor, who recommended she increase her level physical activity to help keep her diabetes at bay.

In addition, she began having issues with her knees. After joining the Euclid YMCA, Josephine found her way to the pool where she became a regular participant of water aerobics. She claims that the aquatics classes and swimming helped to control diabetes and reduce the pain in her knees. Overtime she added group exercise like senior cycling class, yoga and SilverSneakers Classic to her weekly workout regimen, sating the improvement in her ability to move more freely and

maintain a positive attitude. This was evident, as Josephine always has positive words to share accompanied by an ever-present beautiful smile. "Still no cane, no walker and that's a blessing", states Josephine, who has staved off knee replacements to this day. She continues to join her friends weekly at the Euclid Senior Center to stay active by participating SilverSneakers and Chair Yoga. Come join Josephine and the 1000+ people who take classes each month at the Euclid Senior Center and learn how you can keep your body, mind and spirit happy.

WELCOME NEW MEMBERS: Joyce Griffen, Gerry Graf, Mary Kay Cervenik, MariAnn Marcus, Norman Carter, Betty Carter, Vivian Evans, Beverly Baran, Ben Scott, Frances Scott, Sherby Searles.

Don't Leave these Benefits on the Table



Laura Mutsko, Owner and Agent, Mutsko Insurance Services.

by Laura Mutsko

Fall is a good time to take a look at where you stand with your health insurance benefits. There are a number of benefits you may lose if you do not use them before the end of the year.

Dental Benefits

Maxing out benefits is especially important when it comes to dental coverage. Most Medicare Advantage plans with dental coverage provide a set amount of coverage that goes away if it is not used. For example, if you don't get that second cleaning in December, it doesn't mean you can get three cleanings the following year. The problem arises when dentists get booked up as everyone tries to use their benefits before they lose them. If you have benefits remaining, schedule your appointment for your exam and any procedures now, before appointment times with your dentist become scarce.

Vision, Hearing & Podiatry Benefits

Check whether your insurance covers vision, hearing and/or podiatry care. Don't miss your chance to get in an exam or get new glasses, contacts or hearing aids using this year's benefits. If you are in the market for any of these services, start by calling your insurer for a list of their preferred providers and set up an appointment soon.

Immunizations & Tests

If you have not yet had your annual Medicare physical, make an appointment for it now. Your physician will update any immunizations and order any tests and screenings you need. If you have already met your deductible for 2018, your share of the costs will be minimal.

Important Dates & Information

You will be receiving important information concerning Medicare, your Medicare Advantage Plan or Medicare Prescription Part D coverage before the end of September. Your "Medicare and You" handbook outlines your Medicare benefits and is your reference guide for 2019. The Annual Notice of Change from your insurance provider outlines changes in cost, coverage, network providers and prescription drug costs for 2019.

Please set aside some time to review this information in detail. If you find your plan is making changes and no longer works for you, your time to switch to a new plan is coming soon. Medicare's Open Enrollment period begins on October 15 and ends on December 7.

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Senior Page

Bob's Corner



by Bob Payne

We all have ideas in our mind about how the next day, the next week, and the next year will unfold. We hope for the best, but those thoughts are simply wishful thinking. You really don't know what the future holds. When was the last time everything ended-up happening exactly as you planned?

In reality, life is messy, difficult and at times even hurtful.

Being human means that we deeply yearn to be perfect and complete, yet we often feel a lingering sense of being somehow less than what we should be. It's common to feel wounded, broken or in some way cheated by life.

Noted psychologist William James said it is our "torn-to-pieces-hood" that causes great discomfort and frustration. It's when our interior thoughts and exterior reality are at odds; like when you feel pulled in different directions by too many demands for your time and attention. You can feel split. As an escape, many turn to creating fantasies about how great everything is going to be in the future, and then they suffer when the least little thing doesn't go according to plan. This can be challenging because it's easy to start believing that life is just one problem after another.

Thinking plays a huge role in this process, and it's our thoughts that have the greatest impact in how much we enjoy and feel satisfied with life. It's what we tell ourselves that matters. As I've said before, the most important conversation you will have today is with yourself!

We would do well to remember that everybody struggles from time to time. Everyone goes through difficulties, everybody fails, and absolutely everyone makes mistakes. Your failures don't make you unlovable. They make you human. And, being human is our shared condition. From it comes compassion.

None of us is finished growing, and unfortunately, growth is usually painful. We are always in the process of becoming. Life is a pilgrimage.

So, today I am reminding you to please lighten-up and try to enjoy the journey. Quit making life more difficult and frustrating than it needs to be by adding unrealistic expectations. Life will never be the way you think it should be, but that's okay. You can handle it.

As Annette Funicello put it, "Life doesn't have to be perfect to be wonderful".
Bob Payne, Manager

Bob also has a personal blog you can find at www.siftedsoul.com.

Euclid Senior Center

All the programs listed are available at Euclid Lakefront Community Center
1 Bliss Lane, Euclid, OH 44123
216-289-2985 www.cityofeuclid.com



BINGO

Tuesday, October 2nd @ 11:00AM
Music Bingo with Kenny Gilder
Tuesday, October 23rd @ 1:00PM
Fun Bingo sponsored by Heartland
Thursday, October 25th
Fun Bingo sponsored by Brookdale.



Paint & Sip

Thursday, October 4th @ 1:00PM
Come and enjoy Mocktails and have lots of fun painting with
Jessica from Braeview/Gateway.

Bake Sale & Tea Party

Friday, October 5th @ 9:30AM
Please bring in your bakery for a bake sale. After the bake sale, relax and enjoy a nice cup of hot tea and socialize.

Rock Painting

Friday, October 5th, 12th, 19th & 26th @ 1:00PM in the Craft Room
Please join us in the Craft Room to paint rocks to be placed around the city.



Chess Club

Friday, October 5th, 12th, 19th & 26th @ 1:00PM. Is anyone interested in a chess club? We need someone who knows the game to teach the basics to other seniors.

Plant Based Food Feast

Tuesday, October 9th @ 11:00AM
Bring in a delicious plant-based dish, (no meat). The feast will start immediately after the Silver Sneakers class.

Wheel of Fortune

Tuesday, October 9th @ 1:00PM
Come and join the fun playing Wheel of Fortune with Jessica from Braeview/Gateway. Please sign up at the front desk.

Breakfast with Grande Pointe

Wednesday, October 10th @ 10:00AM
Join us for muffins or bagels, fresh fruit, coffee and tea. Sign-up at front desk by 9/10/2018.

Name That Tune

Thursday, October 11th @ 11:00AM
Come and join Laura Blair from The Greens naming the tunes and getting prizes.



Breakfast with Bob

Thursday, October 11th @ 8:30AM
Breakfast will be at Gus's Diner One Eight Five, 797 E. 185th Street, Cleveland 44119. You must have your OWN transportation

BIRTHDAY DAY

Wednesday, October 17th @ 11:45 AM.
Cupcakes sponsored by Manor Care/Mayfield.



F.F.F.

Thursday, October 18th @ 10:30 AM
Join us for Fun For Foodies. Chef Kevin Reid, currently the Executive Chef at Great Scott Tavern in Euclid, will be the host for this session. We will be enjoying a low country surprise. Sign-up at the front desk. See Monica with any questions.



Pool Tournament

Friday, October 19th @ 9:20AM.
All members are welcome!
Please sign up at the front desk.

Chili Cook Off

Friday, October 26th @ 11:00 AM
Make your best pot of chili and bring it in. There will be 1st, 2nd and 3rd place winners. Please bring the chili in a crockpot so that it can stay warm. Our judge this year will be Kevin Scheuring, "The Flavor Man". Kevin lives a food focused life. He is the founder and sole employee of SpiceHound, a mobile retailer of quality spices, herbs, chiles and natural salts. Kevin is also the manager and advocate for the Coit Road Farmers Market in East Cleveland. Please sign up at the front desk to participate.

HALLOWEEN PARTY

Wednesday, October 31st @ 11:00AM
Come join us for fun and goodies. Wear your best costume. The top three costumes will win a prize. Cupcakes sponsored by Wickliffe Country Place.

TRIPS

Drug Mart
Wednesday, October 3rd
Leave the Center around 9 AM and return around 10:30 AM. Please sign up at the front desk.

Hodgepodge Excursion

Thursday, October 11th
We will leave the Center around 9:00AM and head to Painesville to the Craft & Antique Co-Op. After we leave there we will go to lunch (at your own expense) at Fuji

Braeview Care and Rehabilitation: Where you can leave your heart and be at home.



by Jessica Orlic

Braeview Care and Rehabilitation: Where you can leave your heart, and be at home.

Due to the ever-changing nature of skilled nursing facilities, Braeview Care and Rehabilitation has upped the ante by adding behavioral health to the list of care specialties they provide. Although Braeview has remained consistent with providing optimal clinical care for residents requiring long-term and short-term care they recognized the increase of demand for patients and residents diagnosed with mental illness and have branched out to meet the needs of these patients.

The Behavioral Unit at Braeview offers standardized staff education and detailed policy and procedures relevant to not only meeting regulations but also the need of residents. The entire team of devoted caregivers received training and certification acknowledging that safety and well-being are at the forefront of policy and program development. Certification relied on the best care techniques when exposed to

residents who may require de-escalation. Upon completion of being certified the team strategized comprehensive care plans to ensure that each resident currently residing in the behavioral unit and newly admitted residents achieve the highest quality of mental health and personal integrity despite the losses they have shouldered and the challenges they may have faced.

The integration of behavioral health into the interdisciplinary care planning contributes to numerous positive outcomes for the resident and the facility, including: reduction in psychological and behavioral symptoms, reduced use of psychotropic medications, increased treatment compliance, reduced rehospitalization/readmissions and improved resident independent functioning.

Braeview Care and Rehabilitation welcomes the city of Euclid, community members and our neighbors to our Open House on Thursday, October 18th from 4PM to 7PM. RSVP by calling (216) 486-9300 Braeviewcare.com

Senior Page

Grille Buffet (\$7.00, drink not included). Our final destination will be The Himalayan Cave for a very relaxing time. We will return to the Center around 4:00PM. Cost is \$20 members, \$30 non-members. Sign up at the front desk.

Exercise and a Meal with Alek

Tuesday, October 16th We have been invited to join Alek, the Director of Therapy, at Mt. St. Joe's in an exercise session and to have a meal. Leave the Center around 12:30PM to return around 3:00PM. Sign up at the front desk.

Presque Isle

Tuesday, October 9th Leave the Center at 7:30AM and returning at 5:00PM. Cost: \$27.00 See Monica to sign up.

Jack Horseshoe Casino

Tuesday, October 30, 2018
Leave the senior center around 9:30 a.m. and return to the center approximately 3:00 p.m. \$ 10.00 members, \$20.00 non-members. Sign up at the front desk.

SPEAKERS

Senior Voice
Monday, October 1st @ 11:00AM
A team from Senior Voice will come and update us on voting and registration.

Community Police Talk

Thursday, October 11th @ 12:15PM
"Cop -a- Question" - Immediately after lunch. Members from our Police Department update us monthly and answer all your questions. Can't be here? Leave your questions at the front desk. They will also take old medication that you need to discard.

MEDICARE TALKS

Friday, October 12th at 11:00 AM Gateway will come in and share information about Medicare. Monday, October 15th at 11:00 AM United Healthcare will come in and share information about Medicare. Wednesday, October 19th @ 11:00AM Ginny Colvey, an Independent Insurance Broker, will come in and share information about Medicare.

Monday, October 22nd & 29th @ 10:30AM - 4:00PM Medicare open season begins October 15th. Even if you are satisfied with your current Medicare program, it could be beneficial to review what changes may have taken place for the upcoming season. The Ohio Seniors Health Insurance Information Program (OSHHIP) will be on-site to offer individual counseling. Please bring your red, white and blue Medicare card and a list of your current prescription medications with dosage to your appointment. Please see Monica for an appointment.

ASK MEIH?

Tuesday, October 23rd @ 11:00PM
She's Back! Come join us and try to stump Meih. Put your questions in the box at the front desk titled "Ask Meih".

Healthy Holiday Eating

Wednesday, October 24th @ 11:00AM
Ohio Living, Home Health & Hospice will speak to the Center regarding healthy eating during the holidays.

Conformis Co.

Monday, October 29th @ 11:00
A representative from Conformis Company will be here to inform our members of new advances in knee replacements.

SERVICES

National Council on Aging
Wednesday, October 3rd @ 11:00AM
Representatives will be onsite for 10 weeks EVERY Wednesday until December 5, 2018. They will conduct a class on "Aging Master". Please sign up at the front desk.

Blood Drive

Thursday, October 4th @ 1:30 to 6:30PM
Blood drive sponsored by the American Red Cross in the Dining Room Annex.

Stretch & Balance Class

Friday, October 5th @ 11:00
Danielle from Manor Care Mayfield will come in and teach a class for better flexibility and balance.



Lisa Lee's Reflexology

Friday, October 5th, 19th & 29th @ 10AM - 12PM. Come for a relaxing reflexology session with Lisa. Fee \$10.00. Sign up at the Front Desk.



DPS

Tuesday, October 9th at 10:00AM - 1:30PM
Have a question for an attorney regarding estate planning, wills, trusts, Medicaid Eligibility, Long Term Care Needs, or Veterans Benefits? The attorneys at Daniel P. Seink Co. offer vast experience in the field of elder law. Founder and Managing Partner, Daniel P. Seink, is one of twenty Ohio attorneys certified as an Elder Law Attorney by the National Elder Law Foundation. Sign up for a 20-minute time slot at front desk. FREE This service will continue on the second Tuesday of each month.



Podiatry

Wednesday, October 10th & 24th @ 9:20 to 11:00 AM Call 289-2985 or sign up at the front desk for an appointment. Fee - \$20.00

Grief Support Group

Thursday, October 11th @ 12:45 PM
The Grief Support Group is for anyone who has experienced the death of a loved one; whether it was a spouse, child, parent, sibling or friend. Provided by Euclid Senior Programs & Hospice of the Western Reserve.

BENEFITS CHECK-UP

Monday, October 15th & 22nd @ 9:00AM - 1:00PM Benefits Check - Up is a program to screen adults 60+ for over 70 money-saving programs: prescription drug assistance, help paying Medicare premiums, help with heating bills, phone discounts, and much more. Call 216-289-2985 or sign up at the front desk. FREE



Computer Classes

Monday, October 15th @ 1:00PM -2:30PM. Interested in learning Computer Basics? Join us in the computer room. Sign up at the front desk. Post Office On Wheels

Post Office

Friday, October 19th @ 10:50-11:15 AM
Purchase stamps, money orders & packaging supplies. Mail letters & packages. Special services available.

FREE FRESH PRODUCE

Monday, October 22nd @ 12:30PM - 2:30PM (or until all produce is gone)
First Come First Serve Please bring your ID You must be a current member of Euclid Senior Programs to Participate.

Holly's Hearing

Wednesday, October 24th @ 9:00 - 11:00AM. Come in and get your hearing tested. Sign up at the front desk.

Book Club

Monday, November 12th @ 1:15. The book for the month is The Monk of Mokha by Dave Eggers.

HEALTH AND FITNESS

Chair Yoga - Monday at 10:00 AM AC \$ 3.00 per class.

Yoga - Thursday at 8:45 AM Annex Room \$ 3.00 per class.

Tai-Chi - Tuesday at 3:30 PM Six-week series - \$24, Drop-ins \$6.00 per class.

Billie Exercise Class - (Chair) Tuesday & Thursday 10:00AM Line Dance with Gladys Thursday, 1:00PM.

Line Dance with Gigi Monday, 8:30 - Beginners Monday, 9:00 - Advanced

Fitness Over 50 Monday, 10:00, Wednesday, 9:00 Friday, 10:00.

Ballroom Dancing - Monday & Wednesday, 1:00PM

Get the FACTS on Medicare Health Insurance and Rx Plans.

CALL NOW TO REGISTER FOR A CLASS IN YOUR AREA:

Tue., Oct. 2 • 6:30-8:00 pm
Concord Comm. Center
440-639-4650 to register

Thur., Oct. 4 • 6-8:00 pm
Willoughby Library
440-942-3200 to register

Mon., Oct. 29 • 6:30-8:00 pm
Concord Comm. Center
440-639-4650 to register

440-255-5700
www.mutskoinsurance.com

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